

| Week One  | Breakfast  | Mid Am snack             | Lunch   | Mid Pm snack               | Tea  |
|-----------|--|--------------------------|---|----------------------------|--|
| Monday    | A variety of Cereal & Yoghurts                       | Orange & Pear            | Vegetable & lentil lasagne with Crusty Wholemeal Bread<br><br>Ice Cream | Crisp Bread & Cream cheese | Sandwiches on white bread filled with a variety of fillings<br><br>Fruit Lollies |
| Tuesday   | A variety of Cereal & Choice of Brown or White Toast | Pitta & Hummus           | Mixed Pizza with New Potatoes<br><br>Yoghurts                           | Cheese sticks with Tomato  | Pasta Bake<br><br>Banana fruit fool  |
| Wednesday | A variety of Cereal & Mixed Fruit                    | Pepper & Celery          | Roast Pork with Potatoes and a choice of vegetables<br><br>Melon        | Satsuma & Pineapple Chunks | Fish Fingers with salad sticks<br><br>Ice cream & Cones                          |
| Thursday  | A variety of Cereal & Pancakes                       | Cucumber & Carrot Sticks | Chicken Stir Fry & Noodles<br><br>Apple crumble                         | Toast Soldiers             | Cheese and Crackers with cucumber and carrot sticks<br><br>Fruit                 |
| Friday    | A variety of Cereal & Choice of Brown or White Toast | #Fruit Loaf              | Fish cakes with vegetable bake<br><br>Cinaman & Raisin Pudding          | Plum & Nectarines          | Finger rolls with cheese, ham<br><br>Yoghurt                                     |

\* All puddings will be served with a selection of fruit # To be made by Karen D WB: 22/4, 20/5, 17/6, 15/7, 12/8, 9/9, 7/10

| Week Two  | Breakfast  | Mid Am snack             | Lunch   | Mid Pm snack               | Tea   |
|-----------|--|--------------------------|---|----------------------------|---|
| Monday    | A variety of Cereal & Croissants                     | Banana & Apple           | Cod Fish Fingers with Sauté Potatoes & vegetables<br><br>Fruit Fool           | Frubes                     | # Ham & Sweetcorn Penne Pasta<br><br>Angel Delight                        |
| Tuesday   | A variety of Cereal & Yoghurts                       | Orange & Pear            | Gammon ham with new potatoes with vegetables<br><br>Jelly with Fruit          | Crisp Bread & Cream cheese | Pitta Pizza's<br><br># Carrot cake  |
| Wednesday | A variety of Cereal & Choice of Brown or White Toast | Pitta & Hummus           | Jerk chicken & Caribbean rice (sauce served separately)<br><br>Pineapple cake | Cheese sticks with Tomato  | Jacket potatoes with tuna and cheese<br><br>Fruit Lollies                 |
| Thursday  | A variety of Cereal & Mixed Fruit                    | Pepper & Celery          | Roast Turkey with roasted vegetables & Herb Potatoes<br><br>Fruit platter     | Satsuma & Pineapple Chunks | A choice of white or brown sandwiches with mixed fillings<br><br>Yoghurts |
| Friday    | A variety of Cereal & Pancakes                       | Cucumber & Carrot Sticks | Chilli with Rice<br><br>Ice Cream   | Toast Soldiers             | Sausage rolls and beans<br><br>Fruit                                      |

\* All puddings will be served with a selection of fruit # To be made by Karen D WB : 29/4, 27/5, 24/6, 22/7, 19/8, 16/9, 14/10

| Week Three | Breakfast  | Mid Am snack      | Lunch   | Mid Pm snack               | Tea   |
|------------|--|-------------------|---|----------------------------|---|
| Monday     | A variety of Cereal & Choice of Brown or White Toast | Plum & Nectarines | Meatballs with Rice and vegetables<br>Fruit Salad                                   | #Fruit Loaf                | Wraps with mixed filling<br>Tinned peaches with raisins                   |
| Tuesday    | A variety of Cereal & Croissants                     | Frubes            | Chicken & spinach tart served with New baby potatoes<br>Ice cream & fruit           | Banana & Apple             | Cheese & crackers with tomato, carrot and pepper sticks<br>Frozen Lollies |
| Wednesday  | A variety of Cereal & Yoghurts                       | Orange & Pear     | Beef Lasagne with garlic bread & salad<br>Bananas & custard                         | Crisp Bread & Cream cheese | Beans on a choice of brown or white toast<br>Fruit Salad                  |
| Thursday   | A variety of Cereal & Choice of Brown or White Toast | Pitta & Hummus    | Fish Pie with mixed vegetables<br>Yoghurts  | Cheese sticks with Tomato  | Pasta Bake<br>Pancakes topped with banana                                 |
| Friday     | A variety of Cereal & Mixed Fruit                    | Pepper & Celery   | Mediterranean style Chicken with Cous Cous & Vegetables<br>Banana & Raisin Flapjack | Satsuma & Pineapple Chunks | Scrambled Egg with a choice of brown or white toast<br>Fruit selection    |

\* All puddings will be served with a selection of fruit # To be made by Karen D

WB: 6/5, 3/6, 1/7, 29/7, 26/8, 23/9, 21/10

| Week Four | Breakfast  | Mid Am snack             | Lunch   | Mid Pm snack               | Tea  |
|-----------|--|--------------------------|---|----------------------------|--|
| Monday    | A variety of Cereal & Pancakes                       | Cucumber & Carrot Sticks | Chicken and mushroom pie with new potatoes & vegetables<br><br>Yoghurts                       | Frubes                     | Spaghetti on toast<br><br>Fresh fruit  |
| Tuesday   | A variety of Cereal & Choice of Brown or White Toast | #Fruit Loaf              | Roast Turkey with roast potatoes, yorkshire puddings & vegetables<br><br>Angel Delight        | Plum & Nectarines          | Savoury Rice with chicken<br><br># Jelly with fruit                                  |
| Wednesday | A variety of Cereal & Croissants                     | Banana & Apple           | Fish Fillets with wholemeal breadcrumbs, new potatoes & vegetables<br><br>Pineapple & Custard | Toast Soldiers             | Mini pizza's with veg sticks<br># or staff and children to make<br><br>Angel delight |
| Thursday  | A variety of Cereal & Yoghurts                       | Orange & Pear            | Spaghetti Bolognese with Garlic Bread<br><br>Cinnamon & raisin pancakes                       | Crisp Bread & Cream cheese | Cheesy crumpets<br><br>Apples and grapes   |
| Friday    | A variety of Cereal & Choice of Brown or White Toast | Pitta & Hummus           | Pasta Surprise<br><br>Lemon Cake  | Cheese sticks with Tomato  | Wraps with variety of fillings<br><br>Frozen Yoghurt Lollies                         |

\* All puddings will be served with a selection of fruit # To be made by Karen D WB: 13/5, 10/6, 8/7, 5/8, 2/9, 30/9, 28/10