

REACH

A MARRIAGE RETREAT FOR MILITARY COUPLES

*This exclusive event is designed for:
the Veteran, who has experienced deployment
and their Spouse, who had to hold down the home front.*

The goal of *REACH* is to assist each couple with :

- **R**ejoining and Rejuvenating their relationship
- **E**quip them with tools to make good choices
- **A**ccess to information to keep the communication going
- **C**aring members of the Reach Team who can listen to them
- **H**eal, Hug, Help others just like them who can benefit from



Annually held in May
Lake Gaston, NC

REACH Sponsorship

Your donated funds will provide a peaceful environment for the Military Couples to learn how to cope with the stresses of post-deployment and reintegration here at home. Plus, a fun camp for the kids! We will host 10-12 couples and their children. This is at no expense to the couple.

Our Goal is to Raise \$10,000 to cover the cost of this Retreat

These funds will cover:

Lodging for 2 nights
Meals: Breakfast, Lunch & Dinner on Saturday
Instruction Materials
Couples' Project Materials
Complimentary Childcare

Help Sponsor a Military Family

\$600 per couple
\$1000 per family

<https://susaf.org/reach-sponsorship>



**WORKSHOP ADMISSION
& FUN ACTIVITIES
COMPLIMENTARY FOR
MILITARY FAMILY**

**KIDS ARE WELCOME!
KIDS CAMP CHILD CARE PROVIDED
WITH GAMES & FUN ACTIVITIES.**



www.susaf.org

Contact: Crystal Carlson. ccarlson@susaf.org

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Military Couples' Testimonials

Recently my wife and I attended a marriage retreat at Lake Gaston sponsored by Support US Armed Forces. We have attended several marriage retreats put on by different organizations throughout the past decade, none of which have been very personal. This one was personal and more intimate with fewer couples which was a nice change.

When we arrived, Crystal and Bill met us in person to make sure that we got situated in our cabin and that we didn't need anything else. The location was at Lake Gaston, which is a pretty lake with a very calming atmosphere. Though Sarah and I don't have children, the childcare provided at the retreat was a huge benefit for other parents, allowing them to focus on their marriages. There was a good mix of different people and experiences there to draw from. Not all the military personnel attending were from special operations or even just from the Army, which made getting to know everyone more enjoyable.

This retreat was inspiring and uplifting to our marriage. A highlight of the marriage conference was getting to hear the wisdom and experience from a panel of four Christian couples. All of us in attendance were allowed to direct specific questions to these experienced couples and we all got to benefit from the decades of experience and situations that they have already been through.

My wife and I were able to establish some friendships with other couples at the retreat that have continued to this day. I found it very encouraging to interact with other couples who love Jesus and have similar values. The team building art project at the end was awesome. Not only did we get to work together with our spouses on a fun project, but it made a nice keepsake to take home with us. We left this retreat feeling refreshed and ready to make decades more memories together.

Thank you so much for giving us the opportunity to participate and to meet so many other wonderful people.

God Bless,

Robert and Sarah Plotts



Good morning Crystal, Bill & SUPPORT Team,

Thank you so much for this weekend. We appreciate the time & energy that went into making this such a warm & welcoming retreat for our family.

It was great hearing from experienced married couples who have navigated the challenges of marriage & reaped the benefits. We thank you for the Christ centered approach as well, without Him we would not have made it this far!

We had a great experience & learned new tips & techniques to improve our communication.

Thanks again!

Chris, Elijah & Emily

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