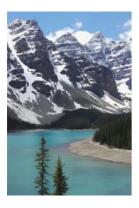


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Including prevention, development, wellness.....

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Certain nutritional supplements can help boost the immune system and keep your family healthy.



P6 Development

Strong bones support physical activity and overall health.

P7 Wellness

Wellness is a state of being in good health, both physically and mentally, and of being free of (and not at risk for) illness.

P9 Longevity

With increasing longevity, mature adults are in the maintenance phase of their lives over one third of their life. It follows then that preservation strategies become increasingly important.



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Contact Us

We love our customers, so feel free to visit during normal business hours.







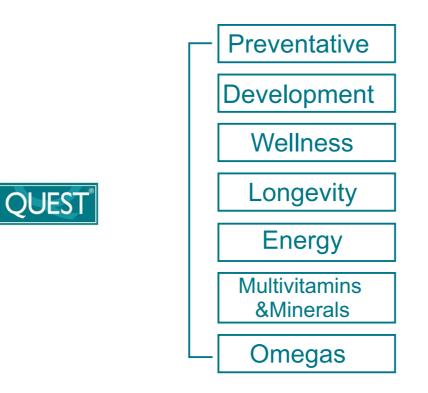
A lot of things have changed In the past years. But one thing Canadians have come to rely on is the unchangeable and unquestionable quality of Quest Vitamins.

Quest was founded in 1976 with six products and a clear mission to provide health-conscious consumers with the highest quality nutritional and herbal supplements available. Today Quest is making more than 280 natural health products branded with its distinguishing blue label, including prevention, development, wellness, longevity, energy, vitamins and minerals as well as omega, different products covering the whole age required nutrition.

At a time when very few vitamin brands actually made their own products, Quest surpassed the technology of the day by designing and building a state-of-the-art manufacturing facility that continues to rank as one of the best supplement plants in North America.

In addition, continuing a corporate tradition of researching and developing innovative products, Quest regularly launches scientifically based new products for improving the health of Canadians. Some of the more recent additions to their large family of products include cranberry, prenatal nutritious, and proteins.









Quest My Little Sunshine™ liquid



liquid Quest My Little Sunshine™ is a convenient

liquid supplement of vitamin D3 for all ages that helps in the normal development and maintenance of bones and teeth and the maintenance of overall good health.



Quest Turmeric-Ginger Complex capsules

Quest Turmeric-Ginger Complex is a unique, antioxidant-rich formula designed specifically to help relieve pain and inflammation. This highquality, advanced herbal combination has been shown to be particularly effective in the treatment of conditions such as rheumatoid arthritis, osteoarthritis, bursitis, and tendonitis.



Quest Vitamin D3 1000 IU tablets

Quest Vitamin D3 1,000 IU is a superior supplement of the most bioavailable form of vitamin D. This vitamin is essential for normal development and maintenance of bones and teeth, preventing rickets, osteomalacia, and osteoporosis; it supports breast, colon, prostate, and ovarian health; and it is an important factor in overall health.



Quest D-Mannose with Cranberry vegetarian capsules

Quest D-Mannose with Cranberry is a naturally occurring simple sugar that can help to prevent and treat recurrent urinary tract infections (UTIs). This exclusive formula is recommended for people who experience frequent UTIs as an effective alternative to antibiotic treatment that won't disrupt normal intestinal microflora.



Quest Zinc Lozenges lozenge

Quest Zinc Lozenge with is a delicious, high-quality, easily absorbed lozenge to help offset the symptoms of colds and flu. These lozenges consist of zinc and vitamin C, known for their immune-enhancing activities, and Echinacea, a herb that is well known for its infection-fighting properties.



Quest Vitamin C 1000 mg Timed Release tablets

Quest Vitamin C 1000 mg Timed Release is a high-quality vitamin C supplement formulated to release the vitamin C gradually over a period of four hours, thus keeping the tissues saturated and replenished with the vitamin C that is used up during physiological activities. This supplement is also enhanced with citrus bioflavonoids for added potency. Vitamin C helps to protect all body tissues from damage by free radicals and toxins. This nutrient plays an important role in the normal development and maintenance of bones, teeth, gums, cartilage, and skin. Vitamin C with citrus bioflavonoids helps maintain the structural health and permeability of capillaries, thus helping to prevent bleeding disorders, including spider veins, varicose veins, hemorrhages, and easy bruisina.



Quest Vitamin C 500 mg with Grape Seed tablets

Quest Vitamin C plus Grape Seed provides 500 mg of Vitamin C and 16.7 mg of a 60:1 grape seed extract, equivalent to 1000 mg of grape seed. The formula is enriched with citrus bioflavonoids and quercetin for a powerful daily dose of antioxidants.



Quest Vitamin C 1000 mg Timed Release tablets

Quest Vitamin C 1000 mg Timed Release is a high-quality vitamin C supplement formulated to release the vitamin C gradually over a period of four hours, thus keeping the tissues saturated and replenished with the vitamin C that is used up during physiological activities. This supplement is also enhanced with citrus bioflavonoids for added potency. Vitamin C helps to protect all body tissues from damage by free radicals and toxins. This nutrient plays an important role in the normal development and maintenance of bones, teeth, gums, cartilage, and skin. Vitamin C with citrus bioflavonoids helps maintain the structural health and permeability of capillaries, thus helping to prevent bleeding disorders, including spider veins, varicose veins, hemorrhages, and easy bruisina.





