



ABOUT US

H.O.R.S.E. Therapies is a non-profit experiential therapeutic farm providing a healing space where credentialed therapists and specially trained paraprofessionals provide equine based experiential services to children, adolescents, adults, families and groups.

Our providers utilize an evidence-based approach offering dynamic treatment options in which clients heal body, mind and spirit while learning critical relationship skills with humans and the natural world.

CONTACT US

www.jaxhorsetherapies.org

(904) 255-4228

985 Palm Valley Rd,
Ponte Vedra Beach, FL 32081

Visits by appointment only



H.O.R.S.E. THERAPIES, INC.

at

Hunters Run Stables

PONTE VEDRA, FLORIDA





A UNIQUE THERAPEUTIC PARTNERSHIP

H.O.R.S.E. Therapies of Northeast FL, Inc. is a PATH Member Center that provides Equine-Assisted Activities and Therapies (EAAT). Our therapists partner with an Equine Specialist in Mental Health and Learning (ESMHL) and horse to provide clinical mental health services to our client. EAAT is an umbrella term that describes therapy or learning activities that help humans with the assistance of an equine partner and paraprofessional provider or specially trained professional



SERVICES

H.O.R.S.E. Therapies offers a wide array of services that support our mission to provide you with a unique approach to health and wellness.

Our Services Include:

- Traditional Evidence Based "Talk" Counseling & Psychotherapy
- Experiential Psychotherapy utilizing Creativity & Art
- Equine-Assisted Psychotherapy
- Spiritual/Christian Counseling
- Yoga Therapy
- Equine-Assisted Personal Growth Activities
- Nature Based Therapeutic Experiences
- Personal and/or Professional Life Coaching to promote overall health & wellness
- Clinical training for Therapists, Coaches & Equine Specialists in Mental Health
- Specialized clinical or non-clinical experiential services for groups

OUR CLINICAL PROVIDERS

- Licensed, Board Certified and/or Registered Clinical Mental Health or Social Work Interns under licensed supervision.
- Specially trained in Process Experiential Theory & other Evidence Based Practices to provide effective clinical treatment for mental, emotional and/or behavioral disorders.
- Assisted by specially trained and supervised Paraprofessionals (Equine Specialists) who provide non-clinical equine based therapeutic services adjunctive to clinical counselor/psychotherapy.
- Focused on promoting your and/or your family's health and wholeness by assisting you in developing into your highest and best self.

OUR EQUINE SPECIALISTS / PARAPROFESSIONALS

- Background screened for clearance to work with children and/or disabled adults.
- Specially trained in the ethics of human service delivery such as confidentiality, boundaries in professional relationships, mandated reporting and group/individual facilitation skills.
- Trained, supervised and working directly under a licensed mental health counselor at all times. Paraprofessionals do not see clients when a therapist is not on site at the farm.
- Paraprofessionals are certified (or in the process of certification) as Equine Specialists in Mental Health and Learning through the Professional Association of Therapeutic Horsemanship (PATH).
- Valued! It would be impossible to run an EAP program without the help of qualified paraprofessional.

OUR EQUINE PARTNERS

- Carefully evaluated and selected to partner with our clinical providers and paraprofessionals to promote a therapeutic environment.
- Cared for to the highest degree possible by HORSE Therapies staff and paraprofessionals to ensure their needs are met in the process of helping others.
- H.O.R.S.E. Therapies believes that horses are sentient beings and should be treated with respect throughout the therapeutic process.

H.O.R.S.E. Therapies is not a riding program. All equine activities and services occur unmounted.