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| --- | --- | --- | --- | --- | --- |
| **Meal** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast 7:30-9am** | **Selection of cereals, toast & yoghurts.** | **Selection of cereals, toast & yoghurts.** | **Selection of cereals, toast & yoghurts.** | **Selection of cereals, toast & yoghurts.** | **Selection of cereals, toast & yoghurts.** |
| **AM Snack** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** |
| **Lunch 11:30am** | **Tuna Pasta Bake** | **Sausages with Mash, Vegetables and Gravy** | **Chicken Fajitas** | **Fishcakes, Chips and Beans** | **Roasted Vegetable Pasta with Cheese** |
| **Dessert** | **Swiss Roll** | **Ice Cream and Strawberry Sauce** | **Eaton Mess** | **Berries and Greek Yoghurt** | **School Cake** |
| **PM Snack** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** |
| **Afternoon Tea 3pm** | **Mini Pizzas** | **Mixed Wraps with Vegetable Sticks** | **Cheese and Tomato Whirls with Vegetable Sticks** | **Bagels and Cheese** | **Fish Fingers and Beans** |
| **Dessert** | **Chocolate Cornflake Cake** | **Apple and Carrot Buns** | **Flap Jacks** | **Watermelon** | **Banana Loaf** |

**Tiny Stars Day Nursery Weekly Menu – Week 3**

**ALL ALLERGIES AND DIETARY REQUIREMENTS CATERED FOR**