Quest >Product introduction > Solutions>Preventative



Quest Folic Acid tablets

Quest Folic Acid is a high-quality folic acid supplement with vitamin B12. Folic acid and B12 work together synergistically in the human body, where they are involved with the metabolism of amino acids and the synthesis of proteins. Folic acid is vital to healthy cell division and replication; therefore, there is an increased need for this nutrient during illness, injury, and surgery, when the body needs to repair itself. A deficiency in folic acid or vitamin B12 can lead to certain types of anemia. Pregnant women and the elderly often benefit from folic acid and B12 supplementation.



Quest Synergistic Zinc 20 mg caplets

Quest Synergistic Zinc 20 mg is a highquality zinc supplement that includes copper and beta carotene to ensure the bioavailability and bioactivity of zinc. Soil de ficiency of zinc is widespread in North America, often resulting in de ficiency in the diet. Zinc is essential for many physiological processes, including growth and development, reproductive health, wound healing, and the immune system.



Quest Osteo-Logic™ tablets

Quest Osteo-LogicTM is a unique, highquality formula designed to help reduce the risk of developing osteoporosis, particularly in women after menopause. Osteo-LogicTM contains minerals and vitamins essential to maintain bone health, as well as ipriflavone (lprigenTM), a safe alternative to high-dose estrogen therapy, to help maintain bone integrity.



Quest Cranberry Extract tablets

Quest Cranberry Extract is an exceptional natural remedy for the prevention of urinary tract infections (UTIs). UTIs are caused by bacteria, in particular, Escherichia coli, which stick to cells that line the bladder. Cranberry extract prevents the E. coli from adhering to the bladder lining.



Quest Zinc Citrate 50 mg tablets

Quest Zinc Citrate 50 mg is a high-quality, easily absorbed form of zinc. Zinc is essential for many physiological processes, including growth and development, reproductive health, wound healing, and the immune system.



Quest Chromium 200 mcg tablets

Quest Chromium GTF 200 mcg is a highly absorbable and bioactive form of chromium. Chromium is an essential part of the GTF (glucose tolerance factor) molecule, which is necessary for the metabolism of glucose, the fuel our body uses for energy, helping to prevent diabetes (high blood sugar) and hypoglycemia (low blood sugar). In addition, chromium helps regulate the balance of blood cholesterol levels.



Quest Enzyme Digest tablets

Quest Enzyme Digest is carefully formulated to provide a full spectrum of digestive enzymes to break down protein, fats, and carbohydrates. The digestive enzymes in this formula are required to extract the nutritional value from these macronutrients, converting large complex molecules into small, readily available subunits.



Quest Lutein capsules

Quest Lutein is a high-quality antioxidant supplement providing lutein and zeaxanthin, carotenoids that support the eyes and skin. These antioxidants help protect against agerelated macular degeneration (AMD) and may protect against age-related cataract formation.







Quest Milk Thistle Extract Formula caplets

Quest Milk Thistle Extract Formula is an exceptional natural formula of five carefully chosen herbs to help protect the liver and improve its function. Milk thistle has been used traditionally to treat liver cirrhosis, chronic hepatitis, and gallbladder disorders.



Quest L-Lysine capsules

Quest L-Lysine is a superior amino acid supplement. Lysine is an essential amino acid; that is, the body cannot manufacture it and it must be obtained from the diet or supplements. Lysine is particularly helpful for the prevention and treatment of herpes outbreaks. In addition, it helps to prevent osteoporosis by enhancing the absorption of calcium.



Quest Synergistic Iron 25 mg capsules

Quest Synergistic Iron 25 mg is a unique, high-quality, hypoallergenic form of chelated iron that is both gentle and extremely effective. This supplement is formulated with bloodbuilding cofactors vital for the absorption and utilization of iron. Iron is necessary to prevent iron de ficiency anemia, a serious condition in which the body absorbs too little iron. Iron is essential for an energetic body, a sharp mind, and a strong immune system.



Quest Synergistic Selenium 200mcg capsules

Quest Synergistic Selenium 200 mcg is a highquality antioxidant supplement providing selenium with vitamins C and E in a synergistic formula that maximizes the absorption and utilization of each nutrient. Antioxidant nutrients are powerful anti-aging factors, protecting cells from oxidative and free radical damage throughout the body. Selenium, an essential trace mineral, is known as an antioxidant and immune-enhancing nutrient that is particularly protective against cancer.



Quest Magnesium Bisglycinate vegetable capsules

Quest Magnesium Bisglycinate helps body to metabolize carbohydrates,fats and proteins. Helps in development and maintenance of bones and teeth and maintains proper muscle function.



Quest Super C 500 mg capsules

Quest Super C 500 mg plus bioflavonoids, Rutin and Rosehips is a unique vitamin C supplement. This powerful formula helps to protect all body tissues from damage by free radicals and toxins. Vitamin C plays an important role in the normal development and maintenance of bones, teeth, gums, cartilage, and skin. The additional bioflavonoids work synergistically with vitamin C to help maintain the structural health and permeability of capillaries, thus helping to prevent bleeding disorders, including spider veins, varicose veins, hemorrhages, and easy bruising.





