|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Meal** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast7:30-9am** | **Selection of cereals, toast & yoghurts.** | **Selection of cereals, toast & yoghurts.** | **Selection of cereals, toast & yoghurts.** | **Selection of cereals, toast & yoghurts.** | **Selection of cereals, toast & yoghurts.** |
| **AM Snack** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** |
| **Lunch11:30am** | **Cheese and Broccoli Pasta** | **Mild Chilli with Rice and Nachos** | **Fish Fingers, Mash and Peas** | **Chicken Dinner** | **Cottage Pie with Mixed Vegetables** |
| **Dessert** | **Apple Cake** | **Mixed Berries and Greek Yoghurt** | **Jelly and Ice Cream** | **Banana Delight** | **Arctic Roll** |
| **PM Snack** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** |
| **Afternoon Tea3pm** | **Potato Waffles and Beans** | **Cheese Wraps and Vegetable Sticks** | **Homemade Sausage Rolls** | **Pitta Pizzas** | **Sandwich Thins and Vegetable Sticks** |
| **Dessert** | **Pineapple Sticks** | **Rocky Road** | **Blueberry Muffins** | **Sultana Cookies** | **Melon Slices** |

**Tiny Stars Day Nursery Weekly Menu – Week 2**

**ALL ALLERGIES AND DIETARY REQUIREMENTS CATERED FOR**