


# yep, we've got other stuff too... 

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# Turning Spectators Into Participants <br> Roger Fields 

It's not the art of the performance, but the art of the participation (Leonard Sweet)

Bob was bored. Sitting in his house with his three kids on New Years Day, he wondered what there was to do on a day like today for someone who doesn't watch football. Bob decided to do something crazy. He started a neighborhood parade. He invited all his neighbors to join the parade with one rule: nobody was allowed to watch the parade. He invited them to march in the parade but asked them to close their windows if they decided not to participate. The parade became such a hit that it is now famous after almost 20 years. The rule is still intact: everybody marches; nobody watches. Bob involved everyone.

To me, this illustrates God's style. The Bible is His journal about how He involves people. Throughout the Bible ordinary people participated in His purposes. And that caused all kinds of problems. That's the story of the Bible.

This is what surprises me. God went to amazing lengths to include people in His purposes. Except for creation, He rarely did anything by Himself. It seems to me it would have been much easier for God to do most tasks on His own. Instead, he involved people in everything He did. And it always got messy. Always.

Right from the start, God put Adam in the Garden of Eden and gave him a job: naming the animals. God could have named the animals Himself or delegated the task to a low level angel. But no, Adam got that gig. He was a participant in managing the garden, or at least until he got evicted.

Just like with Adam, God regularly turned spectators into participants. Nobody got the luxury of sitting back and watching God do stuff.

- When He wanted to save a few folks on earth before the flood, He tagged Noah to build a barge. That only took about 100 years.
- When He wanted to start a special nation, He picked Abraham to begin a family that would launch it. Sarah got a kick out of that crazy idea.
- When He wanted to get His people out of Egypt, He drafted Moses at the burning bush to pry the people away from Pharaoh. Moses dug his heels in and resisted taking on such a risky project. God persisted until Mo got in the game.
- When He wanted to kill Goliath, He sent David into the valley to kill him with a slingshot. Why didn't God simply give Goliath a heart attack? It would have been easier.
- When He wanted to reach the people of Nineveh, He sent Jonah. That worked out well. *wink
- When He wanted to send His Son to earth, He could have beamed Jesus down somewhere in the dessert. Instead He involved Mary and Joseph to birth Him into the world. That created all kinds of problems for the young couple.
- When Jesus wanted to impact Samaria, He rattled a woman at a well with knowledge of her past, and she went into town telling everyone about Him.
- When He wanted to start churches, He knocked Saul of Tarsus off his horse on his way to Damascus and shaped him into a church-planting machine.

The list is endless. All through the Bible, God relentlessly involved people. He turned them from spectators into participants.

## Flash forward 2000 years.

Today everyone is a spectator. People come to church and watch the performance. They listen to the music. They listen to the pastor. A few of them serve in a church department. Most sit.

Teaching styles reflect this. We teach: kids listen. We show a video: kids watch. We have turned faith into a spectator sport. Adults who attend church do not want to do anything but sit. Why? Maybe it's because we trained them that way in children's ministry. Kids are sitters. Adults are sitters. Everyone is a sitter.

But it doesn't need to be this way.
If nothing else, our teaching methods should get kids involved. It should turn spectators into participants.

The good news is that kids WANT to participate. They want to do something. The four most powerful words a kid can hear from you is "I need a volunteer." Most kids want to raise their hand and do something, anything. Anything...but sit.

So the great news is that kids are already wired to connect with the most effective—and most Biblical— teaching method on the planet: participation. Kids love to participate; participation creates learning. Perfect.

Tell me and I will forget. Show me and I might remember. Involve me and I will get it.

But how do you do that? How do you get kids involved in a learning experience? How do you turn them into participants?

That's what Kidz Blitz is about. We hope this book helps you do just that.


## zaniak Tips and Tricks

1. Divide the room into two sides. Give each side a team name. Dividing the room with a center aisle or rope down the middle is helpful/important/critical. It just works much better that way.
2. Don't play games that take any real athletic ability. That's why we didn't include any. That way if/when you lose, nobody cares. Really, does anyone think it's a big deal when you are last to shake a cotton ball off your nose stuck there with Vaseline?
3. Make the game urgent. Time it. Make it frantic. Use a stopwatch, a clock, hourglass, something.
4. Explain it carefully. Nobody gets excited about a game they don't understand. Explain the rules. Make it clear.
5. Choose kids wisely. If a small kid can play it, pick him. If a shy kid never raises her hand, ask her if she wants to play. Don't choose the same kids over and over.
6. Give points to the winning team. Points are free so you can give away lots of them. "This next game is worth 25,000 points!"
7. Crank the music. Play something fast. Use upbeat Christian music or one of Kidz Blitz' parodies of classic rock.
8. Start the music first. Start the music BEFORE you start the game. Let the music draw you into the game. Hearing the music gets your heart pumping so you're ready to start.
9. Don't make winning any bigger than it already is. It's already a big deal so you can tamp it down a little by saying, "By a little bit I guess this one goes to the Blue team!" That's better than, "Wow! It looks like the Blue team has smashed the Green team again!!!"
10. Announce by name the kids who are playing. Make a bigger deal out of playing than winning. "This is Bobbie! Bobbie is ten years old and has a dog named 'Chewy.' Let's give it up for Bobbie!"


ZAPPED out of Kidz Blitz' game-based curriculum



YUMMY OREO BLITZ

## catch <br> the most cookies in your mouth in one minute

> Just add: -4 kids or - 2 teams of 3 kids each


## DIRECTIONS

Twist all the Oreo cookies apart. Place the halves with the filling in a pan. Select four kids, two teams of two. Designate a kid on each team to be a "catcher" and the other to be a "masher."

The masher presses the Oreo onto the forehead of the catcher giving it a light twist to adhere it to the catcher's forehead. The catcher sticks his/her tongue out and tries to catch the cookie as it falls. The masher then sticks another cookie on the catcher's forehead. The first catcher to eat the most oreos in 1 minute wins.

Variation: This can be made into a team game. Create 2 teams of 3 kids each. When the first eater has successfully eaten, the feeder then sits down, and a third team member feeds him. This continues until the first eater gets to the position where he is now the feeder and feeds the last member of the team.

## LICORICE RACE

HOW TO WIN
be the first to eat the whole marshmallow

> You will need shoestring licorice and large marshmallows.

## DIRECTIONS

Slide two marshmallows onto the center of a piece of licorice. Each player puts an end of the licorice in his/her mouth. At the same time, without using their hands, the players eat the licorice until one player gets to a marshmallow. Whoever eats their marshmallow first wins the game.

Suggestion: Choose siblings to play this game.


## 40 INCH DASH

HOW TO WIN

## reach the marshmallow first

## DIRECTIONS

Cut 3 40-inch pieces of string. Tie a marshmallow to the end of each string.

Just add:
-3 kids

Select 3 kids to come up front. Give each kid a marshmallow string. On a "go", each person puts the loose end of the string in his mouth and "eats" his way to the marshmallow. The first person to get the marshmallow in his mouth is the winner.


## BUBBLE BLOW UP

HOW TO WIN
be the first to blow a bubble

Call 3 volunteers up front. Give them each a Blow Pop sucker. The first one to unwrap it, eat the Blow Pop, get the gum and blow a bubble wins.


## CHEWING GUM BLITZ

## HOW TO WIN

be the first to blow a bubble

Just add:
-any number of kids

## bags. <br> \section*{DIRECTIONS}

You will need bubble gum, work gloves and shopping


Use as many players as you have supplies for.

Place individual sticks of wrapped gum inside the shopping bags. Give each volunteer a pair of work gloves and a bag. The idea is to put on the gloves, pull a piece of gum out of the bag, unwrap it, chew it and blow a bubble.

Variation: You can make teams of two so that one team mate must pass the gloves to her partner after she's done.

HOW TO WIN

## be the <br> first to <br> make lemonade

Just add: -4 kids

Call 4 volunteers up front and have them sit down on stools, facing the audience. On a low table in front of each of the volunteers, have the ingredients for lemonade: a $1 / 4$ of a lemon, a teaspoon of sugar, and a glass of water.

Announce that this is a race to make lemonade. On "go," they must first eat the lemon, then the sugar, then drink the water, keeping all items in their mouths. Then they have to jump up (twist, spin... be creative) and sit down to mix up the ingredients in their mouth. Once they have mixed it, have them spit it back into the glass. The first to do this is declared the winner.

## BANANA BLUFF

## HOW TO WIN

## just for <br> fun



## DIRECTIONS

Choose an older kid (who can handle being slightly embarrassed) to be your "good sport". Place a peeled banana in front of each volunteer. Blindfold each player making sure to blindfold the oldest player last. QUIETLY remove the blindfolds from the other two players while

Just add:

- 2 kids
-1 good sport casually explaining the rules:
> 1. keep hands behind back,
> 2. eat banana without using hands

Try to keep the seated kids from revealing the secret. After saying, "Go!" cheer on all three players as if they are all playing. The look on the older player's face is priceless when he removes his blindfold and finds the other two bananas neatly eaten.

HOW TO WIN
stack
the most graham crackers

You will need a box of graham crackers.

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## DIRECTIONS

Choose two kids to be stackers. Let them each choose a volunteer to help them. Tell the volunteers to lay down on the floor. The stackers then see how many crackers can be stacked in a pile on each forehead. The person with the highest stack wins. Usually laughing knocks the stack over early.


## COOKIE CHALLENGE

## HOW TO WIN

be the first to eat all the cookies DIRECTIONS from your bowl

Just add:
-8 kids

Place some cookies in 2 bowls. Make two teams of four kids each. Place each team in front of a bowl, and give each kid a 3 " $\times 5$ " index card. Mark off a line on the floor about ten feet away with a piece of masking tape. The first kid on each team places the end of the card in their mouth and a cookie on the card. They carry the cookie across the line and back. If they drop the cookie they must start over. When they get back they try to tilt the card up so that the cookie slides into their mouths. It is alright if the cookie lands on the floor instead of a mouth. The next player on that team still begins. See which team can:

1. get the cookies back to base
2. eat the most cookies by tilting the cookie into their mouth.

## ALPHA-BLITZ

## HOW TO WIN

form the alphabet first with pieces of cereal

You will need a box of "Alphabits" cereal.

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## DIRECTIONS

Pour the Alphabits in a bowl.
Challenge two kids to place letters in a row making a complete alphabet if possible. Give them one minute.

Sometimes certain letters are hard to identify. Choose an impartial judge to make the ruling after the time is up.


## HOW TO WIN

## be a

candy bar expert

> You will need plates, spoons and several popular candy bars (snickers, baby ruth, hershey, reese's cup, milky way etc.). $\bar{T}$

Just add: -kids

Chop up several candy bars in a food chopper one at a time so that they are beyond recognition. Put them into seperate, numbered bowls. Put a spoon in each bowl and give each kid a spoon and plate. Tell the kids that they can sample each of the candy bars making sure they understand to first put a sample of the candy on their plate with the spoon that is in the bowl. This eliminates kids "double dipping" into the candy bar mess. Have the kids write down on a piece of paper what kind of candy or candy bar they taste. The one with the most correct answers wins!


## CEREAL RACE

HOW TO WIN
be the first
team to eat
all the cereal
without using
You will need bowls, cereal \& spoons.

## DIRECTIONS

any hands

Just add:
-4 kids

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Place a table with 2 bowls of cereal on one side of the room or stage. Form 2 teams of 2 players each. Choose 2 of the players to be "feeders" and stand beside the table. Give them each a spoon. Have the remaining two players stand on the opposite side of the room across from their partner. These 2 are the "eaters." On "go" the feeders must carry a spoonful of cereal to their teammate by holding the spoon handle in their teeth. When they get to the other side, they will feed the cereal to their partner and repeat until the cereal is done. The first pair to finish their cereal wins!

## HOW TO WIN

## get your pretzel down the line first

You will need a box of straws and twisted pretzels.


## DIRECTIONS

First, divide your group into two teams. Line up each team facing forward, and give each player one straw. The player at the beginning of each line will also get a pretzel. (This will only work with a twisted pretzel, not pretzel sticks!)

