

Week One	Breakfast	Mid Am Snack	Lunch	Mid Pm Snack	Tea
Monday	A variety of Cereal & Pancakes	Orange & Pear	Cod Fish Fingers with Cheesy Potato Bake & Vegetables Peaches & Custard*	Crisp Bread & Cream cheese	# Homemade vegetable chilli with nachos Frubes
Tuesday	A variety of Cereal & Choice of Brown or White Toast	Banana & Apple	Mixed Pizza served with potato wedges & sweetcorn Yogurt *	Cheese sticks with Tomato	Savoury rice with ham Ice cream Sundae
Wednesday	A variety of Cereal & Yoghurts	Pepper & Celery	Cottage Pie & Broccoli Angel Delight with banana *	Satsuma & Pineapple Chunks	Cheese & Tomato on a choice of white or brown toast #Homemade oat biscuits
Thursday	A variety of Cereal & Mixed Fruit	Cucumber & Carrot Sticks	Chicken, butternut & lentil curry served with brown rice Fruit Muffins *	Pitta & Hummus	Jacket Potato with tuna, sweetcorn &/or cheese Fruit Salad
Friday	A variety of Cereal & Choice of Brown or White Toast	#Fruit Loaf	Pasta surprise with garlic bread Pear Sponge*	Plum & Nectarines	Cheese & Crackers with dried fruit Angel Delight

*All puddings will be served with a selection of fruit # To be made by Karen

WB 04/11/19, 02/12/19, 30/12/19, 27/01/20, 24/02/20, 23/03/20

Week Two	Breakfast	Mid Am Snack	Lunch	Mid Pm Snack	Tea
Monday	A variety of Cereal & Choice of Brown or White Toast	Banana & Apple	Vegetarian Lasagne with garlic bread Fruit Crumble & Ice cream *	Orange & Pear	Mini pizza served with salad # or staff and children to make Angel delight
Tuesday	A variety of Cereal & Yoghurts	Pitta & Hummus	Jacket Potato with Chilli con carne Stewed Fruit with custard *	Crisp Bread & Cream cheese	A choice of white or brown sandwiches with a variety of fillings # Jelly surprise
Wednesday	A variety of Cereal & Mixed Fruit	Orange & Pear	Ham & sweetcorn pasta served with wholemeal crusty bread Yoghurt *	Cheese sticks with Tomato	Cheese & ham crumpets & croissants Dried fruit
Thursday	A variety of Cereal & Croissants	Pepper & Celery	Fishermans Pie & Vegetables Jam roly poly & custard	Satsuma & Pineapple Chunks	Spaghetti on a choice of white or brown toast Cake of the day
Friday	A variety of Cereal & Pancakes	Cucumber & Carrot Sticks	Sweet & sour chicken with rice Lemon cake *	Toast Soldiers	# Vegetable bolognaise Selection of fruit

*All puddings will be served with a selection of fruit # To be made by Karen

WB 11/11/19, 9/12/19, 06/01/20, 03/02/20, 02/03/20, 30/04/20

Week Three	Breakfast	Mid Am Snack	Lunch	Mid Pm Snack	Tea
Monday	A variety of Cereal & Croissants	Plum & Nectarines	Chicken casserole with rice Yoghurt *	#Fruit Loaf	A choice of white or brown sandwiches filled with ham, cheese or tuna Fruit & ice cream
Tuesday	A variety of Cereal & Choice of Brown or White Toast	Frubes	Steak pie with wholemeal pastry, boiled potatoes & vegetables Seasonal fruit salad *	Satsuma & Pineapple Chunks	Pasta bake # Banana & apple cake
Wednesday	A variety of Cereal & Yoghurts	Pitta & Hummus	Roast Pork with vegetables & roast potatoes Apple crumble with oats *	Cucumber and carrot sticks	Savoury rice with chicken Selection of fruit
Thursday	A variety of Cereal & Choice of Brown or White Toast	Crisp Bread & Cream cheese	Beef lasagne served with freshly baked wholemeal bread Upside down fruit sponge & custard *	Cheese sticks with Tomato	Sausage roll with beans Yoghurt
Friday	A variety of Cereal & Mixed Fruit	Pepper & Celery	Fish & vegetable bake Angel delight *	Banana & Apple	Scrambled egg on a choice of white or brown toast # Fruit muffins

*All puddings will be served with a selection of fruit # To be made by Karen

WB 18/11/19, 16/12/19, 13/01/20, 10/02/20, 09/03/20, 06/04/20

Week Four	Breakfast	Mid Am Snack	Lunch	Mid Pm Snack	Tea
Monday	A variety of Cereal & Choice of Brown or White Toast	Cucumber & Carrot Sticks	Italian style meatballs in tomato sauce & spaghetti Seasonal fruit salad *	Frubes	Jacket potatoes with cheese & salad Pancakes topped with banana
Tuesday	A variety of Cereal & Pancakes	#Fruit Loaf	Chicken & roasted pepper tart served with cous cous & vegetables Syrup Sponge & Custard *	Plum & Nectarines	Beans on a choice of white or brown toast Selection of fruit
Wednesday	A variety of Cereal & Choice of Brown or White Toast	Banana & Apple	Catch of the day with sauté potatoes and vegetables Carrot cake *	Crisp Bread & Cream cheese	# Ham & sweetcorn puff pastry tart with carrot & pepper sticks Yoghurt
Thursday	A variety of Cereal & Yoghurts	Orange & Pear	Roast turkey, vegetables & herb potatoes Fruit cobbler *	Toast Soldiers	Cheese & crackers with vegetable sticks Peaches with ice cream
Friday	A variety of Cereal & Croissants	Pitta & Hummus	Sausages with mash potato, vegetables & gravy Yoghurt *	Cheese sticks with Tomato	A choice of white or brown toasted sandwiches with cucumber & carrot sticks # Fruit Loaf

*All puddings will be served with a selection of fruit

To be made by Karen/Melissa

WB 25/11/19, 23/12/19, 20/01/20, 17/02/20, 16/03/20, 13/04/20