Quest Glucosamine Shellfish Free caplets

Quest Glucosamine Shellfish Free is safe for those with shellfish allergies and suitable for vegetarians. Derived from corn, this new, premium-quality shellfish-free glucosamine is manufactured using no solvents or chemicals that could reduce its effectiveness. Glucosamine offers a natural, safe, and scientifically validated support for individuals who suffer from the effects of aging joints. This support can be used on its own or as a complement to conventional medical therapy.



Quest Cal-Mag Chewable chewable tablets

Quest Cal-Mag Chewable is a high-quality supplement containing calcium and magnesium in a 2:1 ratio, plus vitamin D3. The spearmint flavour gives this product a refreshing taste and makes it ideal for those who want the benefits of a high-potency calcium and magnesium supplement, but have difficulty swallowing tablets. Calcium and magnesium are vital components of bone and tooth metabolism, and both participate in energy production, muscle contraction, nerve function, and the maintenance of the acid-alkali balance of body fluids. Vitamin D is essential for the absorption of calcium.



Quest Triple Strength Glucosamine Sulfate tablets

Quest Glucosamine Sulfate Complex is a high-quality, high-potency supplement that offers a natural, safe, and scientifically validated support for individuals who suffer from the effects of aging joints. This support can be used on its own or as a complement to conventional medical therapy.



Quest Calcium Citrate with Magnesium & Vitamin D tablets

Quest Calcium Citrate with Magnesium and Vitamin D is a high-quality supplement containing calcium citrate, an easily absorbed form of calcium, with magnesium in a 2:1 ratio, plus vitamin D3. This synergistic formula is designed for the best absorption and utilization of these three nutrients. Calcium and magnesium are vital components of bone and tooth metabolism, and both participate in energy production, muscle contraction, nerve function, and the maintenance of the acid-alkali balance of body fluids. Vitamin D is essential for the absorption of calcium.



Quest MSM/GLS™ tablets

Quest MSM/GLS combines two nutrients, MSM (methylsulfonylmethane) and GLS (glucosamine sulfate), that have been shown to relieve joint pain and contribute to the health of joint tissue. This high-quality supplement offers natural and safe support for individuals with degenerative joint conditions such as osteoarthritis. This support can be used on its own or as a complement to conventional medical therapy.



Quest Cal-Mag Complete tablets

Quest Cal-Mag Complete is a high-quality, synergistic formula containing calcium and magnesium in the ideal 1:1 ratio, plus vitamin C, vitamin D3, and zinc. Calcium and magnesium are vital components of bone and tooth metabolism, and both participate in energy production, muscle contraction, nerve function, and the maintenance of the acid-alkali balance of body fluids. Vitamin C is essential for the growth and repair of all tissues, and it is needed for the formation of collagen, bone, and cartilage. Vitamin D is essential for the absorption of calcium. Zinc has many functions in the body and is also found in high concentrations in bone.



Quest Premium Glucosamine Sulfate 500 mg capsules

Quest Premium Glucosamine Sulfate 500 mg is a high-quality supplement that offers a natural, safe, and scienti fially validated support for individuals who suffer from the effects of aging joints. This support can be used on its own or as a complement to conventional medical therapy.



Quest High Potency Calcium and Vitamin D caplets

Quest High Potency Calcium and Vitamin D is a high-quality formula designed for individuals who want to get a high dosage of elemental calcium in one convenient caplet. Calcium is a vital component of bone and tooth metabolism and it plays a role in energy production, muscle contraction, nerve function, and the maintenance of the acid-alkali balance of body fluids. Vitamin D is essential for the absorption of calcium.







Quest Lycopene capsules

Quest Lycopene is a high-quality, easy-toswallow antioxidant supplement that supports prostate health.



Quest Green Tea Phytosome Complex capsules

Quest Green Tea with Phytosome™ 140 mg is a unique, high-quality formula designed to protect against cardiovascular disease. A potent antioxidant, green tea has been shown to lower overall cholesterol and raise HDL (good) cholesterol and protect against atherosclerosis. Green tea may also help reduce blood pressure, and it can inhibit the in flammatory processes that can lead to cardiovascular disease.



Quest L-Glutamine capsules

Quest L-Glutamine is a superior amino acid supplement. This amino acid is one of the few compounds that can cross the bloodbrain barrier and participate in brain chemistry. In the brain, L-glutamine is converted to glutamic acid, which serves as an energy source for the brain, a role that only it and glucose (blood sugar) can fulfill.



Quest Amino Complex capsules

Quest Amino Complex is a superior formula of amino acids, providing both essential and nonessential amino acids in a highly bioavailable form. Amino acids are the building blocks of protein, and protein is essential for growth, maintenance, and repair of all body tissues, and they are vital to the formation of hormones, enzymes, and antibodies. This supplement is ideal for athletes and others who require preformed amino acids to support healthy tissue growth and repair.



Quest St. John's Wort capsules

Quest St. John's Wort is a high-quality herbal remedy for mild to moderate depression. St. John's wort has been documented in traditional herbal references for centuries, and has been shown to be as effective as several pharmaceutical antidepressants for cases of minor depression.



Quest Black Cohosh tablets

Quest Black Cohosh is an exceptional herbal supplement that has been used for centuries by Native Americans for "women's problems." Black cohosh is helpful for menopausal symptoms, such as hot flashes, night sweats, and vaginal dryness, as well as menstrual irregularities and premenstrual syndrome (PMS).