Before beginning, instruct everyone to put the straws into their mouths and the line leader to hang their pretzel on his/her straw.

On "go" the kids will pass the pretzel down the line using only the straws, no hands allowed! If the pretzel falls on the floor, it must go back to the beginning of the line to begin again.

The first team to pass it down to the end of the line wins.

# POPCORN CATCHER 

HOW TO WIN
eat the most popcorn by catching it in your mouth

Just add:
-4-6 kids

This game is simple and fun. Pick a person to be "it". Have the person sit in a chair at the other side of the room. Instruct the other players to throw popcorn at the "it" player. "It" must try to catch as much popcorn in his mouth as he can. See how much popcorn he can catch in 3 minutes. Rotate players and begin again. The player who eats the most popcorn wins.

YUMMY

## WATERMELON BLITZ

## be the team with the most watermelon

 seedsJust add: -6 kids

## You will need one watermelon

 with seeds, cut up. You will also need a large bowl, 2 small bowls and a table.
## DIRECTIONS

Chop up a watermelon that has seeds and put the pieces in a big bowl on a table. No rinds. Place a smaller bowl on each side of the large bowl. Select two teams of three kids each.

The first kid on each team places a piece of watermelon in his mouth and runs around the room chewing the watermelon. Have the kids run in the opposite direction of each other. When they return to their bowls they will spit out the seeds. The next kid does the same.

After the third kid on each team has finished spitting out seeds, count the number of seeds in each bowl. Make fun of the fact they also spit out some watermelon and probably swallowed some seeds.

YUMMY

## CANDY BAR MELTDOWN

## HOW TO WIN

## guess <br> the most candy bars

 correctly
## Just add: -the whole group

Buy 20 different brands of chocolate bars (Snickers, Baby Ruth, Milky Way, Twix etc.) and put a sizeable piece of each on separate paper plates. Number each plate with a marker from 1 to 20 and make sure that you keep track of which candy bar is put on each numbered plate. Make a list such as \#1 Snickers, \#2 Mr. Goodbar, \#3 Kitkat, etc. Put each plate in the microwave and wait until the candy bar is melted or well softened. Some will melt better than others, therefore you may have to do some squashing with your finger to make them a bit less recognizable. But don't melt them or squash them too much since it may make them completely unrecognizable. You want to give your kids a fighting chance here.

Put all the plates on a table with paper and pencils and have the kids write down their guesses. Then read off the answers and have them mark their correct guesses. The kid with the most correct answers wins.

This is not a game to use if anyone in your group has peanut allergies!

Buy a couple of large bags of peanuts in the shell. Set two small bowls on a table and select two kids to stand behind the table facing the group. Dump a bag of peanuts in front of them. See how many peanuts they can shell and place into their bowl in 60 seconds. Only fully intact peanuts count, no halves. Let them eat their peanuts after you count them. Repeat several times. Kids who like peanuts will be enthusiastic about playing this game.

## M\&M RACE

## HOW TO WIN

transfer
the most
M\&M's out of one bowl and into another bowl

Place two bowls and a straw on a table in front of each player. Fill one of each player's cups with M\&Ms. See who can transfer the M\&Ms from one cup to the other by sucking on the straw.

Make sure the diameter of the straw is smaller than the M\&M's so no one chokes.


## YUMMY

APPLE ON A ROPE

You will need twine and apples.

## DIRECTIONS

Prepare for the game by setting up the apples on twine. Do this by poking a hole through the apple, stringing a piece of twine about 3 ' in length through the apple, and knotting it several times at the end to prevent the apple from falling off.

## Just add: -teams of 2

For this game there are only two players on a team, one to hold the apple and the other to eat the apple. The apple holder will hold one end of the rope in the air while the apple dangles. The apple eater will eat the apple while their hands are behind their back. The first team done eating the apple down to the core is the winner. It might be helpful to have a judge to decide when a team is down to the core.
**With this game use CAUTION because players could choke if they inhale the apple. Encourage them to concentrate on eating the apple and not laughing. This game is better for older players. **Some players have a hard time getting the first bite into the apple, and the trick is to hit the apple with the force of your teeth. Careful, don't play this game if you have loose teeth.

## Just add:

 -4 kidsRemember cutting out "snowflakes" from folded paper in kindergarten? Well this challenge takes on that same idea only using a piece of bologna instead of paper and using only your teeth instead of scissors!

Invite 4"artists" to come up front. Each artist is given a thick piece of bologna. (You can ask a butcher to cut the pieces of bologna thicker for you - it keeps the final design held together better.) Give each artist 1 minute to create a snowflake design out of their piece of bologna using only their teeth.

After the time is up, let the crowd vote on the best bologna-flake. (lt's really funny to watch the expressions of the artists while they are working, especially the ones who don't like bologna!)

## HO-HO GULP

## HOW TO WIN

be the
first to
finish
your Ho-
Ho's and milk

You will need Ho-Ho desserts and milk.

## 

DIRECTIONS

Before beginning this game, place a sheet of plastic on the floor for easy clean up.

Just add: .4-6 kids

Give each volunteer 2 packages of Ho-Ho's and a glass of milk. Tell them that this is simply a race to see who can finish first. Then yell, "GO!"


HOW TO WIN
open and eat an overwrapped candy bar with a knife and fork

Just add:

- 2 kids

Wrap two candy bars in about ten layers of newspaper and wrapping paper. Wrap them both the SAME.. Set them on a table up front.

Select two players to face each other on opposite sides of the table. Give each a knife and fork. Place a wrapped candy bar in front of each of them.

On"GO" let them unwrap the candy bar. The first one to unwrap and eat the candy bar using ONLY the knife and fork wins.

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NO HANDS ALLOWED!
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## INCH WORM

HOW TO WIN
be the first team to inchworm their way to the finish line

Just add: -8 kids

Select two teams of four kids each. Have one half of each team go to the opposite side of the room for a relay race. Hand a bed sheet to the first person in line from each team. On the word "go," the first person must roll themselves up in the bed sheet like a "caterpillar" and then "inchworm" crawl to their teammates across the room. There they must unroll (the receiving team may assist!) and the next person in line rolls up and inches back to the other side. Continue the relay until each person has crossed to the other side.

## Great fun!

## CEREAL BLITZ

HOW TO WIN
pass the most cereal from the
front of your line to the

You will need a box of cereal, plastic spoons and 4 bowls.


## DIRECTIONS

end without using any hands!

Just add:
-10 kids

Select two teams of five kids each and line them up relay style. Provide a plastic spoon for each person. Instruct the players that they must hold their spoons with the handle in their mouth. Then give the first person in each team a bowl of cereal and the last person on each team an empty bowl. The idea of the game is to pass the dry cereal from the front of the line to the empty bowl in the back using the spoons which must remain in their mouths. The team that has the most cereal in the "empty" bowl after a designated time wins!

## HOW TO WIN

be the first team to get all of your Fruit Loops to the end of the course by blowing them


## DIRECTIONS

Tie a 10 foot long piece of string to a chair or some other firm anchor point. Pull the string taut. Slide 10 Fruit Loops onto the string and tie the remaining loose end to another chair. Move all the Fruit Loops to one end. This will make one race course. Form teams of 2 or 5 and use as many courses as needed for the number of teams.

## Just add:

 -teams of 2 or 5Each team member will alternately blow one fruit loop from one end of the string to the other. The next team member cannot start until the previous team member has his Fruit Loop to the other end. Beware, team members will become short of breath quickly especially if there are only two of them. The first team to get all the Fruit Loops to the other end wins. The losers have to eat the Fruit Loops which will have spit all over them.

HINT: short bursts of air usually move the Fruit Loops better than continual blowing.

## TISSUETOTE

HOW TO WIN
pass all five tissues from the front of the line to the back using only the straws

Select two teams of five kids. Make two lines of five kids each. Space each kid about one foot a part. Give each kid a straw. Give the first kid in each line five tissues.

Just add:
-10 kids

## SPOON PASS

HOW TO WIN
be the
fastest team
to thread
the spoon through everyone's clothing and back again

Just add:
-12-16 kids

## DIRECTIONS

Make a team of boys and a team of girls. Each team should have 6 to 8 players. Have each team line up relay style. Give the first person on each team a spoon with A LOT of string tied to the end of it.

On your signal, the first player will begin passing the spoon by threading it DOWN his/her own shirt and pants. The next person will thread it UP their own shirt and pants, and so on. The last person in the line will use the spoon to stir a glass of ice water for 10 seconds. Then the team must "unthread" their spoon by passing it back the same way it came. The first team to finish wins.

# RACIN' RELAYS <br> SPONGE BOB SQUARE FEET 

## HOW TO WIN

be the team that carries the ball around the course and back first

Cut a 4 1/2 inch circular hole in the lid of each shoe box to make 2 pairs of big square shoes. Tape the lid securely to the box using duct tape or electrical tape. You might want to spray paint the boxes a bright color for added flair.

Form two teams of five kids each. Line them up and place the square shoes on the kids at the front of the lines. Set 2 chairs directly across the room from the lined-up teams. Hand each of the front kids a spoon with a rubber ball on the spoon. On "go" the front kids will walk/run/ stomp and circle the chair while holding the ball on the spoon. If the kid drops the ball, he must start over. When the kid returns to the line the next kid puts on the shoes, holds the spoon and circles the chair. The first team to have all five kids complete the lap wins.


## DIRECTIONS

Just add:
-10 kids

## BOX STACKIN'BLITZ

## HOW TO WIN

## be the first team to stack all of their boxes

You will need socks and boxes of various sizes (have as many boxes as you have players)

## DIRECTIONS

Before playing, decorate the boxes. For example, wrap them in funky wrapping paper or paint them with bright colors and crazy designs.

Create two teams with even numbers of participants. Split those teams in two and have each half stand at opposite ends of the room.

Give each child a pair of socks (for their hands) and a box. The child in the front of the line should have the smallest box and the boxes should get larger the further back in line they go. One by one, have the kids run with their boxes across the room to their teammate and place their box at the feet of the first in line. They then go to the back of the line. The child in the front then stacks her box on top. (Stack the boxes so the smallest one is on the bottom). She picks up the boxes and runs across the room to the front of the other line and repeats. If a pile of boxes is dropped, then the child must restack and start again from his original spot. The first team to successfully hand off all their boxes wins.

VARIATIONS: To challenge older kids, place obstacles in their paths for difficulty.

## HAND SQUEEZE

Players form two teams. The teams sit on the floor forming two lines that face each other. At the head of the lines, a "referee" sits between the two lines with a coin. At the end of the line, a small ball or other item sits in the middle of the last two players. Team members hold the hands of the person next to them.

The referee flips the coin so that only the first team member on each team can see. If it lands on tails, neither leader should do anything. If it lands on heads, the first person in line squeezes the hand of the next person in line, who then squeezes the hand of the person next to them and so on. When the last person's hand is squeezed, they jump up to grab the object in front of them. It is a race to be the first to grab the item in the middle.

The winning team gets to rotate their players down one. The game is over when a team has rotated all their players through the line.

VARIATION: To make this game even more interesting, use a wet bar of soap set on a dish as the object to grab.

RACIN' RELAYS

## ICE CUBE BLTZ

HOW TO WIN

> be the first team to get all their icecubes into the bowl at the finish line

Just add:
-2 teams

Choose two teams. Form a starting line with a table and a finish line about 10 feet away with the 2nd table. Each group of players lines up at the starting line. The first person in each group is given two toothpicks. Each team has two bowls, one filled with ice cubes (one ice cube for each player) and an empty one which is placed at the finish line.

On "go" each player tries to pick up the ice cubes with the toothpicks and races to the bowl at the finish line. If a player drops the ice cube, they must pick it up off the floor with the toothpicks and continue to the finish line. After each player drops his cube in the finishing bowl, he races back and tags the next player to go.


HOW TO WIN
be the first team to have all its members finish the course


## DIRECTIONS

Just add: -teams of 3-4 kids

This is a relay race with 3 or 4 on each team. Hand the first person on each team a drink coaster. On "go," they will squeeze the flat side of a drink coaster with their knees and run to the goal, handing the coaster to the next in line when they return. They won't be able to run very fast so, as opposed to most racing games, you can easily do this game inside. You can use more than one coaster to make the relay slightly harder to do. This game is simple but fun to watch.

