

Lucia Miller Pelvic Health Physical Therapy

Physical Therapy and Pilates

THE LEADING VULVAR IRRITANTS

The usual suspects that cause irritant or allergic reactions	
IRRITANTS	ALLERGENS
Soap, bubble bath, detergents	Benzocaine
Sanitary pads, adhesive on pads	Neomycin
Nylon underwear	Chlorhexidine in K-Y Jelly
Secretions, sweat, and urine	Ethylene diamine in neomycin
Tampon strings	Fragrances
5-FU cream, other HPV medications	Propylene glycol, preservatives
Nonoxynol-9, other spermicides	Tea tree oil
Lubricants	Imidazole antifungals
Methylated spirits	Latex condoms, diaphragms
Imidazole antifungals	Semen
Tea tree oil	Disinfectants
Pinetarsol	Lanolin
Alcohol	Dyes
Douches, yogurt, deodorant hygiene products	Nickel
Perfume, shampoo, hair conditioner, talcum powder	
Chemically treated clothing, toilet paper, water	