Quest Grape Seed Extract tablets

Quest Grape Seed Extract is a high-quality, powerful antioxidant supplement that supports vascular health, particularly the tiny blood vessels called capillaries. Grape seed extract is helpful for capillary fragility, peripheral chronic venous insufficiency, and disorders of the small blood vessels of the retina.



Quest SAM-e tablets

Quest SAM-e (S-adenosyl-L-methionine) is a high-quality nutritional supplement that supports emotional health through its role in the manufacture of neurotransmitters that control relaxation and happiness, joint care through its role in the building of cartilage, and liver function through its role in detoxi fication.



Quest Melatonin capsules

Quest Melatonin is a high-quality supplement to help increase sleep time. Melatonin is a hormone that helps regulate our natural circadian rhythm (sleep-wake cycle). As we age, our natural production of melatonin decreases, leading to sleeping problems. Supplemental melatonin can help improve recovery from shift work or jet lag, and thus diminish fatigue.



Quest >Product introduction > Solutions>Longevity



Quest L-Arginine capsules

Quest L-Arginine is a superior amino acid supplement. Arginine is considered a "conditionally essential" amino acid because, although the body can normally manufacture it, during periods of stress or if a person is malnourished, arginine can be depleted and it must be obtained from food or supplements. Arginine plays a vital role in many processes in the body, including wound healing, immune support, cardiovascular support, hormone production, and enhancement of sexual function.



Quest L-Taurine capsules

Quest L-Taurine is a superior amino acid supplement. This amino acid has a role as a neuromodulator in nerve transmission. In the heart, taurine strengthens heart contraction, stabilizes heart calcium levels, and prevents arrhythmic heart beats. It has been reported that taurine prevents the side effects of digitalis and enhances its heartbeat strengthening effect. Under certain conditions, such as physical exertion, disease, or injury, the body may not be able to synthesize enough taurine to meet demands.



Quest Vitamin E 400 IU softgels

Quest Natural Ratio Vitamin E 400 IU is a highquality vitamin E supplement that contains not only d-alpha-tocopherol, but also beta, gamma, and delta tocopherols in the ratio that occurs in nature. Vitamin E protects the brain, nerves, muscles, heart, arteries, glands, reproductive system, and digestive organs from oxidative damage throughout life. Vitamin E also protects the lungs against damage from air pollution and cells from damage by toxic chemicals in food and water.



Flush-Free[™] Niacin capsules

Quest Flush-Free™ Niacin is a high-quality vitamin B3 supplement. Niacin (a form of vitamin B3) has long been prescribed for the treatment of cardiovascular conditions such as high cholesterol and triglyceride levels and poor circulation. Niacin also improves glucose, lipid, protein, and sterol metabolism. The flushing side effect of niacin that may occur at the dosages that may be required for therapeutic effect often prove troubling; however, by combining niacin with inositol (inositol hexaniacinate), this supplement confers the bene fits of niacin without the unpleasant side effects.



Quest Ginkgo Biloba Extract tablets

Quest Ginkgo Biloba Extract 60 mg plus citrus bioflavonoids is a high-quality herbal formula that helps enhance memory and cognitive function and support peripheral circulation.



OLIEST

min E

Quest Vitamin E 800 IU capsules

Quest Natural Ratio Vitamin E 800 IU is a highquality vitamin E supplement that contains not only d-alpha-tocopherol, but also beta, gamma, and delta tocopherols in the ratio that occurs in nature. Vitamin E protects the brain, nerves, muscles, heart, arteries, glands, reproductive system, and digestive organs from oxidative damage throughout life. Vitamin E also protects the lungs against damage from air pollution and cells from damage by toxic chemicals in food and water.

Quest Dry Formula Vitamin E 400 IU plus Selenium capsules

Quest Dry Formula Vitamin E 400 IU is a highquality vitamin E supplement that contains dalpha-tocopherol and Selenium. Vitamin E protects the brain, nerves, muscles, heart, arteries, glands, reproductive system, and digestive organs from oxidative damage throughout life. Vitamin E also protects the lungs against damage from air pollution and cells from damage by toxic chemicals in food and water.

Flush-Free[™] Niacin capsules

Quest Flush-Free™ Niacin is a high-quality vitamin B3 supplement. Niacin (a form of vitamin B3) has long been prescribed for the treatment of cardiovascular conditions such as high cholesterol and triglyceride levels and poor circulation. Niacin also improves glucose, lipid, protein, and sterol metabolism. The flushing side effect of niacin that may occur at the dosages that may be required for therapeutic effect often prove troubling; however, by combining niacin with inositol (inositol hexaniacinate), this supplement confers the bene fits of niacin without the unpleasant side effects.



QUEST[®] Since 1976





Quest Vitamin B6 tablets

Quest Vitamin B6 is a high-quality nutritional supplement. Vitamin B6 is one of the most essential and widely utilized vitamins in the body. It is required for healthy skin, mucous membranes, blood, and blood vessels. This vitamin is also necessary for properly functioning nervous and immune systems, and it is known to be helpful for the treatment of premenstrual syndrome (PMS), depression, carpal tunnel syndrome, cardiovascular disease, diabetes, and asthma.



Quest Super Stress B + C 1000 mg tablets

Quest Super Stress B + C 1,000 mg is a highquality, high-potency B-complex supplement with added vitamin C, making this an excellent formula for helping the body deal with the effects of stress.



