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| --- | --- | --- | --- | --- | --- |
| **Meal** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast 7:30-9am** | **Selection of cereals, toast & yoghurts.** | **Selection of cereals, toast & yoghurts.** | **Selection of cereals, toast & yoghurts.** | **Selection of cereals, toast & yoghurts.** | **Selection of cereals, toast & yoghurts.** |
| **AM Snack** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** |
| **Lunch 11:30am** | **Chicken Curry, Rice and Naan Bread** | **Sausages, chips and beans** | **Meatballs and Spaghetti** | **Quiche and Salad** | **Chicken Pie with New Potatoes** |
| **Dessert** | **Fruit Crumble** | **Bananas and Custard** | **Lemon Drizzle Cake** | **Berries and Greek Yoghurt** | **Mango and Strawberry Salad** |
| **PM Snack** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** | **Variety of Fruit with Crackers, Rice Cakes or Biscuits** |
| **Afternoon Tea 3pm** | **Hot Dogs** | **Crackers with Cheese and Pate** | **Cheese on Toast** | **Fruit Pastry Pizza** | **Selection of Sandwich Thins** |
| **Dessert** | **Banana Cookies** | **Fruit and Yoghurt** | **Victoria Sponge Cake** | **Pineapple Sticks** | **Scones and Jam** |

**Tiny Stars Day Nursery Weekly Menu – Week 4**

**ALL ALLERGIES AND DIETARY REQUIREMENTS CATERED FOR**