## CRAZY WAITER

## HOW TO WIN

be the first team to have each of its members weave the egg through the line and say"Here's your egg, sir."

Just add:
-2 teams


## DIRECTIONS

Create two teams, and ask them to stand in 2 lines. Put a ping pong ball onto each platter, and give the plate to the leader of each line.

On the word go, their job is to run like crazy, weaving in and out of each player down the line, while balancing the ball on the plate. Once the child gets to the back of the line, he then runs up to the front again, without weaving, and gives the platter to the next player.

Don't forget, when handing over the platter, the waiter must say the words, "Here's your egg, Sir!"While the new waiter begins weaving, the old waiter returns to the end of the line. If the ball falls off the plate, the player must return to the front and restart.

First team to complete the challenge wins.

## PASS THE HAT

## HOW TO WIN

be the
first team
to pass
the hat to
the end
of the line without using any hands

Just add:
-2 teams
Form 2 teams and have them line up relay style. Give the first person in each line a hat. Players pass the hat down the line without using their hands. The first group that successfully passes the hat to the end of the line wins.


DIRECTIONS

## TUNNEL BLITZ

HOW TO WIN
be the
first team to tunnel their way to the leader

Just add:
-2 teams

Line up 2 teams, single file, equal distances from the leader who stands arms outstretched toward the teams.

Players spread feet wide apart with the exception of the last team member who must crawl through the tunnel formed by the legs. Once at the front, he stands up and the next team member crawls through the tunnel. This continues until one of the teams can touch the outstretched hand of the leader.

To avoid cheating, team members must be able to touch the shoulders of the person in front.

## PASS THE FACE

HOW TO WIN
be the
first team
to pass
the right
DIRECTIONS
crazy
face to the front

Just add:
-2 teams
-1 judge

Just add:
-2 teams

Divide into two teams and line up. Give the first player on each team a 24 -inch length of rope.

On the signal, the first player in each line ties a knot (any kind) in one end of the rope and hands the rope to the second player. The second player then ties a knot near the first, and so on down the line. There should be one knot for each player on the team.

After all the knots are tied and the number checked, it goes down the line again with each player untying a knot. First team to finish wins.

Explain the game allowing each team about two minutes to strategize before beginning.

## RACIN' RELAYS NERF RELAY CHALLENGE

be the first team to move the nerf ball down the line

## Just add:

-2 teams

## DIRECTIONS

You'll need one slip of paper for each player. Before the game, write the following phrases on slips of paper.

1. You cannot use your hands.
2. You cannot use your hands or feet.
3. You cannot use your hands and cannot let the ball touch the ground at any time.
4. You can use only your left hand and must stand on only one foot.

If you have lots of players then use the same phrases more that once or create your own.

Place the strips of paper in a hat or bowl. Divide the players into two equal teams and have each team stand in a line. Have the players reach in the hat or bowl and draw one paper out. Then explain that both teams will need to figure out how to pass a Nerf ball from one end of the team to the other while abiding by the rules on the slips of paper. Give the teams one minute to show each other their slips of paper and develop a plan. Then when both teams are ready, say "go!"

The first team to complete the task wins!

## QUARTER RELAY

HOW TO WIN



## MARSHMALLOW WHIRL

HOW TO WIN
wrap the string around the plunger handle the fastest

## Just add: -teams of 2

Remove the rubber end from one plunger and push it on to the end of the other plunger. (Surely we don't have to tell you this, but use new plungers!) You should now have a plunger with rubber on both ends.

Cut about 2 feet of string. Tie one end to the middle of the stick and the other to a marshmallow.

Place two kids facing each other with the plunger pressed against each of their foreheads. Instruct them to wrap the string around the stick by moving it in a circular motion using only their heads. The marshmallow will circle the stick and wrap the string around it.

Time them. See who can beat the record.

## PLUNGER BOWLING

HOW TO WIN
knock the most plunger pins down with the toilet paper

Just add: -one player at a time



DIRECTIONS

At one end of the room or stage, set up the ten (six will work also) plungers like bowling pins. Like you would a bowling ball, roll a roll of toilet paper toward the pins. Score like you would for bowling except play only three frames. Repeat with new players.

IMPORTANT: Toilet paper must be right out of the pack so that the end is still stuck to the roll.

| knock <br> the most <br> plunger <br> pins down <br> With the <br> toilet <br> paper <br> Just add: <br> -one player at <br> a time |
| :--- |
| You will need 6-10 plungers <br> and 2 rolls of toilet paper. |
| At one end of the room or stage, set up <br> the ten (six will work also) plungers like <br> bowling pins. Like you would a bowling <br> ball, roll a roll of toilet paper toward the <br> pins. Score like you would for bowling <br> except play only three frames. Repeat with <br> new players. |
| IMPORTANT: Toilet paper must be right out <br> of the pack so that the end is still stuck to <br> the roll. |

## TP CATCH <br> PLUNGER MANIA

HOW TO WIN

# catch the most toilet paper with a plunger 

## HOW TO WIN

## be the fastest team to complete the relay

Fastest team to complete the relay wins.

# POPCORN PLUNGE 

HOW TO WIN
have the most popcorn on your plate at the end of the race

Just add:

- 2 kids

> You will need popped popcorn, 2 plungers and 2 strong plastic plates.

## DIRECTIONS

Select two players. Suction the plunger to the bottom of the plate. Give each player equal amounts of popcorn. Pile the popcorn onto the plate.

Using the plunger to hold up their plates, players must walk quickly or run around the room without spilling their popcorn. The player with the most amount of popcorn still on their plate in the end is the winner.

For more excitement, have players run through an obstacle course.
 . This can do is swing the ropely aceptable.
This mempla

## OREO EXPRESS

## HOW TO WIN

jump rope the most times with an Oreo stuck to your head

## Just add:

- 2 kids or more

Before you begin, separate the wafers of an Oreo. Select two kids (boys or girls) of equal size. Give them each a jump rope. Instruct the kids to stick the half with the cream to their forehead. Push and twist.

Count how many times they can jump rope in one minute without the cookies falling off. Allow others to challenge the record.


## HOW TO WIN

jump
the most times with out dropping the tennis balls

Just add: -8-12 kids

Select two kids of equal size. Give them each a jump rope. Give them a tennis ball to hold while they jump rope. Count how many times they can jump rope in one minute without dropping the ball.

Repeat with different kids and increase to two tennis balls. Continue as desired by adding one tennis ball each round.

Tennis balls can be held under the chin, in hands with the rope and even between the knees.

Then challenge a kid to jump rope with a tennis ball under each arm. It is nearly impossible to do unless you swing the rope backwards. It's a little uncomfortable, and it sure is funny for those watching.

## SLOW MOTION

HOW TO WIN
jump the most times
while
holding a
ping pong ball in a ladle

Just add:

- 2 kids at a time

Select two kids of equal size. Give them each a jump rope and a serving ladle (big curved spoon with a cup at the end). Instruct them to put the handle in their mouth. Place a ping pong ball in the cup of the ladle. Count how many times they can jump rope in one minute without dropping the ball. If a kid drops the ball they can pick it up and continue until the minute expires. You will witness some of the slowest rope jumping you have ever seen.

Select new kids to challenge the record. BIG BOOT JUMP

HOW TO WIN

## jump the most times <br> while wearing big galoshes

## Just add:

- 2 kids or more
Just add:
$\cdot 2$ kids or
more
them each a jump rope. Then put a pair of galoshes on each kid over their shoes. Count how many times they can jump rope in one minute while wearing the galoshes.

Select new kids to challenge the record. .

## DIRECTIONS

Select two kids of equal size. Give

# MEXICAN JUMPING ROPE 

HOW TO WIN

# jump the most times <br> while wearing a sombrero 

Just add:

- 2 kids

Select two kids of equal size. Give them each a jump rope. Place a sombrero (or any type of large hat) on each of their heads. Your local party store should have sombreros. If the hat is big enough to fall over their eyes it will make the challenge even more fun.

Count how many times they can jump rope in one minute with the hat on.

Select new kids to challenge the record.

## BAGGY JUMP

## HOW TO WIN

jump the most times while wearing oversized clothes

Just add:

- 2 kids for each round

You will need 2 jump ropes,
2 pairs of XXL athletic pants and 2 XXL sweat shirts.

## DIRECTIONS

Select two kids of equal size. Give them each a jump rope. Put them in some oversized clothes or XXL sweat suits. Count how many times they can jump rope in a minute. The smaller the kid the more fun it is to watch.

Select new kids to challenge the record.

## FROG JUMP

## HOW TO WIN

> jump the most times while wearing


DIRECTIONS

Select two kids of equal size. Give them each a jump rope. Put a pair of flippers on each kid. Count how many times they can jump rope in a minute.

Select new kids to challenge the record.


## CRACKER JUMP

## HOW TO WIN

# jump the most times whithout breaking the crackers 

Just add:

- 2 kids



## DIRECTIONS

Select 2 kids. Give them each a jump rope and four crackers. Challenge them to jump rope twenty times while trying not to break the crackers. They can hold the crackers in their hands, mouth, under arms or most anywhere else except in their pockets.

Select new kids to challenge the record, but this time, give them six crackers each.

## BALLOON JUMP

HOW TO WIN
jump the most times while holding a balloon between your knees and not popping it

Select two kids of equal size. Give them each a jump rope and an inflated balloon. Have the kids hold the balloons between their knees. Count how many times they can jump the rope in one minute while holding the balloon but without popping the balloon.

Select new kids to challenge the record.



HOW TO WIN
blow up the biggest balloon
while jumping rope

## DIRECTIONS

Select two kids of equal size. Give them each a jump rope and a balloon. Challenge them to jump rope twenty times while attempting to blow up a balloon. Let them stretch out the balloon before they begin. If the balloon flies out of their mouth, pick it up and let them continue. Compare the balloons to see whose is the biggest.

Select new kids to challenge the record.

## APPLE JUMPING GANG

HOW TO WIN
jump the
most times
while
holding an apple in your mouth

Just add:
-2 kids


## ULTIMATE JUMP ROPE

HOW TO WIN
jump the most times while wearing a sombrero and flippers and holding a balloon and tennis ball

Just add:
-2 kids


## DIRECTIONS

This is the mother of all jump rope challenges. Select two kids. Put the sombreros on their heads. Put the flippers on their feet. Put a tennis ball under their chins. And put a balloon between their knees. If you can jump rope in this condition, you can do anything. If it proves to be too difficult for the kids you chose, then remove the tennis ball. Count how many times they can jump in one minute.

Select new kids to challenge the record.



## MARSHMALLOW LAUNCH

## HOW TO WIN

blow a marshmallow out your nose the farthest


## DIRECTIONS

Each player is given a small marshmallow. Have one person at a time put a small marshmallow in one nostril and plug the other one. Then have them blow it as far as they can. Mark the distance with a piece of tape with the "shooter's" name on it. The one who blows their marshmallow the farthest is the winner.

It's (s)not a pretty picture!

## 2-LITER SHOVE

## HOW TO WIN

# be the first team to smash all their food into the bottle 

You will need brown paper bags, smooshy foods, big plastic soda bottles, table and dish pan and sanitary wipes for hands.

## DIRECTIONS

Before you begin the game, place several smooshy foods in brown paper bags, one bag for each team. Place the empty soda bottles in the dish pans on the table. Line the kids up in 2 or more team lines. Place them a few feet from the table, and have each team send one person at a time up to the table where the paper bags and soda bottles are.

Without looking in their assigned bags, they are to pull out one smooshy item. As fast as they can, they will smoosh whatever they pull out of the bag into the tiny opening of the plastic soda bottle. When they are finished, with the approval of the table judge, they are to run back to the line and switch with another team mate. The first team done is the winner.

The nastier and messier the product the more fun it is. Don't be afraid to make your own creation (butter mixed with flower and chocolate). Stay away from opening cans for safety's sake. Here are examples of items to use: cat food, peaches, sticks of butter, bananas, grapes, pudding cups, ice cream cups (cold), marshmallows and sardines. Put items in zip lock bags within the brown paper bag.