Quest Mega B-50 tablets or capsules

Quest Mega B-50 is a high-quality vitamin Bcomplex supplement providing 50 mg of the major B-complex vitamins, plus folic acid, vitamin B12, and biotin. The B vitamins are essential for helping the body to deal with stress and to maintain healthy skin, hair, eyes, and muscle tone in the gastrointestinal tract.



Quest Mega B-100 Time Release tablets

Quest Mega B-100 Time Release is a highquality, megadose vitamin B-complex supplement providing 100 mg of the major Bcomplex vitamins, plus folic acid, vitamin B12, and biotin in a time-release format that helps assure nutritional benefit throughout the day. The B vitamins are essential for helping the body to deal with stress and to maintain healthy skin, hair, eyes, and muscle tone in the gastrointestinal tract.



Quest Coenzyme Q10 Ubiquinone tablets

Quest Coenzyme Q10 Ubiquinone 50 mg is a high-quality supplement for the maintenance and support of cardiovascular health. In addition to its heart-protective properties, coenzyme Q10 (CoQ10) is a powerful antioxidant that helps maintain overall good health.



Quest Maca capsules

Quest Maca is a high-quality herbal supplement that has a long history of use in Peru for its energy-enhancing effects.





Quest Kid's Daily One™ chewable tablets

Quest Kid's Daily One™ Chewable is a highquality, well-balanced, one-a-day multivitamin and mineral supplement designed specifically to meet the needs of children from 4 to 13 years. Formulated as a great-tasting chewable tablet, this supplement provides all the nutrients required to maintain children's overall good health.



Quest Her Daily One™ for Women capsules

Quest Her Daily One[™] for Women is a highquality, well-balanced, one-a-day multivitamin and mineral supplement designed specifically to meet the life-stage and gender needs of women. Formulated as a capsule, this supplement is easily absorbed and easy to swallow, and it provides all the nutrients required for healthy skin, a strong immune system, and overall good health.



Quest His Daily One™ for Teen Boys capsules

Quest His Daily One[™] for Teen Boys is a highquality, well-balanced, one-a-day multivitamin and mineral supplement designed specifically to meet the life-stage and gender needs of teen boys. Formulated as a capsule, this supplement is easily absorbed and easy to swallow, and it provides all the nutrients required for healthy skin, proper muscle function, and overall good health.



Quest His Daily One™ for Mature Men 50+ capsules

Quest His Daily One[™] for Mature Men 50+ is a high-quality, well-balanced, one-a-day multivitamin and mineral supplement designed specifically to meet the life-stage and gender needs of men over 50. Formulated as a capsule, this supplement is easily absorbed and easy to swallow, and it provides all the nutrients required to maintain muscle function, immune function, eyesight, and overall good health.



Quest Her Daily One™ for Teen Girls capsules

Quest Her Daily One[™] for Teen Girls is a highquality, well-balanced, one-a-day multivitamin and mineral supplement designed speci fically to meet the life-stage and gender needs of teen girls. Formulated as a capsule, this supplement is easily absorbed and easy to swallow, and it provides all the nutrients required for healthy skin, bones, and teeth and the maintenance of immune function and overall good health.



Quest Her Daily One™for Mature Women 50+ capsules

Quest Her Daily One[™] for Mature Women 50+ is a high-quality, well-balanced, one-a-day multivitamin and mineral supplement designed specifically to meet the life-stage and gender needs of women over 50. Formulated as a capsule, this supplement is easily absorbed and easy to swallow, and it provides all the nutrients required for healthy skin, bones, and teeth and the maintenance of good health.



Quest His Daily One[™] for Men capsules

Quest His Daily One[™] for Men is a high-quality, well-balanced, one-a-day multivitamin and mineral supplement designed specifically to meet the life-stage and gender needs of men. Formulated as a capsule, this supplement is easily absorbed and easy to swallow, and it provides all the nutrients required to maintain muscle and immune function and overall good health.



Quest Her Daily One™ for Women chewable

Quest Her Daily One[™] for Women Chewable is a high-quality, well-balanced, one-a-day chewable multivitamin and mineral supplement designed specifically to meet the life-stage and gender needs of women. Formulated as a great-tasting chewable tablet, this supplement provides all the nutrients required for healthy skin, a strong immune system, and overall good health.







Quest Premium Multi-Cap with Iron capsules

Quest Premium Multi-Cap is a superior, balanced multivitamin and mineral supplement with iron. This formula contains a complete spectrum of essential vitamins and minerals with moderate amounts the B-complex vitamins, which provide energy and help reduce the symptoms of stress. This is an excellent formula for those requiring supplemental iron, and the vitamin C helps in the absorption of iron.



Quest Super Once A Day Time Release Multiple Vitamins and Chelated Minerals tablets

Quest Super Once A Day Time Release Multiple Vitamins and Chelated Minerals is a premier multivitamin and mineral formula that provides megadose nutrition in a single tablet. The time release format gives a continuous supply of nutrients, assuring maximum utilization of each ingredient. This supplement contains a complete spectrum of essential vitamins and easily absorbed amino acid-chelated minerals in a formula that also maximizes bioavailability and physiological bioactivity of the nutrients



Quest Premium Multi-One with Niacinamide tablets

Quest Premium Multi-One with Niacinamide is a superior, balanced multivitamin and mineral supplement. This formula contains a complete spectrum of essential vitamins, including higher quantities of the essential B-complex vitamins, which provide energy and help prevent symptoms of stress. The vitamin B3 in this formula is supplied as niacinamide, the form that does not cause the characteristic flush associated with niacin, the other form of vitamin B3.



