
















QUICK REFERENCE GUIDE

Resource	Example	Contact Information
GigCare GigCare.net 24 / 7 / 365	<ul style="list-style-type: none"> • Member Login Portal Member & Dependent Details, ID Cards, Forms, Find a Doctor or Lab 	GigCare Member Portal  mygigcare.net 
Care Guides Monday - Friday 7:30AM - 6:00PM (CST)	<ul style="list-style-type: none"> • Coverage and Benefit Questions • HR: needs to add a new employee or terminate an existing employee • Qualifying Life Event: Marriage, divorce, birth or adopting a child, loss of employment, etc. • Additional Services: Imaging Services or Diabetes Management 	 MemberServices@DetegoHealth.com  (866) 200-2513
Care Management Monday - Friday 7:30AM - 6:00PM (CST)	<ul style="list-style-type: none"> • Advocate, Coordinate & Encourage: Are you experiencing a complex medical condition/illness/accident? Care Management program can help. 	<i>Blue Cross and Blue Shield of Nebraska</i>  (800) 247-1103
Find A Provider 24 / 7 / 365	<ul style="list-style-type: none"> • Locate In-Network Providers: If you live or travel within the United States, you may take your health care benefits with you. 	<i>NE Provider Services:</i>  (800) 635-0579 <i>Providers Outside NE:</i>  (800) 676-2583 
Pharmacy Locator 24 / 7 / 365	<ul style="list-style-type: none"> • Locate In-Network Pharmacies: Click on your plan's PBM's logo to find a pharmacy in your area. 	<i>Blue Cross and Blue Shield of Nebraska</i>  (844) 649-0493 
ScriptAide ScriptAide.com Monday - Friday 8:00AM - 5:00PM (CST)	<ul style="list-style-type: none"> • Prescription Assistance Advocacy: We help members get medications not covered by insurance and find covered medications at a lower cost. 	 info@ScriptAide.com  (866) 837-1515 
Tele-Health 24 / 7 / 365	<ul style="list-style-type: none"> • Questions: Regarding Tele-health, contact us through the phone number listed. 	 (855) 226-6567 

These resources are available to members who have enrolled in one of our Major Medical Plans.
Certain resources contained above may not be included in non-major medical plans.