

MENS 5 MILE

AGE	WORLD RECORD	BRONZE INTER	BRONZE	SILVER	GOLD	DIAMOND
15	0h 22m 5s	0h 44m 10s	0h 36m 48s	0h 31m 33s	0h 27m 36s	0h 24m 32s
16	0h 21m 46s	0h 43m 32s	0h 36m 17s	0h 31m 6s	0h 27m 13s	0h 24m 11s
17	0h 21m 30s	0h 43m	0h 35m 50s	0h 30m 43s	0h 26m 53s	0h 23m 53s
18	0h 21m 20s	0h 42m 40s	0h 35m 33s	0h 30m 29s	0h 26m 40s	0h 23m 42s
19	0h 21m 19s	0h 42m 38s	0h 35m 32s	30m 27s 143ms	0h 26m 39s	0h 23m 41s
20	0h 21m 19s	0h 42m 38s	0h 35m 32s	30m 27s 143ms	0h 26m 39s	0h 23m 41s
21	0h 21m 19s	0h 42m 38s	0h 35m 32s	30m 27s 143ms	0h 26m 39s	0h 23m 41s
22	0h 21m 19s	0h 42m 38s	0h 35m 32s	30m 27s 143ms	0h 26m 39s	0h 23m 41s
23	0h 21m 19s	0h 42m 38s	0h 35m 32s	30m 27s 143ms	0h 26m 39s	0h 23m 41s
24	0h 21m 19s	0h 42m 38s	0h 35m 32s	30m 27s 143ms	0h 26m 39s	0h 23m 41s
25	0h 21m 19s	0h 42m 38s	0h 35m 32s	30m 27s 143ms	0h 26m 39s	0h 23m 41s
26	0h 21m 19s	0h 42m 38s	0h 35m 32s	30m 27s 143ms	0h 26m 39s	0h 23m 41s
27	0h 21m 19s	0h 42m 38s	0h 35m 32s	30m 27s 143ms	0h 26m 39s	0h 23m 41s
28	0h 21m 19s	0h 42m 38s	0h 35m 32s	30m 27s 143ms	0h 26m 39s	0h 23m 41s
29	0h 21m 19s	0h 42m 38s	0h 35m 32s	30m 27s 143ms	0h 26m 39s	0h 23m 41s
30	0h 21m 20s	0h 42m 40s	0h 35m 33s	30m 28s 571ms	0h 26m 40s	0h 23m 42s
31	0h 21m 21s	0h 42m 42s	0h 35m 35s	30m 30s 0ms	0h 26m 41s	0h 23m 43s
32	0h 21m 23s	0h 42m 46s	0h 35m 38s	30m 32s 857ms	0h 26m 44s	0h 23m 46s
33	0h 21m 26s	0h 42m 52s	0h 35m 43s	30m 37s 143ms	0h 26m 48s	0h 23m 49s
34	0h 21m 30s	0h 43m	0h 35m 50s	30m 42s 857ms	0h 26m 53s	0h 23m 53s
35	0h 21m 35s	0h 43m 10s	0h 35m 58s	30m 50s 0ms	0h 26m 59s	0h 23m 59s
36	0h 21m 41s	0h 43m 22s	0h 36m 8s	30m 58s 571ms	0h 27m 6s	0h 24m 6s
37	0h 21m 48s	0h 43m 36s	0h 36m 20s	31m 8s 571ms	0h 27m 15s	0h 24m 13s
38	0h 21m 56s	0h 43m 52s	0h 36m 33s	31m 20s 0ms	0h 27m 25s	0h 24m 22s
39	0h 22m 5s	0h 44m 10s	0h 36m 48s	31m 32s 857ms	0h 27m 36s	0h 24m 32s
40	0h 22m 15s	0h 44m 30s	0h 37m 5s	31m 47s 143ms	0h 27m 49s	0h 24m 43s
41	0h 22m 25s	0h 44m 50s	0h 37m 22s	32m 1s 429ms	0h 28m 1s	0h 24m 54s
42	0h 22m 35s	0h 45m 10s	0h 37m 38s	32m 15s 714ms	0h 28m 14s	0h 25m 6s
43	0h 22m 46s	0h 45m 32s	0h 37m 57s	32m 31s 429ms	0h 28m 28s	0h 25m 18s
44	0h 22m 56s	0h 45m 52s	0h 38m 13s	32m 45s 714ms	0h 28m 40s	0h 25m 29s
45	0h 23m 7s	0h 46m 14s	0h 38m 32s	33m 1s 429ms	0h 28m 54s	0h 25m 41s
46	0h 23m 18s	0h 46m 36s	0h 38m 50s	33m 17s 143ms	0h 29m 8s	0h 25m 53s
47	0h 23m 29s	0h 46m 58s	0h 39m 8s	33m 32s 857ms	0h 29m 21s	0h 26m 6s
48	0h 23m 40s	0h 47m 20s	0h 39m 27s	33m 48s 571ms	0h 29m 35s	0h 26m 18s
49	0h 23m 52s	0h 47m 44s	0h 39m 47s	34m 5s 714ms	0h 29m 50s	0h 26m 31s
50	0h 24m 4s	0h 48m 8s	0h 40m 7s	34m 22s 857ms	0h 30m 5s	0h 26m 44s
51	0h 24m 16s	0h 48m 32s	0h 40m 27s	34m 40s	0h 30m 20s	0h 26m 58s