Quest Prenatal, capsules

Quest Prenatal is a high-quality, well-balanced multivitamin and mineral supplement designed specifically for mothers-to-be. Formulated as a capsule, this supplement is easily absorbed and easy to swallow, and it provides expecting mothers with optimal levels of nutrients to support fetal growth and development, including a daily dose of 1 mg of folic acid to protect the infant from neural tube defects such as spina bifida.



Quest Premium Multi-Cap Iron Free capsules

Quest Premium Multi-Cap Iron-Free is a high quality, well-balanced, one-a-day multivitamin and mineral supplement that is particularly suitable for seniors, adult men, and others who do not need supplemental iron. This easy-toswallow supplement provides all the nutrients required to maintain overall good health.



Quest Maximum Once A Day Multiple Vitamins and Minerals with Beta Carotene tablets

Quest Maximum Once A Day Multiple Vitamins and Minerals with Beta-Carotene is one of the most potent multiple vitamin and mineral formulas available. This superior, balanced formula contains a complete spectrum of essential vitamins, including high quantities of vitamin C and the essential B-complex vitamins, which provide energy and help prevent symptoms of stress. Maximum Once A Day also contains betacarotene, a powerful antioxidant that is converted to vitamin A according to the body's demands.



Quest Adult Chewable Multivitamin chewable tablets

Adult Chewable Multivitamin is a superior multivitamin and mineral supplement for those who have trouble swallowing large tablets, and yet are still looking for a quality multivitamin.







Quest Mommy To Be-Preparation tablets

The PreNu Mommy To Be - Preparation compound nutrient uses scientific formula to provide nutrition to support optimal female fertility. It enhances the egg quality, improves the chance of conception and the overall health of the embryo. This product is rich in key trace elements that help to maintain normal ovulation and a good health level of the egg. The formula is balanced and developed scientifically. It helps to meet your daily nutritional needs and prepare you to have the optimal physical condition to generate new life.



Quest Mommy To Be 1st Trimester tablets

PreNu Mommy To Be -1st Trimester compound nutrients at the early stage of pregnancy uses scientific formula to provide nutrition, support and maintenance for the good health of fetuses and females at the early stage of pregnancy. It also improves the immunity of the pregnant women and the embryo health level. This product is rich in important trace elements that help maintain the health level of the embryo. The formula is balanced and developed scientifically. It helps to meet your daily nutritional needs and optimize your physical condition for nurturing new life.



Quest Mommy To Be 3rd Trimester tablets

PreNu Mommy To Be - 3rd Trimester compound nutrients at the late stage of pregnancy uses scientific formula to provide nutrition, support and maintenance for the good health of fetuses and females at the late stage of pregnancy. It also improves the immunity of the pregnant women and the embryo health level. This product is rich in important trace elements that can help maintain the health level of women and the embryos. The formula is scientific and balanced. It supplements your daily diet, helps to meet your daily nutritional and health needs. In addition, it helps you adjust your physical condition and prepares you for the arrival of new life.



OUEST

Quest Daddy To Be-Preparation tablets

The PreNu Daddy To Be-Preparation compound nutrient uses scientific formula to provide nutrition to support optimal male fertility. It maintains a healthy quntity and quality of male semen. Thus, it improves the conception rate and the overall health of the embryo. This product is rich in key trace elements that help the formation and maintenance of healthy sperms. The formula is balanced and developed scientifically. It helps to meet your daily nutritional needs and prepare you to have the optimal physical condition to generate new life.

Quest Mommy To Be 2nd Trimester tablets

PreNu Mommy To Be - 2nd Trimester compound nutrients at the middle stage of pregnancy uses scientific formula to provide nutrition, support and maintenance for the good health of fetuses and females at the middle stage of pregnancy. It also improves the immunity of the pregnant women and the embryo health level. This product is rich in important trace elements that help maintain the health level of the pregnant women and the embryos. The formula is developed scientifically. The ingredients are mixed with a balanced ratio. It supplements your daily diet, helps to meet your daily nutritional needs and optimize your physical condition for nurturing new life.

Quest LactaNu for New Mommy tablets



LactaNu for New Mommy compound nutrients at the breast-feeding stage uses scientific formula to provide nutrition and support for the good health of females at the breast-feeding stage. This product is rich in important trace elements that contribute to the maintenance of women's health and the balanced nutrition of the milk. The formula is scientific and balanced. It supplements your daily diet, helps to meet your daily nutritional and health needs. In addition, it helps you recover after birth and helps in nursing new life.







Quest Omega-Mood™ capsules

Quest Omega-Mood[™] is a high-quality blend of carefully selected concentrated fish oils that provide a high ratio of the omega-3 fatty acids EPA and DHA. Research shows that countries with a higher intake of fish, and therefore, a greater intake of omega-3 fatty acids, have a lower incidence of depression. Consequently, adding a source of omega-3 fatty acids to the diet may help to ease symptoms of depression and other mood disorders such as schizophrenia, seasonal affective disorder (SAD), postpartum depression, and bipolar disorder or manic depression.



Quest Flax Seed Oil capsules

Quest Flax Seed Oil is a high-quality, certified organic, balanced source of omega-3 and omega-6 essential fatty acids, which are needed for good health. The body does not make these essential healthy fats, and so they must be obtained from the diet or supplementation.