THE YUCK FACTOR

## BABY FOOD ROULETTE

## HOW TO WIN

be the<br>last<br>person<br>still<br>sitting

## Just add: -any number of volunteers

## DIRECTIONS

## You will need 6 jars of baby food (different kinds) and spoons. <br> 

Choose any number of volunteers. Don't tell them what they will be doing.

Have 6 jars of baby food in a bag or box so the players can't see them. Have the players stand in a circle and pass a spoon while music plays (like hot potato).

When the music stops, have the player holding the spoon blindly pick out a jar of baby food and take a big bite. The grosser the flavor the better.

If they don't take a bite then that person is then out.

Continue the game with a new spoon each time until there is only one person left in the game.


## THE YUCK FACTOR TOUGH GUY CONTEST

HOW TO WIN
peel and eat your lemon the fastest

Just add:
. 4 kids

## THE YUCK FACTOR <br> CHEWY SCULPTURE

## HOW TO WIN

## create the best sculpture out of chewed gum

Just add:
-16-20 kids
Select 2 groups of 8-10 kids each. Ask for a volunteer from each team to be a sculptor. Don't tell the sculptors what material they will be sculpting with until after they have volunteered. The rest of the teammates will be chewers. Give each sculptor a cookie sheet to work on.

On go, the chewers will chew gum as quickly as possible, handing their chewed gum to their sculptor as soon as the gum becomes soft. They immediately begin chewing another piece and again hand it over as soon as it becomes soft. Meanwhile, the sculptor has a designated amount of time ( $5-10$ minutes is good) to create something out of the chewed gum. The rest of the group can vote on the best sculpture when time is up. We suggest giving a prize, such as a pack of gum, to the two brave sculptors.


## DIRECTIONS

## BOLOGNATOSS

HOW TO WIN
be the first team to eat all their bologna

Just add: -4-6 kids

HOW TO WIN

stick the most spit wads<br>on your teammates glasses

Just add:
-10 kids

| stick the <br> most spit <br> wads <br> on your <br> teammates <br> glasses | You will need 2 pairs of <br> sunglasses or goggles, <br> straws and paper. |
| :--- | :--- |
| Ask for 2 brave volunteers. Give each of <br> them a pair of sunglasses or goggles and <br> ask them to put them on. Next call up 8 <br> more volunteers and give each of them |  |
| a straw and a piece of paper. Assign 4 |  |
| kids and one kid with sunglasses to each |  |
| team. Space the sunglassed kids about 10 |  |
| feet away from their team mates. |  |

## Zanialk <br> POPSICLE SURPRISE

HOW TO WIN
be the
first to guess the popsicle flavors

Just add:
-3 kids

Ahead of time, prepare various flavor popsicles using ice cube trays and tooth picks. Use both expected flavors and some surprises. Some suggestions are: sodas, juices, mustard, chili, milk and BBQ sauce. Make 3 of each flavor. When you are ready to play, ask for 3 volunteers to do some popsicle testing. Bring them up front and blind fold them. Hand each "tester" one flavor of popsicle. On "go" see who can guess the flavor first. Repeat with the remaining flavors. You can offer a prize to the winning player.


## DOG FLING

HOW TO WIN
be the team who catches the most hot dogs

Just add: - 6 kids


## HOW TO WIN

be the team with the most candy stuck

## DIRECTIONS

on your teammate's face

Just add:
-2 teams

VARIATION: You can use Life Saver candies instead of marshmallows.


HOW TO WIN
tie the most knots while keeping the hula hoop going

Just add:
-2 kids


## DIRECTIONS

Give two kids a hula hoop and a piece of rope. Challenge them to tie as many knots in the rope as possible while hula hooping.

If they drop the hula hoop, they must start hula hooping again before continuing to tie knots in the rope. The hula hoop must be in motion before tying any knots. Count the knots at the end of 2 minutes to determine a winner.

## HOW TO WIN

eat the most crackers while hula hooping

## DIRECTIONS

Select two kids to hula hoop. Then select an assistant for each. Explain that the assistant will hand the Hula Hooper crackers to eat while he/ she is hula hooping. The one who eats the most crackers in the given amount of time, wins.

You can award a bonus point to either Hula Hooper who can whistle any recognizable tune.

Challenge two more kids to beat the Hula Cracker record.


## HOW TO WIN

eat your jello while
hula hooping

Just add:

- 2 kids and more


## HOW TO WIN

> pin the most clothes pins on your body while hula hooping

Select two kids to hula hoop. Have each child grab one hand full of clothes pins from the bag. Instruct them to attach the clothes pins to their own clothing while hula hooping. They cannot pin them on their arms, fingers, etc., only on their clothes. Time them.

Try it again with two new kids. This time allow them to grab clothes pins in each hand. Repeat the game.

## DIRECTIONS

Just add:

- 2 kids and more



## SIBERIAN HULA

## HOOP

HOW TO WIN
be the first to move the rubber band under your lip while hula hooping

Just add:
-2 kids


HOW TO WIN
blow up the biggest balloon while hula hooping

## DIRECTIONS

Select two kids. Give each kid a hula hoop and challenge them to blow up a balloon while hula hooping. They may only blow up the balloon if the hula hoop is in motion. See who can blow up the biggest balloon.

Tie a knot in the biggest balloon and see if anyone can beat it by inflating a larger balloon.

## HULA SHOUT

HOW TO WIN
shout the most things you are thankful for while hula hooping

Just add: . 4 kids

Select two kids. Give each a hula hoop and instruct him/her to shout out things they are thankful for. Select someone as a counter for each hula hooper. The counter will count the things that the hula hooper shouts out. Nothing can be counted twice. Set a time limit of 1 minute.

HOW TO WIN
catch
the most popcorn in your mouth while hula hooping

Just add:
-4 kids

Select four kids. Two will be hula hoopers and two will be popcorn pitchers. Once the kids begin to hula hoop, the pitchers will toss popcorn at their mouths. The teams get one point for each piece of popcorn that goes into the hula hooper's mouth. The pitchers cannot throw unless the hula hoop is in motion.

Is this hard? Yes. Is it impossible? No. Is it fun to watch? Yep.

## HOW TO WIN

## hula hoop while wearing big clothing

> You will need 2 hula hoops and large bright clothing items (16-20 items).

## DIRECTIONS

Select two kids. Give each a hula hoop. Put the clothing in a pile between the kids. Give them 20 seconds to put on any one item of clothing, and then hula hoop like there is no tomorrow. Judge who did the best.

What they choose to put on will make a difference. This is a great illustration about how choices matter. It is harder to hula hoop wearing loose clothing.

Repeat using two items. Repeat using three items.

## 2 HEADED HOOPSTER

HOW TO WIN
hula hoop the most times
with two players in the same sweatsuit

Just add: . 4 kids Give each team a hula hoop.

Begin the music, and see how many times they can rotate the hoop around them.

VARIATION: Have the kids try to jump rope instead of hula hoop.
Select four players, two teams of two.
Have two players get into the same sweatsuit. Let them decide how they want to get into the suits. (Teams should be of the same gender.)


## HULA STUFF

## HOW TO WIN

stuff the most kids into a hula hoop

Just add:
-4 kids


## DIRECTIONS

Select four team captains, and position them in front of the room. Place a hula hoop around each of them.

On"GO"let them select players to come up front and join their team by trying to get inside of the hula hoop.

This game does not need a time limit. It will become clear when each team is at their capacity. The team with the most players inside the hoop wins.

Watchingtheplayersgetoutofthehoop is just as much fun.

## HOW TO WIN

be the first team to cross the finish line in a hula hoop

Just add:
-4 girls
-4 boys
Set up a starting line and a finish line about 40 feet apart.

Select four girls and four boys. Position eachteaminahulahoop,and placethem behind the starting line.
On "GO" they try to move as quickly as possible to the finish line. The first team there wins.



HOW TO WIN

## pop

everyone

Just add:<br>-any amount of kids

$$
\begin{aligned}
& \text { else's } \\
& \text { balloon } \\
& \text { before } \\
& \text { yours gets } \\
& \text { popped }
\end{aligned}
$$



## DIRECTIONS

Arrange all the players in a large circle or scattered around the room, each with a balloon hanging from a string tied to the back of his waist. The strings should be long enough that the balloons hang on the floor. On the signal, have each player try to pop all of the other balloons by stomping on them. When a kid's balloon bursts, he leaves the game. The game continues until only one player is left.

Explain how people sometimes try to stomp on our faith, but if we keep moving toward God it is harder to get stomped. If we stand still and never move forward in our relationship with the Lord, we make it easy for our faith to get squashed.

## HOW TO WIN

be the first to catch 3 balloons in your bag

Just add:
-any number of kids

## WACKY BALLOON

HOW TO WIN

# keep your balloon in the air the longest 

## DIRECTIONS

Place a penny in each balloon, blow them up and tie off the end. Pick two teams of four kids each. Arrange each team in a circular formation, holding hands and facing each other.

Toss a balloon in the air in the middle of the circle. See which team can keep their balloon in the air the longest. They may use their heads, legs, feet, elbows, but not hands. The penny will make the balloon move wildly. The team whose balloon touches the ground is out.

You can also try it with a marble inside the balloons.

HOW TO WIN

Just add: -any number of kids

## be the team with the most balloons stuck on your goal

> You will need balloons, masking tape and clothespins.


## DIRECTIONS

Blow up many small balloons. Place them at one end of the room. At the other end of the room, divide a wall into different sections for goals. (Each team will have a section). Take strips of masking tape and link each end together in an " O " shape (sticky side out). Put a lot of strips on the wall within the goal areas. Each goal must have the same amount of masking tape. Give each team member a clothespin.

Instruct the kids to pick up the balloons with the clothespins in their mouths without using their hands. The object of the game is to get the most balloons stuck on your team's goal at the other end of the room. If the balloon is dropped anywhere along the way, that person has to keep trying to pick it up with the clothespin. Whichever team has the most balloons on the tape in their goal area when all the balloons are off the floor WINS!

Helpful hint: since players cannot use their hands at all, they can use their knees to hold the balloons in place when picking up the balloon with their clothespin. But, you don't have to give them this helpful hint.

## BALLOON ATM

HOW TO WIN

## win the most money by

 getting the balloon when the music stops and then popping itJust add:
-any number of kids


## DIRECTIONS

Blow up eight balloons and put a coin of different value in each one. You can also use rolled up play money.

Have your group of kids sit in a circle. Pass 4 balloons around at the same time in Hot Potato fashion while music plays. When the music stops, the person who has a balloon gets to pop it and keep the coin or play money.

Small kids will need help popping the balloons. With a larger group, you can use more balloons.


## BALLOON SQUEEZE

## HOW TO WIN

hold the most balloons


## DIRECTIONS

Inflate 20-30 balloons and see who can hold the most. Players can use hands, feet, chin, etc. They cannot put them in their clothes.

Repeat allowing the player to use only one hand. This game is simple and fun to watch.


## BALLOON PUMPING

HOW TO WIN
pop your balloon first by pumping it up


DIRECTIONS

Attach a balloon to the nozzle of each pump. Get the kids to pump up the balloons until the balloon bursts. The first to burst wins.

OPTIONAL. To make it even better, put a little bit of cream or glitter on the balloons, so when they pop they make a mess.


HOW TO WIN
be the first to get in a sweat suit and blow up a balloon while wearing gloves

Just add:

- 2 kids



## DIRECTIONS

Get some very large sweat suits, the larger the better. Place a balloon, sweat suits, and a pair of rubber gloves in a pile, one on top of the other. Create a second pile with the remaining items.

Choose 2 players and instruct them to first, put on the gloves; second, put on the sweats; and last, blow up the balloon. The object of the game is to be the fastest in completing theses steps in order.

## FORK PASS

HOW TO WIN
be the first team to pass their balloons down the line without popping them

Just add:
-10 kids

Have some spare balloons for another round.

