

Hypnosis Works!



ASC
Anti Stress Center

Signs It's Time For a Positive Change in Your Life

- **Things Just Don't Feel Right** - If something does NOT feel right, it probably is NOT. If you're going about your day and things just do NOT feel right, then this is a definite sign that it's time for a positive change. Is it your relationship? Your career? Your home? Your family? Whatever it is, if you're feeling less than enthusiastic on a regular basis, then it's time to make a positive change.
- **You Have NOT Discovered What Makes You Happy** - Discovering what you're passionate about and deeply interested in is extremely important. Take time to discover what truly makes you happy. If it's difficult to think of something then ask yourself - What used to make me happy?
- **You're Stuck in Your Comfort Zone** - Otherwise known as being stuck in a rut, the inability to step outside of your own comfort zone is a clear sign that something needs to change in your life. Exciting and enriching things rarely ever happen in a person's comfort zone.
- **You Feel Numb** - You generally feel kind of blah. Maybe you're even experiencing some depression surrounding your everyday life. Be sure to seek professional help if you truly are depressed. If your circumstances are contributing to your depression, it is definitely time for a positive change.
- **Your Health Is Suffering** - If you're exhausted, cranky, or physically uncomfortable all or most of the time, then maybe it's time for a positive

change. Make sure you get a complete physical from your medical doctor before any changes that you consider. Stress is the number one cause of all health problems, from autoimmune to adrenal fatigue to high blood pressure. If your health is suffering, it's time for a positive change!

- **You Haven't Prioritized Your Life** - If you write down things that mean the most to you, you can ask yourself whether you are making these things a priority in your life. Are you devoting enough time to these important needs in your life? Many experts say that human beings only feel truly fulfilled in their lives when they spend enough time on the things they care about. If you find you're not devoting sufficient time to the things that matter to you, it's certainly time for a positive change.
- **You're Often Jealous of Others** - The grass is always greener isn't just an old cliché. If you find yourself frequently jealous of coworkers, family or friends, this is a clear sign that something needs to change in your life.
- **Vacations Are Everything to You** - Everyone deserves some time off from work, and you're no exception. Even though vacations can be awesome, wouldn't it be great if your life itself was so awesome that you didn't have to leave for the vacation? Even better than a vacation is having things to do every day that energize you in the same way a vacation does for only a week or two each year.
- **You Just Can't Wait for the Weekend** - Like vacations, the weekends are supposed to be relaxing as well as fun, but there's no reason why every day of the week shouldn't be enjoyable as well. While there is nothing wrong with the idea of having big plans for the weekend, if your weekdays are all spent dreaming of the weekends, it's a pretty clear sign you need to start making some positive changes in your weekdays.

If you are experiencing any of these signs, then **it's most definitely time for a positive change in your life!**

I have developed a very **quick** and **easy** way to help **instantly** stimulate your mind to begin **creating positive changes in your thought process and your life**. **All you have to do is want it!**

You will notice the results after the very first session! The "Create Positive Change Program" consists of;

- 2 live, personal and private hypnosis sessions
- 3 personalized audio CD's or Mp3 files
- 30 days of text, talk and email coaching.

To schedule your no cost, no obligation consultation, Just click below.

[Schedule](#)



I am offering a 100% Guarantee on my newly developed Weight Loss Package!

I am 100% confident in your God given subconscious mind and your natural ability to not only lose weight but, build confidence, get motivated, stress less and live a healthier lifestyle. That is why I present this offer for the very first time since I started my practice in 2001.



- **Three (3) Live, One on One Hypnotherapy Sessions**
- **Four (4) Personalized Audio Recordings**
- **Thirty (30) Day Text, Phone & Email Support**
- **100% Guaranteed - You Will Lose Weight!**

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