



## **Initial Health Assessment (IHA)**

The Department of Healthcare Services (DHCS) requires all new Medical members to complete their comprehensive Initial Health Appointment with a provider within the primary care setting within 120 days from plan enrollment. The Initial Health Appointment (IHA) can be completed by a primary care physician (PCP), nurse practitioner, certified nurse midwife, or physician assistant. Please contact your primary care provider to set up your initial health appointment within 120 days of plan enrollment.