



March 17, 2020

To: WMBH Clients and Families

Our goal at WMBH is to minimize the impact of the Covid-19 virus by ensuring the safety of our clients and staff while we continue to provide the very best service possible. With your help, we will work together and take the following precautions.

We will be limiting in-person contact as much as possible and using technology such as video and phone conferencing for our case management and therapy services whenever possible.

For those of you receiving Section 28 services, if you would like to adjust your schedules please contact your provider as soon as possible to discuss your specific needs. This includes any requests for increased service time, or if you choose to temporarily suspend services.

For clients and staff alike, we will cancel appointments if you or anyone you have had contact with have had:

- a fever, cough, sore throat, runny nose, or shortness of breath
- exposure to someone who has had a presumptive or confirmed positive Coronavirus test

School-based services have been suspended with the school closings. However, our therapists can offer telehealth services and will be contacting you to discuss this option.

We have implemented strict hygiene and social distancing protocols, consistent with CDC guidelines. Your providers will be working with you to make sure we are all practicing these recommended safety practices (such as proper handwashing protocols).

We realize that anxiety can be high in these uncertain times. If you, a loved one, a colleague, or a neighbor needs support, please call our 24/7 Crisis line at 207-860-0659.

WMBH will continually reassess the situation and update guidelines as necessary. Contact your provider or visit our Facebook page or website <https://www.wmbh-me.com> for up-to-date information.

**Maine Crisis Line 1-888-568-1112**

**WMBH Crisis Line 1-207-860-0659**