## BALLOON NOSE

 POPHOW TO WIN

blow up your balloon until it pops using only your nose

Just add:
-3 kids


## DIRECTIONS

Select three volunteers to compete against each other. Give each player a balloon.

On go, the first to blow up their balloon until it pops wins. The key is they can only use their noses to blow up the balloons.



HOW TO WIN
be the
first team
to pass a
balloon down the line using only your face

Just add:
-8 kids


## DIRECTIONS

Make 2 teams of 4. Cover each person's face with the double sided tape (1 strip down nose, across forehead, on cheeks, down chin, etc.), and place a large, yet not completely filled, balloon on the face of the first person in each line.

The object of the game is to pass the balloon down the line using your face instead of your hands. If the balloon falls to the floor, have the next person kneel down and press their face into the balloon to pick it back up. Keep the crowds cheering!

Choose 2 five-person teams. Give each team a roll of masking tape and 30 balloons.

On "Go!" have members of each team roll the masking tape (sticky side out) around one of their teammates below the neckline. Next, have kids blow up their balloons as quickly as they can and stick as many as possible to the taped-up team member. You can end the game here and award the Balloon Master to the one with the most balloons attached in the time allotted.

Or, you can set up an obstacle course. When the balloons have been attached, have the player go through and back to their team. Balloons that fall off during the race can't be re-attached. The team whose player has the most balloons still attached is the Balloon Master.

## DUCT HEAD

Just add:
. 4 kids

Pick two teams of two kids each. Pick one kid from each team to be the "duct head." Place the nylon stocking over their heads and down to their noses. Wrap a strip of duct tape around their head sticky side out. Wrap it over their eyes. The stocking will keep it from sticking to their hair.

Dump a pile of packing peanuts on the floor and spread them out evenly. Direct the "duct head" to move his head around the floor and pick up the peanuts using the tape. His teammate will tell him where to go to pick up the peanuts. Allow one minute. Count the peanuts as you remove them from the "duct head."

VARIATION: This game can also be done with cotton balls.

HOW TO WIN


Just add:
-all the kids
Divide your group of kids into two teams. For larger groups you can have more teams. Give each team a roll of duct tape. Give the teams 15 minutes to create ANYTHING out of the tape.

At the end of 15 minutes judge each team's creations. The team with the most creative construction wins.

## FLY ON THE WALL

## HOW TO WIN

tape your teammate to the
wall, and make him stick!

Just add: -teams of 4-6

Great fun! Be careful to choose walls that will not be damaged by the duct tape.

HOW TO WIN

## create the strongest shoe holder

You will need 50 sheets of white paper, 10 sheets of construction paper (any color), a small handful of toothpicks (around 30-40), a roll of scotch tape or duct tape, 3 pages of newspaper and 4 wire coated hangers.

## DIRECTIONS

This is a fifteen-minute game. Make two teams of 3-4 kids each. Place the teams at a table with the listed supplies.

On "GO" each team must build a structure on the table that is at least one foot high and holds at least 2 shoes. The idea is for your structure to hold as many shoes as possible. One by one, place shoes from the kids on the structures to see how many shoes each structure can hold without collapsing. The construction that can support the most shoes is the winner.

## COTTON \& NERF <br> BLITZ

HOW TO WIN
stick the most nerf balls and cotton balls on your target

Just add: -6 kids

## DUCT HUNT

## HOW TO WIN

to see which
player comes back with the most found objects

Just add:
-6 kids

Select several players. Wrap duct tape around their heads with sticky side OUT.

Give the players a list of objects to hunt for in the room.

Within a certain time limit, have players hunt for objects on their list. Objects must stick to the duct tape.

The player with the most objects stuck to their head at the end of the designated time wins.

Suggested list of objects: \$1, paper clip, hair bow, sock, candy, chewed gum, broken crayon, penny, etc.

## Tamials



## TOWER OF FLOUR

## HOW TO WIN

> be the team that keeps their penny on top of their tower of flour

Just add:
-all the kids

You will need $120 z$ cups, pennies, butter knives and bags of flour.

DIRECTIONS

Arrange several stations around the room. At each station take a 12 oz cup, and put a penny on the bottom. Then pack it tight with flour. Place a piece of paper on top of the full cup of flour, and flip it upside down on a table. Carefully remove the cup without disturbing the flour. You should now have a tower of flour with a penny on top.

Separate your group into teams and place one team at each station. One person at a time will take a turn. Give the first player a butter knife. The object of the game is to take turns cutting away at the flour without disturbing the penny. The team that keeps their penny in place the longest wins. The person that causes the penny to fall has to pick the penny up with their lips.

HOW TO WIN

## Just add:

-all the kids


## DIRECTIONS

Have the kids make lots and lots of paper airplanes. Then clearly divide the room in half. (The taller the divider the better. A couch works, but a rolling chalk board is even better.)

Put half the kids on each side of the divider. Put half the paper airplanes on each side of the divider. Explain that they can each only throw ONE plane at a time and they must stop when the leader says "stop."

On "go" they throw the airplanes over the divider as fast as they can. Planes will be flying in both directions. Continue for about 3 minutes. Give them a ten second warning and then say "stop." Count the airplanes on each side of the divider. The team with the least number of planes wins.

## WEATHER VANE

> jump in the direction that the director yells and be the last one standing

Just add:<br>-all the kids

## ALPHABET POCKETS

HOW TO WIN
be the team that produces the most objects starting with the given letter

Divide the group into two teams with an aisle or rope down the middle as the dividing line. Call out a letter and see which side can produce the most items from their pockets that start with that letter. Give them one minute. If neither side produces anything, try another letter. The side that produces the most objects wins.

## Just add:

-all the kids

## FAST STRAW

HOW TO WIN
turn the straw around in your mouth without using your hands

Just add:<br>-all the kids

Mark one end of each straw with black permanent ink. Give each contestant a straw. You can have as many contestants as you have straws. Have them put the end with the mark in their mouths.

On "go" the kids try to turn the straw around in their mouth without using their hands. The winner is the first to succeed.

## ALL PLAY NUMBER BLITZ

Instruct each person to scatter around the room. The instructor then tapes a number to the back of each child (however many are in the group). Advise the group that there are only two rules in the game. The rules are: no talking and no holding up fingers to reveal someone's number.

The object of the game is to form a single-file line in numerical order with their assigned numbers.

Hints: The kids can help each other discover their numbers by clapping the number or tapping the person with their number. They can also designate one person to direct where everyone should go, leaving himself last to fit in where there is still an opening.

This can also be played as a team game by breaking the group into 2 or more teams. See which team can line up correctly first.

VARIATION: Allow each child to know their number. Pass out a slip of paper to each child with their number on it. Tell them to read their number and place the paper in their pocket. They can then indicate their number to the other kids by clapping. When they think they are in numerical order, check by viewing the numbers they carry in their pockets.


## HOW TO WIN

## fill your bingo card first

You will need bingo boards and a pen for each player.

## DIRECTIONS

Create Bingo boards using factors that relate to the kids in each square rather than numbers. (For example, one square might be, "Find a person with 3 brothers \& sisters." Another might say, "Find someone who forgot to brush their teeth this morning, or Find someone with a red shoe.")

Give each player a copy of the board and have them go around asking the other kids if they match any of the details on the squares. If a player does, they have to sign their name in that square/s. Give players a time limit. The winner is the first person who gets a Bingo (a completed row) or has the most names.

## ALL PLAY <br> AD BLITZ

## guess the most advertisements correctly

You will need magazines, catalogs, paper, pens and glue.

This is a great test of the children's power of observation (and the power of advertising!)

Cut a good selection of magazine and newspaper advertisements and snip away the obvious clues such as trade names. Paste each of them to a sheet of paper and number them.

Give each player a pencil and paper and allow them ten minutes to write down the name of the product and the manufacturer. Award one mark for each correct answer. The player with the most correct answers wins.


## HOW TO WIN



Allow everyone to move around in an open area while music plays. The leader calls out a number and an object such as, "2, rocking chair!" Participants quickly form groups of two using their bodies to make a rocking chair. Once everyone's made their object and has been suitably congratulated, then it's time for more mingling and the next object!

Some guaranteed hits:

- washing machine • hot air popcorn popper
- toaster - car
- piano - waterfall
- old oak tree • eagle
- elephant - soda machine

A great ending is "Everyone, roller coaster!"
VARIATION: Each time the players form a group, it must be with new people. Once they have formed 4-5 objects, start the second phase. Call out an object that has already been named. The players have to find their old group for that object and recreate the object.

## WHAT SMELLS?

## HOW TO WIN

## guess the smells

You will need 12 small paper bags and 12 different objects with an aroma.

## 

Just add:<br>-all the kids

Test the kids' power of smell!
Fill separate paper bags with a variety of items that have an aroma, such as coffee beans, salami, toothpaste, orange peels, chocolate, and so on. Then tell the kids that they have to close their eyes for this game. Pass the bags around and let the kids smell them without looking inside. Have them write down in order what they think is in each bag. When all the items have gone around, go down the list and see who got them right. Give a point for each right answer. The kid with the most correct answers wins.

VARIATION: To make this an "up front" game, bring 6 kids up front to play rather than passing the bags around the whole group.

## BALLOON ROULETTE

## HOW TO WIN

## do the challenges successfully

## DIRECTIONS

## Just add: -all the kids

Blow up 10-15 balloons and put challenges written on slips of paper inside. (E.g. for younger kids the challenges should be easy like: pat your head and rub your tummy; for older kids make the challenges harder and consider giving them a certain time to complete the tasks.) All players sit in a circle and the "Challenge Balloon" is handed to one of the players. When the music starts, the balloon is passed around the circle. When the music stops, whoever has the balloon has to pop it and do the challenge. If they succeed, they get a prize.

Challenge Ideas:

- Whistle your favorite song
- Stand on your head
- Hum the Star Spangled Banner (just a few measures)
- Snap your fingers
- Spin around 5 times
- Tell everyone your favorite TV show and why
- Spell your name backwards
- Make your funniest face
- Lick your elbow (or just try real hard)
- Make an animal sound
- etc.


## HOW TO WIN



## ALL PLAY <br> MAKE A BUCK

## HOW TO WIN



## SHIPMATES

HOW TO WIN
be the team to get the most objects in your bag

Just add:
-all the kids


## FEET FRENZY FRANTIC SHOE SHUFFLE

# be the team to get all their shoes on first 

## DIRECTIONS

With your group divided down the middle using a center aisle to form two teams, select ten kids from each team to remove one shoe. Collect them using a box for each team.

From each team select two kids who did not remove a shoe to come up front to be "runners" for their teams. Shake up the boxes of shoes and dump them out in front of their respective "runners".

On "go" see which pair of runners can return the correct shoes to their original owners. The owners of the shoes must stay in their seats. The kids must put the shoes back on and stand up after the shoe is replaced.

First team to get all 10 kids standing wins.
VARIATION: Return one shoe at a time instead of carrying an arm load of shoes.

HOW TO WIN

# race to the finish line without dropping the grapes 

Place one grape between two toes on each foot of two kids. Place a finish line 15 feet away.

On "Go," players race to the line and back without dropping any grapes.

Select new kids and try again with two grapes per foot. Then three. Then four.


HOW TO WIN

be the first to shuck an ear of corn with only your feet

Just add:
-3 kids

Select 3 volunteers to "shuck" an ear of corn using only their bare feet. No hands allowed. You may want to put down a tarp if indoors.

Whoever finishes first or has done the best job within a given time is the winner.

Award an appropriate prize, such as a bag of corn chips or corn nuts.


## MARBLE MADNESS

HOW TO WIN

# put the most marbles in your bucket using only your feet 

Just add: -6 kids

Have 6 kids form a circle on the carpet. Have them take off their shoes and socks. Scatter marbles inside the circle. Give each kid a small plastic bucket and have them place it next to them on the floor.

On "go," instruct the kids to pick up marbles with their toes and, still using their toes, drop them in the bucket. Do this until all the marbles are picked up. Then declare the person who has the most marbles in his or her bucket the winner.


## SOCK WRESTLING

HOW TO WIN
be the last player with your socks still on

Just add:
-4-5 kids

You will need 2 gym mats or a square rug.

