March Newsletter



Fundraising! Fundraising! Fundraising!

Thank-you to our dependable monthly donors who make such a big difference through their regular donations. Over the winter we have had a few successful fundraising events organized by our veteran clinical volunteer, Kerra Quinn, in Calgary, and our director Sera Phillips in Ottawa. Staff at the Canadian Memorial Chiropractic College also donated through a chocolate sale, and students of the Global Health Initiative club just finished a bake sale to raise money for our clinics. Standby for details of our upcoming Comedy Night! This was a big hit last year.







Education for Ushongo

Since early January, our Director of Children and Youth Programs, Sera Phillips has been in the tiny seaside village of Ushongo helping to refurbish the local school. Sera has a long history of working with disadvantaged children, and has a deep personal connection with Ushongo, a small village on the Indian Ocean coast.





SODIS: Solar Disinfection of Water

We have just wrapped up a year-long project with our local partners, the Tanzanian Home Economics Association, to introduce SODIS to communities in and around Lake Victoria. The project was funded by a generous grant from LUSH Cosmetics and the funds raised especially help school children who are very vulnerable to water-borne diseases.



Training While We Treat

We have been assessing the option to train local health care practitioners so they can provide rehabilitation. As many of us know, chronic musculoskeletal injuries from traffic and farm accidents are a major source of disability in East Africa and if local practitioners were trained to treat such patients this would help the local community. We are looking to collaborate with other NGOs to teach local clinicians the most advanced techniques in rehabilitation. We are also forming a curriculum committee where we will need more expert clinical volunteers to design and implement our training programs.



Clinical Volunteers Needed

We are now opening recruitment for volunteers to serve in our Tanzanian clinics beginning this summer. We are looking for dedicated people qualified to deliver good rehabilitative care, especially physiotherapists and chiropractors. We ask for a commitment of approximately 3 months at a time, and provide thorough orientation and good local support for all of our volunteers. We need volunteers for our rural Kanyama Village clinic as well as our clinic at Magu District Hospital. If you know of anyone who might be interested, please have them contact

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More Updates

Don't forget to follow us on Facebook for regular updates on our projects and upcoming events.
