|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week One | Breakfast | Mid Am Snack | Lunch | Mid Pm Snack | Tea |
| Monday | A variety of Cereals withToast, yoghurt &Fresh fruit | Fruit selection | Fish Fingerswith mashed potato & SweetcornYoghurts\* | #Strawberry muffins | Wraps with a choice of fillings Peaches and ice cream |
| Tuesday | A variety of Cereals with Toast, yoghurt &Fresh fruit  | Cream cheese and crisp bread | Vegetarian Bolognese with spaghetti#Jelly and fruit\* | Mixed berries | Jacket potatoes with tuna & sweetcorn or cheese #Oat cookies  |
| Wednesday | A variety of Cereals withToast, yoghurt &Fresh fruit  | Apple and banana | Chicken goujons with sauté potatoes and mixed vegetables#Angel Delight\* | Rice cakes | Cheese & Tomato on a choice of white or brown toast#Cake of the day |
| Thursday | A variety of Cereals with Toast, yoghurt &Fresh fruit | #Cheese twists | Cottage pie with Homemade crusty breadFruit salad \* | Vegetable Sticks & dip | Croissants with cheese and hamFrubes |
| Friday | A variety of Cereals with Toast, yoghurt &Fresh fruit | #Melon | Ham and mushroom Carbonara#Apple crumble and custard\* | Fruit bowl | Cheese & Crackers with cucumber sticks and tomato#Angel Delight |

\*All puddings will be served with a selection of fruit # To be made by Chef

WB: 11/10/21, 08/11/21, 06/12/21, 03/01/22, 31/01/22, 28/02/22, 28/03/22

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week Two | Breakfast | Mid Am Snack | Lunch | Mid Pm Snack | Tea |
| Monday | A variety of Cereals withToast, yoghurt &Fresh fruit | Orange & Apple | Chickpea and mango curry with rice and naan bread#Lemon cake \* | #Cheese twists | Crackers with cheese and hamFresh fruit selection |
| Tuesday | A variety of Cereals with Toast, yoghurt &Fresh fruit  | #Cheese and cucumber | Roast chicken, roast potatoes and mixed vegetables#Fruit crumble with custard \* | Apple and pear  | Wraps with a variety of fillingsYoghurt |
| Wednesday | A variety of Cereals withToast, yoghurt &Fresh fruit  | Fruit bowl | Beef lasagne served with garlic breadYoghurt \* | Toast soldiers | Sausage rolls with vegetable sticks#Angel delight |
| Thursday | A variety of Cereals withToast, yoghurt &Fresh fruit | Frubes  | Jacket potato with tuna, cheese, baked beans and sweetcorn#Banana flapjack\* | #Satsuma & Pineapple | Scrambled egg with toastPancakes with raisins |
| Friday | A variety of Cereals withToast, yoghurt &Fresh fruit | Vegetable Sticks& dip | Beef meatballs in a tomato sauce, cous cous and seasonal vegFruit salad\* | #Fruit loaf | Pasta surprise#Jelly |

\*All puddings will be served with a selection of fruit # To be made by Chef WB: 18/10/21, 15/11/20, 13/12/20, 10/01/22, 07/02/22, 07/03/22, 04/04/22

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week Three | Breakfast | Mid Am Snack | Lunch | Mid Pm Snack | Tea |
| Monday | A variety of Cereals withToast, yoghurt &Fresh fruit | Banana and apple | Chilli with rice#Carrot cake\* | Crackers with cheese spread | #Pasta bakeFrubes  |
| Tuesday | A variety of Cereals with Toast, yoghurt &Fresh fruit  | Breadsticks with dip | Mac ‘n’ cheese with broccoli#Fruit cobbler\* | #Pineapple Chunks | Savoury rice # Banana muffins |
| Wednesday | A variety of Cereals withToast, yoghurt &Fresh fruit  | #Vegetable sticks | Sausage and mash with mixed vegetables#Melon\* | #Homemade cookies  | Sandwiches with a choice of fillingsIce cream sundaes |
| Thursday | A variety of Cereals withToast, yoghurt &Fresh fruit | #Cucumber and cheese | Roast beef, roast potatoes, vegetables and Yorkshire puddings#Jam roly poly\* | Raisins and pear | Crackers, and crisp breads with ham, chicken or cheeseYoghurt |
| Friday | A variety of Cereals withToast, yoghurt &Fresh fruit | Banana & Apple | Fish cakes, new potatoes and vegetables#Angel delight \* | #Cucumber and carrot sticks | Scrambled egg on toastFruit selection |

\*All puddings will be served with a selection of fruit # To be made by Chef

WB: 25/10/21, 22/11/20, 20/12/20, 17/01/22, 14/02/22, 14/03/22, 11/04/22

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week Four | Breakfast | Mid Am Snack | Lunch | Mid Pm Snack | Tea |
| Monday | A variety of Cereals withToast, yoghurt &Fresh fruit | Frubes | Vegetarian cottage pie with carrots and sweetcorn \*Ice cream sundaes\* | Banana & Apple  | Jacket potatoes with cheese & baked beansVanilla sponge & custard |
| Tuesday | A variety of Cereals with Toast, yoghurt &Fresh fruit  | Strawberries and raspberries  | Cheese and ham pizza with potato wedges and salad#Flapjack with seasonal fruit \* | Rice cakes | Spaghetti on toastFruit  |
| Wednesday | A variety of Cereals withToast, yoghurt &Fresh fruit  | #Pitta and dips | Fish in parsley sauce with roasted vegetables and potatoesYoghurt \* | Fruit bowl | Cheesy crumpets#Angel delight  |
| Thursday | A variety of Cereals withToast, yoghurt &Fresh fruit | #Carrot and cucumber | Sausage pasta bake with garlic bread#Fruit platter \* | Crackers with cheese spread | Chicken noodle soup#Fruit muffins |
| Friday | A variety of Cereals withToast, yoghurt &Fresh fruit | Orange and pear | Chicken, leek and mushroom pie with boiled potatoes and carrots#Jelly \* | #Naan bread with mango chutney | Sandwiches with a choice of fillingsPancakes and bananas |

\*All puddings will be served with a selection of fruit # To be made by Chef

WB 01/11/21, 29/11/20, 27/12/20, 24/01/22, 21/02/22, 21/03/22, 18/04/22