Choose 4-5 players. Have them take their shoes off and sit around the rug or mats. The idea of the game is for players to remove the socks from their opponents. Players who lose a sock have to leave the ring. The last player with their socks still on wins.
VARIATION: You can play this one-on-one and bring up new challengers to compete against the winner of each round.


## COLD FEET

HOW TO WIN
get the
most
marbles
out of the bucket using only your feet

Fill a five gallon bucket with ice cubes. Put about ten marbles in the bucket. See who can grab a marble (or maybe

Just add:
-any number of kids two or three) with their bare feet and lift it out of the bucket. Time them.

See who can set the best time and get the most marbles.


## PASS THE CORK

HOW TO WIN
pass the most corks down the line using only your feet

Just add:

- 2 teams

Select two teams. Each team forms a line sitting side by side about four feet apart. Have all the players take off their shoes and socks. Using only toes, a cork is passed person to person. The last person in line drops the cork in a bucket.

The winner is the team who passes the most corks in a designated amount of time from start to finish. Skipping a player is not allowed. The leader can start passing a new cork as soon as the first cork is passed to the next player.

## RIGHT FOOT-LEFT

HOW TO WIN
be the
fastest
team to
turn your group in a complete circle

Just add:
-12 kids

Select 2 groups of six kids each. Have each group form a circle by placing their right foot next to the left foot of the individual next to them. Now without breaking contact, move counter clockwise one revolution. See which group can be the first to make the revolution. Reverse direction and try it again.


## FOOT SIGNING CONTEST

HOW TO WIN
get the most signatures on your foot

## DIRECTIONS

Have 4 kids come to the front of the room and remove their shoes and socks. Give each a felt-tipped or ball point pen. On go, they run out into the crowd and see who can get the most signatures on the bottom of their feet in the time limit. No one person can sign more than three feet. Kids can use both feet to get signatures. Signatures must be legible.


## BANANA FOOTPEEL

HOW TO WIN
be the
fastest
to peel a banana with your feet

Just add:
-4 kids
Select 4 kids to come up front. Have them take off their shoes and socks. Hand each of them a banana. Make sure the crowd can see them

When the leader says go, the players peel the banana with their feet as quickly as they can. They can only use their feet to peel the banana. Judge the winner by speed and final condition of the banana.

> transfer
> your
> worms
> from one bucket to another the fastest

Just add: -6 kids

Make sure each bucket of worms has the same amount of worms. You may want to spread a plastic sheet on the floor for easy clean up.

Choose 6 kids to come up front and divide them into teams of two. Have all the players remove their socks and shoes and then sit in chairs facing their teammates. Set a bucket of worms beside one kid from each team. Set an empty bucket next to each of the remaining kids.

The idea of the game is to see which team can transfer all of their worms from one bucket to the next the fastest. They can only use their toes to handle the worms. The first player should dip his feet in the bucket and grab as many worms as he can. He will then pass the worms to his teammate who will put them in his bucket using only his toes. The first to get all their worms in the empty bucket wins.

You can also time this game and see who has the most worms transferred when you say, "stop!"

## TOE JAM

HOW TO WIN

> remove all your marbles from your Jell-o the fastest using only your toes

Just add:
-3 kids
Before beginning, place a sheet of plastic on the floor for easy clean up. Place a pre-counted number of marbles in the roasting pans and fill with a dark colored, firm Jell-o.

Choose 3 volunteers to come up front. Ask them each to remove 1 sock and 1 shoe from one of their feet. (You may want to instruct them to roll up their pant leg.) Place them in chairs each with a jello pan in front of them. On "go" see who can remove all their marbles from their Jell-o first using only their toes.
> remove the most shoes without dumping the bucket

Just add:
-4 kids
 WARDROBE QUICK CHANGE

## HOW TO WIN

be the
fastest team
to have all members put on and take of the clothing

Just add:
-2 teams

## DIRECTIONS

Form two teams with an even number of kids. A kid or leader can be the referee. Line up the teams at one end of the room and place a set of clothing for each team at the opposite end of the room. This will be a race to have each member of the team first put on all the clothes. Then quickly take them off so the next person in the team can put them on. When the team's final person completes this process they are the winners.

The referee is also important, because he will decide if the player has successfully put on the articles of clothing. Until the referee says OK, the next player in the team cannot begin.



HOW TO WIN
be the
fastest to
put clothing
on while keeping a balloon in the air

Just add:

- 2 kids and more


## DIRECTIONS

Select two kids. Give each a balloon, a t-shirt and a pair of shorts. See who can put on the $t$-shirt and shorts the fastest while keeping the balloon in the air by tapping it. Give them one minute. If no one puts on the $t$-shirt and shorts within the time given, then determine who came the closest.

Repeat with new kids.
See who can set the record for the shortest time.

HOW TO WIN
be the fastest to put a tank top on while holding 2 balloons

Select two kids. Give them each TWO balloons and a tank top. See who can put on the tank top the fastest while holding the balloons. They may figure out that it helps to hold at least one balloon between your knees. Give them one minute. If no one can put the tank top on within the time limit, determine who came the closest.

Repeat with new kids. See who can set the record for the shortest time.


# BALLOON BUNDLE BLITZ 

HOW TO WIN
put on all the shirts the fastest with a balloon between your knees

Just add:

- 2 kids

Select two kids. Give each a balloon and position them on the same side of the platform. Place three t-shirts or tank tops on the floor in front of them (two small piles) and three t-shirts or tank tops (two more small piles) on the floor on the other side of the platform.

Tell the kids to place the balloons between their knees and hobble to their pile on the other side of the platform. There they should put on one item and hobble back. Again, they will put on one of the shirts and hobble back to their other pile. They should repeat this until all the items are on or time runs out.

The object of the game is to be the first one to put on all the shirts.

## TEAM BLITZ

Select four kids to form two teams of two. Give each kid a balloon. Dump a pile of clothes on the floor between the two teams. The object is to put on as many items as possible while keeping BOTH balloons in the air at all times. However, one player may keep both balloons in the air while the other

Just add: -4 kids one puts on an item. Then they can switch. Or they can both keep their own balloon in the air while putting on clothes. Strategy is the key to this game. Give them 90 seconds to compete.

IMPORTANT:The team's score is determined by the team member with the LEAST number of items on. This keeps teams from letting one player keep the balloons in the air the entire time while only one puts on clothes. For instance if one team has one player with 1 item on and the other with two, then their score is 1 .


## MUSICAL CLOTHES

## HOW TO WIN



# BLINDED SNOW BUNNIES 

HOW TO WIN
> be the fastest to put on all the snow gear while blinded

Just add:
-3 kids

HOW TO WIN
be the fastest to put on all the items

You will need 3 paper bags, 3 heavy men's gloves, 3 pairs of socks, 3 helmets and 3 blindfolds.

| 告 |
| :--- |
| 总 | in your bag while blindfolded

Just add:
-3 kids

HOW TO WIN
be the
fastest
team to
put on and take off the outfit

Just add:
-2 teams

Collect two full ensembles of 1970's style clothing. (Check out a Goodwill or Salvation Army store if your own closets fail to yield what you need.)

Divide the group into two teams and give each team a complete outfit. Each team member has to put the outfit over his or her own clothes, then run 15 yards and transfer the outfit to the next kid in line. The team that dresses and undresses first wins.

## FASHION BLITZ

## HOW TO WIN

put the most clothes on in 60 seconds

Just add:

- 2 kids and more



## DIRECTIONS

Place the clothes in a clean trash can.
Select a player.
Place the can in front of the player. On "GO" have the player put on as many clothing items as possible. Stop after 60 seconds.

Count the clothes out loud as you help take them off.

Challenge someone to do better.
VARIATION: Time each player to see how long it takes him/her to put on all the clothes. Challenge another kid to beat the record.


## Kanalk



## SQUIRT GUN showdown

HOW TO WIN
be the
fastest team
to squirt all
the shaving cream off a nose

Just add:
-4 kids

Select four kids (two boys and two girls). A team consists of one boy and one girl. Give both of the boys a jump rope and position them facing their girl teammate about 8 feet away. Apply a glob of shaving cream on each of their noses. (NOTE: A glob is about the size of a bottle cap.) Hand each girl a water gun.

Challenge the girls to squirt the shaving cream off of their teammate's nose while he is jumping rope. The least amount of shaving cream on the nose at the end of one minute wins the round. This can be a little bit messy but great fun. Select new kids and repeat.


## HOW TO WIN

## find your whistle first and blow it

You will need 12 whistles, whipped cream and paper plates.


Lay out paper plates on a table and place one clean whistle on each plate. Cover each whistle with more whipped cream. Choose the same number of players as plates. On "go" each player runs to the table, bends over with hands behind their backs and finds the whistle with their mouth. The first to blow the whistle is the winner.

If you're playing this game as a team, the first whistle blower earns points for their team. You could even give the second place team second place points. Clean off whistles with hot soapy water and start again with new plates and fresh whipped cream. You can control the messy factor by how much whipped cream you use on each plate.


## HOW TO WIN

be the fastest bobber

## You will need marshmallows, 2 bowls, 2 buckets of water, 2 bags of flour and apples.

## 

## DIRECTIONS

Begin with a regular game of bobbing for apples. Then, add a new twist. Immediately after bobbing for apples, the person bobs for marshmallows in a bowl of flour. You can just imagine the results. The fastest player to find an apple and then a marshmallow wins
This game is quite messy, so make sure the floor is covered with plastic for quick and easy clean up.


## NOSE ART

## HOW TO WIN

## be the

 best nose artistJust add:
-4 kids

## DIRECTIONS

Choose four artists. Give each artist three different colors of finger paint, an apron and a sheet of paper. Then have them each create a "masterpiece" in one minute's time using only their nose to apply the paint. Have the group vote on the best painting and award a prize to the winner.

VARIATION: Try blindfolding the artists.

You will need finger paints, 4 aprons and several large pieces of paper.

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HOW TO WIN
be the first team to dissolve the AlkaSeltzer

## BEAR HUNT

## HOW TO WIN

> find all your gummi bears first

> You will need a bag of gummi bears, whipped cream and 4 bowls.

Bring 4 kids up front and tell them they are going bear hunting. Bring out 4 bowls of whipped cream with a few gummi bears mixed in. Don't use too much whipped cream or the game might be messier than you want. When the leader says "GO," the 4 kids must find the gummi bears hidden/buried in the whipped cream using only their FACES! No hands.

## 7-UP SPEW

## HOW TO WIN

## just for fun!



## DIRECTIONS

Choose 3 or 4 older elementary kids for this game. Make sure they are up for a good laugh. Hand each volunteer an ALKA-SELTZER and have them place it under their tongue. Don't worry. They won't be able to taste or swallow it with it under their tongue. Now give each player 3-4 ounces of clear carbonated soda such as Sprite or 7-Up. Ask them to see how long they can hold it in their mouths. The truth is none of them will be able to do it because it will explode and spew out of their mouths. HAVE FUN!
 CONTEST

## PICKLE SPITTING



## BUBBLE BLOW

## HOW TO WIN

## find your bubble gum and blow a bubble first

Just add:
-3 kids

Prepare ahead of time by placing a piece of bubble gum in 3 different pie plates and fill them with whipped cream.

Choose 3 volunteers to come up front. Seat them at a table and tell them they must put their hands behind their backs and keep them there. Bring out the pie plates and place in front of each volunteer. Tell them they are going to race to see who can be the first to clean their plate then blow a bubble. Make sure that their hands stay behind their backs. First one to blow the bubble wins.

## SQUEEGEE SHAVE

## HOW TO WIN

get the closest shave using a squeegee

Select four players.
Have two players sit in a chair.
Lather their faces with shaving cream.

Give squeegees to the other two players.

Using the rubber side of the squeegee, shave the cream off their faces.

Cleanest face wins!


## WHAT A MESS! <br> JELLO BLTZ

## HOW TO WIN

be the
first team
to pass a chunk of Jell-O to the end of the line

Just add:
-2 teams
Select two teams of about ten players each.