Quest Omega Smart 1000 mg capsules

Quest Omega-Smart[™] Fish Oil 1000 mg is a high-quality blend of fish oils that provide the essential fatty acids DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid). DHA and EPA are required for the proper development of the brain and central nervous system.



Quest Total EFA 1200 mg capsules

Quest Total EFA 1200 mg supplies your daily needs for essential fatty acids (EFAs) in an ideal ratio of omega-3, omega-6, and omega-9 from borage, fish, and flax seed oils. This high-quality EFA supplement supports overall health, the cardiovascular system, the immune system, and brain function and development.



Quest Triple Fish Oil 1000 mg capsules

Quest Triple Fish Oil 1000 mg is a high-quality blend of carefully selected concentrated fish oils that provide an excellent source of omega-3 fatty acids. These essential fatty acids, EPA and DHA, offer several cardiovascular benefits, including balancing cholesterol, decreasing triglycerides, and reducing blood pressure. EPA and DHA also prevent blood clotting and reduce inflammation, protecting against heart attacks and strokes. These essential fatty acids also have been shown to reduce joint swelling, decrease morning stiffness, and greatly reduce pain.



Quest Evening Primrose Oil 1000 mg capsules

Quest Evening Primrose Oil 1,000 mg is a superior, high-quality evening primrose oil (EPO) supplement that supplies 10% gammalinolenic acid (GLA). Some individuals convert linoleic acid (LA) to GLA very slowly or not at all, yet GLA is needed to make prostaglandins that regulate cell activity in the body, maintaining the health of all tissues and organs. EPO may have anti-in flammatory and antithrombotic activities





Quest Evening Primrose Oil 500 mg capsules

Quest Evening Primrose Oil 500 mg is a superior, high-quality evening primrose oil (EPO) supplement that supplies 10% gamma-linolenic acid (GLA). Some individuals convert linoleic acid (LA) to GLA very slowly or not at all, yet GLA is needed to make prostaglandins that regulate cell activity in the body, maintaining the health of all tissues and organs. EPO may have anti-in flammatory and antithrombotic activities.



Quest Omega-3 Complete softgels

Quest Omega-3 Complete is a high-quality blend of carefully selected concentrated fish oils that provide an excellent source of omega-3 fatty acids. These essential fatty acids, EPA and DHA, offer benefits to cardiovascular health as well as brain function.



Super Concentrated Omega-3 400 EPA / 200 DHA softgels

Quest Super Concentrated Omega-3 Softgels are a high-quality blend of carefully selected concentrated fish oils providing an excellent sourse of omega-3 fatty acids. EPA and DHA offer several cardiovascular benefits, including balancing cholesterol and decreasing tryglycerides.



Quest > Featured Products





Mommy To Be

Quest Mommy to Be nutrients can satisfy your unique nutrition needs during different stages of pregnancy and lactation period.



Quest > Featured Products



Your partner in family health



Lifestage & Multivitamins



Quest > Featured Products



A Proud Canadian Company Une compagnie canadienne fière de l'être.



Cranberry works by preventing microorganisms from adhering to the epithelial cells that line the urinary tract, and not by acidifying the urine, as was once believed. Escherichia coli, the most common UTI-causing bacteria, produces chemicals that enable the organism to cling to epithelial cells where they proliferate and cause infection. Cranberry has been found to contain two substances that inhibit the adhesion activity of bacteria: fructose and an, as yet, unidentified polymeric compound.



SOLUTIONS	ITEM NO	ITEM DESCRIPTION
PREVENTATIVE	338127	QUEST MY LITTLE SUNSHINE 50 ML
	338133	QUEST-MAG.BISGLYCINATE 200MG 90 VEG CAPS
	338177	QUEST-TUMERIC-GINGE R COMPLEX 90 VEGCAPS
	338183	QUEST-VITAMIN D 90 TABS
	338184	QUEST-D-MANNOSE W/CRANBERRY 60 VCAPS
	338200	QUEST-ZINC&VITC LOZENGES LEMON 30'S
	338210	QUEST-ZINC&VITC LOZENGES CRANBERRY
	338310	QUEST-SUPER C 500MG 120TABS
	338320	QUEST-VIT C 1000MG TIMED RELEASED 120TAB
	338374	QUEST-Folic Acid
	338380	QUEST-VIT.C 500MG W/GRAPESEED 90 TABS
	338383	QUEST-VIT C 1000MG TIMED RELEASE 180TABS
	338401	QUEST-Zinc Citrate 50 mg
	338402	QUEST-SYNERGISTIC ZINC
	338405	QUEST-SYNERGISTIC SELENIUM
	338407	QUEST-Chromium 200 mcg
	338429	QUEST-OSTEO-LOGIC 90 TABS
	338437	QUEST-Enzyme Digest
	338445	QUEST-CRANBERRY 500MG 60 CAPS
	338453	QUEST-LUTEIN 10MG 30CAPS
	338456	QUEST-MILK THISTLEEXTRACTFORMULA 60CAPS
	338458	QUEST-GRAPE SEED EXTRACT2500MG 60 TABS
	338615	QUEST-L-Lysine
	338625	QUEST-Synergistic Iron 25 mg
DEVELOPMENT	338180	QUEST-CALCIUM 600 MG W/VIT D 100 TABS
	338190	QUEST-CALCIUM CITRATE 90 TABS
	338260	QUEST-GLS COMPLEX 1500MG 60 TABS
	338412	QUEST-CAL-MAG COMPLETE 120 TABS
	338415	QUEST-CAL-MAG + VITDCHEWABLE 90 TABS
	338436	QUEST-GLUCOSAMINE PLUS MSM 1000MG 90 TAB
	338520	QUEST-REGULAR STRENGTH GLUCOSAMINE 360
	338635	QUEST-Glucosamine Shellfi sh Free 120TAB



