

The Confidence Continuum: Mapping the Journey from Crisis to Connection

THE URGENT NEED: THE STATE OF THE GIRL 2026

A Growing Epidemic of Loneliness

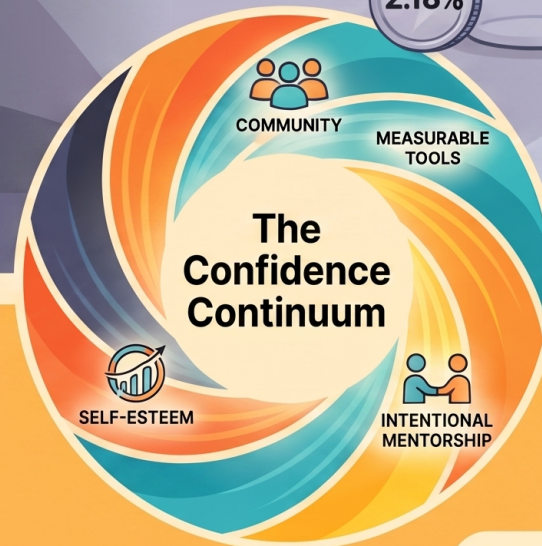
73% of girls aged 11–13 report feeling lonely as support systems disappear.

The 2.18% Funding Gap

Only 2.18% of U.S. philanthropic giving currently reaches organizations specifically serving girls.

Ambition vs. Self-Belief

58% of high school girls don't believe they are smart enough for their dream jobs.



THE IMPACT: PROOF OF THE CONTINUUM



Global Reach in 80+ Cities

Implementation spans the U.S. and internationally in The Gambia and Uganda.



Measurable Growth in One Session

Participants documented immediate 2-point gains on the framework's proprietary Confidence Scale.

Success Stories

Program participants successful growth and community leadership.

"Now I feel like I belong."

Program participants consistently report shifts from shyness to vocal self-advocacy and community leadership.



Steam & Dream (Milwaukee, WI)

Upward movement in self-esteem ratings for all participants.



Arlington Academy of Hope (Bududa, Uganda)

Peer-to-peer replication; girls independently taught the framework to classmates.



NCNW Eastern Howard Co. (Maryland)

Successful special needs inclusion and public speaking graduation.