Position them in two lines.
Hand the first player in each line a tennis racket with a chunk of Jell-O on it.

On "GO" each team will pass their tennis racket down the line to the end. The first team to successfully transport the Jell-O without it falling through the tennis racket wins.

To repeat this game, be sure to have spare Jell-O on hand.

## FLOUR POWER

HOW TO WIN

> cover your opponent with more flour than he covers you

Just add:
-2 kids

Place a lot of flour in each tube sock and tie a rubberband around each open end.

Put the black t-shirts on two players and give them each two tube socks full of the flour.

On "Go" flip the room's light switch on and off while the players hit each other with the tube socks. The game is over when you have switched the light on and off 10 times. The contestant with the least amount of flour on him wins.


## CHEETOS BLITZ

## HOW TO WIN

# be the team with the most stuck Cheetos 

## DIRECTIONS

Select two kids. Smear a thin dab of shaving cream or Vaseline on each one's forehead, cheeks and chin. Select two more kids to underhand toss Cheetos at their partner's face to get them to stick. Instruct the kids "catching" the Cheetos to close their eyes (or wear goggles) as the Cheetos are being tossed. The team with the most Cheetos stuck in one minute wins.

## FISH ATTACK

## HOW TO WIN

## be the team with the best attacked face

Just add:
-8 kids


## FLIP IT OVER

HOW TO WIN
be the team to flip your magic carpet first without anyone falling off

Just add:
-16-24 kids
Set up teams of 8 to 12 players. Each team will be given one shower curtain as a magic carpet and all team members will be standing on it. Start out the game by telling teams the following:

You are on a magic carpet, up in the sky. You've discovered that you're not going anywhere because your carpet is upside down. The object is to flip the carpet so that the players are standing on the opposite side without anyone stepping off into the abyss. You may use your hands. The team that reverses its carpet first without anyone stepping off is the winner.

## BLIND BAG

## identify the most items in your bag while blindfolded

## Just add:

-2 kids

Put miscellaneous items in the large lawn bags, about 20 items in each bag. Some of the items can be duplicates of an item in the other bag and some of the items should be found in only one of the bags.

Blindfold two kids and give each one a bag. On" go " they reach into their bag and hold up an item quicly calling out what they think it is. The winner is the one who can correctly name the most items in 60 seconds.

Item suggestions:
toothbrush / soap / sponge / tennis ball / sock / rock / cup / apple / quarter / hat / glove / shoe / crayon / spoon / screw driver / dollar bill / banana / candy bar / napkin / eraser / piece of bubble gum / book / CD / cassette tape / magazine / and so on.

## TOY MASTER

## HOW TO WIN

complete the shape sorter first while blindfolded

## DIRECTIONS

Just add:
-3 kids

Blindfold 3 volunteers and give each a Shape Sorter. Have them race to see who can finish the quickest.

For extra fun, include a piece with each shape sorter that doesn't fit.


## CEREALBOX PUZZLE <br> BEST UP-FRONT

HOW TO WIN

## be the first team to construct your cereal puzzle

Just add: - lots of kids



## GARGLETHAT TUNE

HOW TO WIN
gargle a tune
so that everyone can understand

Bring 3 students up front. Hand them each a glass of water. Then, one at a time, show the student the name of a familiar song and ask them to gargle that tune. It could be a nursery rhyme or any other familiar song. The rest of the students in the room should be listening close so they can guess the song. Be ready for water through the nose. The player wins if the crowd guesses correctly.


PING PONG PARTY

HOW TO WIN
move your ping pong ball down the line first using only a party blower

Just add:
-several kids

BEST UP-FRONT
BIRTHDAY SCRAMBLE

HOW TO WIN
be the group that lines up first without talking and in order of birthdays

Place five chairs facing the crowd. Pick five kids to sit in the chairs. Tell them not to speak. If they talk, they must return to their seat. Tell them they have to sit in the order of their birthdays based on the month of the year. They have to figure out the order without talking or writing.

Time them. See if any group of five can beat the record, but make sure they haven't worked it out ahead of time. You pick the kids.


## NOTHUMBS ALLOWED

HOW TO WIN
be the first to complete a challenge without using your thumbs

Just add: -6 kids

## DIRECTIONS

Pick six volunteers. Use masking tape to tape their thumbs and forefingers together on both hands. This will keep them from using their thumbs. See who can be the first to complete a "no thumb" challenge.

Here are some"no thumb" challenges you can use:

- Untie and retie your shoestrings.
- Wrap a box with wrapping paper and string.
- Peel a banana and eat it.
- Braid hair.
- Button a coat.



## COTTON NOSE

## HOW TO WIN

pick up the most cotton balls with your nose

Choose two kids. Place 2 containers of vaseline and a plate of cotton on a table between them. Without using their hands, they must dip their noses in the vaseline, and then see how many cotton balls they can pick up and shake off in one minute.

Challenge anyone to try to beat the record.


BEST UP-FRONT

## Q-TIP MISSILES

HOW TO WIN

Just add:
.3 kids and more


## DIRECTIONS

Place a volunteer on a chair in the middle of the stage. Place a paper cup on his head. Select two more volunteers. Give them each a straw and 3 Q-Tips. Stand them behind a line a few feet away from the person in the chair. Have them take turns firing Q-Tips from the straw at the paper cup. See if either of them can knock the cup off of the volunteer's head.
Variation: This can be played in teams of 2 with one player from each team in chairs and their teammates facing them from across the room. The first to shoot the cup off their partner's head wins.

## HOW TO WIN

hold the most items
without dropping any

Just add:
-any number of kids


## DIRECTIONS

You will need a big container with bright decorations on it and the words "Butterfingers" on the front. Place as many items as you can inside the container, using all sorts of shapes and sizes.

Select a contestant. The object of the game is to see how many items he or she can hold without dropping any. When he or she drops an item everyone shouts "Butterfingers!!!" Use umbrellas, balls, hats, heavy things, soft toys, etc. Keep score, and see who can carry the most!

## PEANUTS BLITZ

HOW TO WIN

be the team with the fewest packing peanuts on your side

Just add:

- 8 kids

You will need a box of straws, a small bag of packing peanuts and masking tape.

## n 总 鬲

Use tape to make a line across the floor about four feet long. Choose two teams of four kids each and place one team on one side of the tape and the other on the other side of the tape.

Give each player a straw, and dump a small pile of packing peanuts on the floor along the taped line.

Instruct the players to blow the peanuts over the line to the other team. Set a 45 second time limit.

The team with the fewest peanuts on their side wins.

## COTTON BALL EXPRESS

HOW TO WIN
be the first team to
blow all
their cotton balls off their noses

Just add: -8 kids

## DIRECTIONS

Make two teams of four kids each. Stand both teams up front, shoulder to shoulder. Place a dab of petroleum jelly on each player's nose. Then place a cotton ball on each nose.

On "go," see which team can remove all their cotton balls by blowing on them. Kids blow on their own cotton balls. No hands allowed! Take pictures.

HOW TO WIN
throw your feather the farthest

> You will need 3 feathers, a hula hoop and a tape measure.

## $n$ $\frac{0}{0}$ $\stackrel{0}{\sigma}$ $\stackrel{\omega}{n}$

Lay the hula hoop on the floor. Stand a kid in the hoop and give him a feather. See how far he can throw the feather out of the hoop. Give him three tries. Measure the farthest one. Blowing on your feather while it is in the air is allowed. Challenge kids to see who can break the record.


## HOW TO WIN

just for fun!


## DIRECTIONS

Use a trash can lid as a stencil to cut 7 holes in the sheet of cardboard. It should look like this:

$$
\begin{gathered}
000 \\
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\end{gathered}
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Suspend the cardboard between two tables and tape it securely in place. Have 7 kids crawl under the cardboard and position their heads under the holes. These are your moles. The other kids take the blow-up hammers and try to whack the "moles" as they pop their heads up through the holes.

HOW TO WIN
knock the stocking off the other player's head first

Just add:
-2 kids each other so they don't bang heads.

# CATERPILLAR RACE 

HOW TO WIN
be the first to reach the finish line by inching your way along in a sleeping bag

Just add:
-2 kids


## DIRECTIONS

Choose two participants to be 'caterpillar racers.' Each racer is put in a sleeping bag head first so that they can't see where they are going. Ideally only their feet, if anything, will be visible out the open end. Set up a starting line and a finishing line. On "go" the "caterpillars" must squirm and wiggle their way to the other line.

To add variety and vast amounts of hilarity, set up obstacles like chairs and boxes for them to go over, under, between or around. First one to the finish line is the winner.

## LAUGHTER

 SURVIVAL
## HOW TO WIN

keep the straightest face while facing a crowd

Just add:
-any number of kids

## DIRECTIONS

Stand one kid up front and see if he can go for one minute without laughing. Have everyone in the
crowd make funny faces to try to get him to laugh. When 1 minute is up, pick a new kid to take his place and try it. This is a simple game but lots of fun.

You will need nothing.
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HOW TO WIN

> create the best living sculpture

Just add:
-several teams of 4 kids each plus 3 judges

## THE UGLY BUG

## Just add:

-12 kids

# BEST UP-FRONT <br> <br> PENCIL INTHE <br> <br> PENCIL INTHE BOTTLE 

## HOW TO WIN

## be the first

 to get your pencil into the bottle

## DIRECTIONS

This is a hilarious game and can either be played one-by-one or in a team relay.

Tie string around one end of a pencil. Tie the other end of the string around a child's waist so that the pencil hangs down behind him/her about six inches.

On "go" each kid must stoop down and insert the pencil into a plastic bottle. First individual or team to complete the task wins.

HOW TO WIN
be the
fastest
team to
stand while holding onto a rope

Just add: -teams of8-12 kids

Choose 8-12 kids to sit on the floor in a circle facing each other and placing their feet in the center of the circle. Use a large rope and tie the ends together to make a circle about four feet in diameter. Have the kids hold onto the rope and try to pull themselves to a standing position. This takes team work. Time them and see if another group can beat their record.

HOW TO WIN

## just have fun!

## DIRECTIONS

Just add:

- 8 kids

Select eight kids. Make four pairs, boys with boys and girls with girls, partners facing each other. Designate one to be the morning person and the other to be the image in the mirror. Tell each morning person to do something they would do in the morning: stretch, yawn, brush teeth, put on deodorant, comb hair, look at tongue, wash face, etc. Don't do them too fast. Instruct the mirror image to do the exact same motions. There is no need to identify a winner. Enjoy the spectacle.

## WALKTHE LINE

HOW TO WIN

# walk the line the farthest without stepping off 

## Just add:

- several kids

Place ten feet of masking tape on the floor in a straight line. Challenge kids to come up front and walk on the line with both feet and tell them they will be out if they step off the line. Before the first kid goes tell them there is one more twist to the game. Spin the kid around ten times before starting. See who can go the furthest.


HOW TO WIN
pile the most kids on a tire at one time

Just add:

- several kids

Place a tire on the floor. See how many kids can stand on the tire at one time. They can lock arms, hold hands, or whatever works to stabilize them.

Play it again and see how many can get on the tire in 20 seconds. Then 10 seconds. Then 3 seconds.


# SLOWTHREE-LEGGED RACE 

## HOW TO WIN

> be the first team to cross the finish line

Just add:

- 6 kids

Conduct this game like a threelegged race, only use toilet paper instead of rope. Make two teams of three pairs. If a pair breaks their toilet paper binding, they have to start over. Set the finish line about twenty feet from the starting line. The secret is to move very slowly.


## HOW TO WIN

> guess the item in the hat using only your head

## DIRECTIONS

Get three different types of hats and 12 to 15 small items. Place the items in a bag where they cannot be seen. Pull out one of the items so that the kids cannot see what has been pulled out. Place it inside one of the hats. Challenge a kid to come up front and try to guess the item by feeling it with his head. Carefully place the hat on the player's head without him seeing the item. Instruct the player to hold the hat on while moving his head around to feel the item. The player cannot use his hands to feel the item. He has three guesses in 60 seconds.

## Rules:

- If the hat comes off the child loses.
- If he fails, challenge another kid to identify the same item. Keep trying new kids until the item is identified.
- Use a new item and repeat the challenge.
- Change hats for variety after three or four items.