QUEST>List

SOLUTIONS	ITEM NO	ITEM DESCRIPTION
MULTIVITAMINS & MINERALS	338110	QUEST-SUPER 1-A-DAY MULTI 90 TABS
	338120	QUEST-SUPER 1-A-DAY MULTI 180 TABS
	338150	QUEST-ADULT CHEWABLEMULTI 90 CHEWS
	338280	QUEST-KID'S DAILY ONE 60 CHEWS
	338281	QUEST-KID'S DAILY ONE MULTI 120 CHEWS
	338282	QUEST-TEEN GIRLS HER DAILY ONE 90CAP
	338283	QUEST-WOMEN HER DAILY ONE 90 CAPS
	338284	QUEST-WOMEN 50+ HER DAILY ONE 90CAP
	338285	QUEST-TEEN BOYS HIS DAILY ONE 90 CAPS
	338286	QUEST-MEN HIS DAILY ONE 90 CAPS
	338287	QUEST- MEN 50+ HIS DAILY ONE 90CAP
	338288	QUEST-WOMEN HER DAILY ONE 60 CHEWS
	338289	QUEST-PRENATAL MULTI100 VEG CAPS
	338391	QUEST-MULTI-ONE WITH NIACINAMIDE
	338392	QUEST-SUPER 1-A DAY MULTI 60 TABS
	338398	QUEST-MAXIMUM ONCE A DAY
	338400	QUEST-PREM.MULTI CAP IRON FREE 60 CAPS
	338565	QUEST-PREM.MULTI CAP WITH IRON
	338645	QUEST-PRENATAL MULTI 180 VEG CAPS
	338655	QUEST PREM MULTI IRON FREE 180 CAPS
	338801	QUEST-PreNu Mommy To Be - Preparation 30 TABS
	338802	QUSET-PreNu Mommy To Be 1st Trimester 30 TABS
	338803	QUEST-PreNu Mommy To Be 2nd Trimester 30 TABS
	338804	QUEST-PreNu Mommy To Be 3rd Trimester 30 TABS
	338805	QUEST-LactaNu For New Mommy 30 TABS
	338806	QUEST-PreNu Daddy To Be - Preparation 30 TABS
LONGEVITY	338100	QUEST-FLUSH FREE NIACIN 500MG 60 CAPS
	338105	QUEST-FLUSH FREE NIACIN 500MG 120 CAPS
	338330	QUEST-VITAMIN E 800UI 120SOFTGLES
	338388	QUEST-Vitamin E 800 IU 90SOFTGLES
	338440	QUEST-L-Taurine
	338450	QUEST-Ginkgo Biloba Extract
	338620	QUEST L-ARGININE 500MG 90 VEGGIE CAPS



SOLUTIONS	ITEM NO	ITEM DESCRIPTION
ENERGY	338300	QUEST-SUPER STRESS BCOMPLEX&VITC120TABS
	338373	QUEST-Vitamin B6 90TAB
	338375	QUEST-SUPER STRESS BCOMPLEX+VITC1G60TAB
	338376	QUEST-MEGA B-50 90 TABS
	338377	QUEST-MEGA B-50 W/1MG FOLIC ACID 90VCAPS
	338378	QUEST-Mega B-100 Complex Time Released 60 TABS
	338379	QUEST-Mega B-100 Complex Time Released 90 TABS
	338422	QUEST-COENZYME Q 10 UBIQUINONE50MG40TAB
	338452	QUEST-MACA 60CAP
OMAGE	338340	QUEST-Evening Primrose Oil 500mg 120 GEL
	338350	QUEST-Evening Primrose Oil 1000mg 120 GEL
	338494	QUEST-TRIPLE FISHOIL1000MG 120 SOFTGEL
	338525	QUEST -TOTAL EFA 1200MG
	338530	QUEST -FLAX SEED OIL
	338545	QUEST-Omega Smart 1000 mg 90 CAPS
	338550	QUEST-Omega-Mood™ 90SOFTGEL
	338585	QUEST-Omega-3 Complete 60 CAPS
	338695	QUEST-EVENING PRIMROSE OIL 1000MG 240SGL
WELLNESS	338421	QUEST-LYCOPENE 60SOFTGEL
	338439	QUEST-L-GLUTAMINE500MG 90CAP
	338441	QUEST-AMINO COMPLEX 500MG 90CAPS
	338443	QUEST-ST.JOHN'S WORT 90CAPS
	338444	QUEST-BLACK COHOSH 40MG 120 TABS
	338595	QUEST SAM-E 200MG ENTERIC COATED 30 TABS
	338610	QUEST-MELATONIN 3MG 90 CAPSULES
	338670	QUEST-Green Tea Phytosome Complex 30CAP





F6620 – 2850 Shaughnessy Street Port Coquitlam BC Canada V3C 6K5 Phone/Fax: 1-604-474-3860 www.questvitamins.com Canada@ccnptech.com



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