

The Horsford Cross Country series is a set of three races in the picturesque Horsford Woods.

Hosted over the winter months this down and dirty race offers plenty of thrills – lots of mud and obstacles – around a scenic woodland course. Beware of tree roots and muddy puddles!

# **SERIES DATES**

Sunday 20th November 2022

Sunday 18th December 2022\*

(\*Christmos special small prize for anyone wearing fancy dress on the day)

Sunday 5th February 2023 All three races start at 10am.

### ENTRY

Entry is on the day only, and available from **Sam to 9:45am**. Cash only, please bring the carrect change with you.

- £4 for affiliated club members
- £6 for non-affiliated club members
- £3 for juniors (16 & under)

£1 for every entry will be danated Broadland Country Park to help with upkeep of site

### **LOCATION & PARKING**

Parking this year will be at (please do not park on road as in previous years) Oakland Organic Egg Farm, Oaklands, Sandy Ln, Horsford, Norwich NR10 3FB

# PRIZES

Prizes for category series winners.

#### DISTANCE

Roughly 2.1 miles per lap with: Under 10s 1 slightly shortened lap Under 15s 2 laps, 1 slightly shortened 19 & under 3 laps, 1 slightly shortened Over 20 years 3 full laps