## WAFFLETOSS

## HOW TO WIN

be the team that catches the waffle most

Just add:

- 2 teams of 2 kids each



## DIRECTIONS

Very simple. Cook about four waffles until they are crisp. (Two of the waffles are backup for when the other waffles begin to fall apart.)

Stand two pairs of kids facing each other about ten feet apart. Give each team of 2 kids a waffle. They will take turns tossing a waffle to each other and trying to catch it on their heads without the use of their hands. Give them 60 seconds to see how many times they can catch the waffle.


## BOXING GLOVE PICKUP

## HOW TO WIN

# pick up the most 

 items with boxing glovesJust add:

- 2 kids

HOW TO WIN

## just have fun!



## DIRECTIONS

Just add:

- 2 kids

This is more of a gag than a game. Put a plugged-in hair dryer under a table. Hide the cord. Empty a bag of Cheetos in a bowl on the table and challenge two kids to come up and stand behind the table facing the group. Tell them that on "go" they have to count the Cheetos in 60 seconds. Count to three. On " 2 " grab the hair dryer and blast the Cheetos out of the bowl all over the table and floor. Then say"3-Go!"This only works once. Make it good!

## SPOON BLITZ

## HOW TO WIN

> get the most ping pong balls into the bucket

Just add:

- 2 kids

You will need 10-12 ping pong balls, a bucket and plastic spoons.

## DIRECTIONS

Select two kids to get down on the floor on hands and knees. Place 10-12 ping pong balls on the floor in front of them. Set a bucket on a table. Give them each a spoon. Tell them to place the handle of the spoon in their mouths and explain that they have two minutes to see how many ping pong balls they can scoop up and put in the bucket. They have to stand up and drop the ball into the bucket.

## WATER HOSE SECRET

HOW TO WIN
repeat the Bible verses after hearing them spoken through a water hose

Just add:

- 2 kids

You will need a clean, 50foot water hose.

Lay a 50 foot water hose on the floor from the classroom to another room next door or down the hall. Select two kids. Send one down the hall (with a worker) and give him five short Bible verses to speak into the hose. It can be a sentence from a verse, or the entire verse. Explain that the child down the hall will say the verse into the hose and the other child will then repeat it to the group before hearing the next verse. They have 60 seconds to see how many verses they can speak through the hose.

## PADLOCK BLITZ

## HOW TO WIN

> open the padlock the fastest

> You will need 2 padlocks and an optional 8 feet of plastic chain.

## 毕

## DIRECTIONS

Just add:

- 2 kids or more


## CLOTHESPIN

PICK-

## HOW TO WIN

pick up
the most items with a clothespin

## DIRECTIONS

Place 10-15 items on the floor. Select four kids. Give each kid a clothespin and see how many items they can pick up with the clothespin and place on a table.

Item ideas: dollar bill, brush, sock, key, shoe, piece of candy, feather, quarter, can of cola, cracker, etc. Some of the items should be easy to pick up and some should be difficult.

## COTTON BOWL

HOW TO WIN
> transfer the most cotton balls from one bowl to another

Blindfold a player and place him in a chair. Set a bowl full of cotton balls on the player's lap and give him a wooden spoon. Using the spoon, the player must take the cotton balls out of the bowl on his lap and put them into an empty bowl on his head. How many cotton balls can he transfer within one minute? Let another player challenge the record.

## OPPO-SITIS

Just add:

- 6 kids


## DIRECTIONS

Make two teams of three kids each.
Give each participant a chair, a hat and a straw. Participants are required to do exactly the opposite of what you are doing. For example, if you sit, they should stand. If you put the straw inside your mouth, they must take it out. If you put on your hat, they should take off their hat. The pace should start slow and get gradually faster and faster. Anyone caught doing the same as you is out. The team with the last participating member wins.


HOW TO WIN
just have fun!

## DIRECTIONS

Just add:

- several kids

You will need a variety of large objects.

This is not a game for the unimaginative. Ask individuals to come up one at a time. Each player must use their imagination and act out as many alternative ideas as they can for the prop they have been given.

Or, you can pass the same object around the circle and see what each player in turn decides to act out. For example, a broom becomes Moses' staff as he parted the Red Sea, a Roman Soldier's sword, or the sword of the Spirit, etc. Use your imagination.


BEST UP-FRONT

## BLITZATHON

## HOW TO WIN

> complete all the tasks the fastest

## Just add:

- several kids

You will need nothing.


## DIRECTIONS

Challenge kids to come up front one at a time and complete these challenges in order. Time them. See who can get the fastest time.

1. Count to 20 with a single breath.
2. Recite the alphabet backwards.
3. Say four very complimentary things about yourself.
4. Sing a verse of a song.
5. Imitate a donkey.
6. Eat a yard of string, rabbit fashion, nibbling it into your mouth. Don't swallow it!
7. Spell your (full) name backwards.

## WHAT'S CHANGED?

HOW TO WIN
be the best at guessing what's changed while you were gone

Just add:

- several kids

Send a couple of players out of the room. Change 10 things in the room. Bring the players back in the room and ask them to guess the changes.

Variation: Select a group of kids to come up front. Instruct the players that will be leaving the room to study the group for a minute before leaving. When they leave the room remove or change pieces of clothing on the remaining group (shoes, jackets, pullovers, pants, caps). When the kids return ask if they can identify what changed.

Variation: When the players leave the room have a few of the kids in the remaining group exchange places. When they return ask "What's changed?"

## PING PONG BLAST

## HOW TO WIN

shoot the ping pong ball off the top of the bottle

Just add:

- 2 kids

Place the ping pong balls on the opening of the bottles. Choose two players and place them about 8 feet from the bottles. Instruct them to shoot the ball off the bottle with a squirt gun. The first to do it is the winner.


# SLOW MOTION NERF SPRINT 

HOW TO WIN
race to the finish line with a ball behind your knees

## Just add:

- 2 kids and more

Select two kids. Mark off a starting line and a finish line about 16 feet apart. Give each kid a Nerf ball and tell them to place it behind their knees, bending the knee to hold the ball in place. On "go" the players race to the finish line while carrying the Nerf ball behind their knees.

Select someone to challenge the winner. Great fun to watch!


## JUST PICK IT UP

## HOW TO WIN

get the prize in the middle of the circle first

Everyone stands in a circle, facing outward and linking arms at the elbows. A prize is put in the center of the circle.

The object is simple: get the prize.
However, the circle must stay unbroken. Players may use their hands, but arms must stay linked with players on either side of them. If the circle breaks, the game starts over.

The winner is obviously the one who grabs the prize!

HOW TO WIN <br> \title{
TALKORGET <br> \title{
TALKORGET SQUIRTED SQUIRTED <br> BEST UP-FRONT
}


## DIRECTIONS

Just add:

- several kids

Give a student a topic like belly button lint. On "go" the kid must talk about the topic for 1-2 minutes (your call). If he stops or repeats himself, he gets squirted.

Repeat with a few more kids choosing different topics each time.

Some possible topics are boogers, bad breath, the importance of the word "um," etc. Be sure to choose funny kids who love to talk.


## HOW TO WIN

## find the hidden cell phone fastest

Before beginning the lesson, ask 2 adults or kids sitting in the audience to keep their cell phones on during the lesson and have them place their phone in a hidden place, purse or pocket, etc. Make sure their phone numbers are programmed into another phone that you will have with you on stage. (Caution: when programing the phone on stage, make sure you don't assign the real name of the person in the phone.)

During the game time, select a kid to come up on stage. Using the phone on stage, dial one of the hidden phones. See how long it takes him/her to find the ringing phone. They may have to press redial if they don't find it within 4 rings. Repeat again with another kid and the other hidden phone. See who can find the phone fastest.

## DANCE OFF

## HOW TO WIN

## dance the best and don't stop!

## Just add:

- 2-4 kids

Ahead of time, create a CD with various 30 second cuts of music. Some suggestions are: The Wiggles (children's TV show), Country Song (something with a lot of twang!), Rock Song (top 40 will suffice), Polka, Opera, Heavy Metal, Bluegrass, Gospel, Cartoon Theme Show (like Sponge Bob), Reggae, Hip Hop (make sure it's clean).

Ask for 2-4 volunteers and invite them up front for a dance contest. Let them know you are going to play some music, and they must dance to the whole CD without stopping. Give them these rules:

1. Each time the music changes, they must change their style of dance or dance move.
2. If anyone stops dancing, they are out.
3. All dance moves should be appropriate and acceptable.

In the end, the audience can pick a winner. They can base their decision on most creative, most silly, best endurance, etc.

## WRAP RACE

HOW TO WIN

> wrap the best present with your teammate

## Just add:

- 2 teams of 2 kids each

Before the game begins, place a table up front with 2 sets of boxes and gift wrap gear. Don't forget the scissors and tape.

Choose 2 teams of 2 kids each to come up front. Place both teams behind the table. Explain that they must work with their teammate to wrap a present. Tell them that the team with the fastest time and best looking gift wins. Say, "On your mark, get set...STOP! I forgot one important detail. One of you must put your left hand in your pocket and the other your right hand in your pocket. And, you have to keep your hand in your pocket the whole time. OK. READY. SET. GO!" Let the kids judge the best wrapped gift in the end.

## NOSE PICKIN'

## HOW TO WIN

## guess whose nose is whose

Just add:

- 10 kids


## BEST UP-FRONT UELING MARKERS

HOW TO WIN
> make
> the most marks
> on your opponents sweat suit

Just add:

- 2 kids


## RUBBERBANDFACE

HOW TO WIN
move the rubber band from your top lip to your bottom lip first

Just add:

- 6 kids



## DIRECTIONS

Select six players, two teams of three, and place them at the front of the room facing the other players.

Place a large rubber band around each one's head.

Adjust the rubber band so that it is positioned between the nose and the top lip. (This already looks funny, and the game hasn't even started.)

Say "Go" and see which three can move the rubber band down below their bottom lips first.

Get your camera!

HOW TO WIN
fasten the most clothes pins to your face or hair

Just add:

- 6 kids

Select six players and place them up front facing the crowd. Don't use kids under age six or kids with long hair for this.

Place a large bag of clothes pins on the floor in front of them.

Give them one minute to fasten as many clothes pins to their face and hair as possible.

Count the clothes pins as you remove them from each player. The one with the most wins.

Be ready to take pictures!


## HOLD IT RIGHT THERE!

HOW TO WIN
hold the most objects without dropping any

Just add:

- 6 kids


# Building your own TP Bazooka 

## Supplies:

Toro Super Electric Blower Vac Model 51592 (some parts will not be used) 4" paint roller that spins freely
(2) $1 / 4 \times 31 / 2^{\prime \prime}$ bolts
(4) $1 / 4^{\prime \prime}$ washers
(2) $1 / 4^{\prime \prime}$ nuts

Scott toilet tissue ( 1000 sheets per roll) - it is important to use the right paper

## Instructions

1. Drill (2) $1 / 4^{\prime \prime}$ holes through the paint roller. The first hole should be $3 / 4^{\prime \prime}$ from the end of roller handle. The second hole should be 3 " from the first hole.
2. Drill (2) $1 / 4^{\prime \prime}$ holes through the blower nozzle. The first hole should be $3^{\prime \prime}$ from the end of the nozzle. The second hole should be 6" from end of nozzle ( $3^{\prime \prime}$ from the first hole).
3. Mount the roller to the bottom of the nozzle.
4. Place a roll of Scott Toilet tissue ( 1000 sheets/roll) over the paint roller. It should roll from the top down - just like at home. :)
5. Plug in blower. Turn on and stand back.
6. TP Bazooka should blast toilet paper 25 feet in the air.

Note: Almost any game is more exiting if you blast kids with toilet paper during the game.


# yep, we've got other stuff... 

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## MINISTRY RESOURCES

for curriculum information go to KidzBlitzCurriculum.com

Kidz Blitz Ministries<br>5028 Ashgrove Rd<br>Nicholasville, KY 40356<br>800.467.1711<br>info@kidzblitz.com

