## Season Information

Cross country season begins on August 4, 2025. To participate, you must be cleared through Aktivate. Practice times are as follows:

- Monday: 5:15 am to 7:15 am
- Tuesday: 5:45 pm to 7:00 pm at

Tumbleweed Park

- Thursday: 5:15 am to 7:15 am
- Friday: 5:15 am to 7:15 am

If you're interested in joining us, there will be a team meeting on August 1 at 2:30 pm in room B124.