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52	0h 24m 28s	0h 48m 56s	0h 40m 47s	34m 57s 143ms	0h 30m 35s	0h 27m 11s
53	0h 24m 40s	0h 49m 20s	0h 41m 7s	35m 14s 286ms	0h 30m 50s	0h 27m 24s
54	0h 24m 53s	0h 49m 46s	0h 41m 28s	35m 32s 857ms	0h 31m 6s	0h 27m 39s
55	0h 25m 5s	0h 50m 10s	0h 41m 48s	35m 50s	0h 31m 21s	0h 27m 52s
56	0h 25m 18s	0h 50m 36s	0h 42m 10s	36m 8s 571ms	0h 31m 38s	0h 28m 7s
57	0h 25m 31s	0h 51m 2s	0h 42m 32s	36m 27s 143ms	0h 31m 54s	0h 28m 21s
58	0h 25m 45s	0h 51m 30s	0h 42m 55s	36m 47s 143ms	0h 32m 11s	0h 28m 37s
59	0h 25m 58s	0h 51m 56s	0h 43m 17s	37m 5s 714ms	0h 32m 28s	0h 28m 51s
60	0h 26m 12s	0h 52m 24s	0h 43m 40s	37m 25s 714ms	0h 32m 45s	0h 29m 7s
61	0h 26m 26s	0h 52m 52s	0h 44m 3s	37m 45s 714ms	0h 33m 3s	0h 29m 22s
62	0h 26m 41s	0h 53m 22s	0h 44m 28s	38m 7s 143ms	0h 33m 21s	0h 29m 39s
63	0h 26m 55s	0h 53m 50s	0h 44m 52s	38m 27s 143ms	0h 33m 39s	0h 29m 54s
64	0h 27m 10s	0h 54m 20s	0h 45m 17s	38m 48s 571ms	0h 33m 58s	0h 30m 11s
65	0h 27m 25s	0h 54m 50s	0h 45m 42s	39m 10s	0h 34m 16s	0h 30m 28s
66	0h 27m 41s	0h 55m 22s	0h 46m 8s	39m 32s 857ms	0h 34m 36s	0h 30m 46s
67	0h 27m 56s	0h 55m 52s	0h 46m 33s	39m 54s 286ms	0h 34m 55s	0h 31m 2s
68	0h 28m 12s	0h 56m 24s	0h 47m 0s	40m 17s 143ms	0h 35m 15s	0h 31m 20s
69	0h 28m 29s	0h 56m 58s	0h 47m 28s	40m 41s 429ms	0h 35m 36s	0h 31m 39s
70	0h 28m 48s	0h 57m 36s	0h 48m 0s	41m 8s 571ms	0h 36m 0s	0h 32m 0s
71	0h 29m 9s	0h 58m 18s	0h 48m 35s	41m 38s 571ms	0h 36m 26s	0h 32m 23s
72	0h 29m 31s	0h 59m 2s	0h 49m 12s	42m 10s	0h 36m 54s	0h 32m 48s
73	0h 29m 57s	0h 59m 54s	0h 49m 55s	42m 47s 143ms	0h 37m 26s	0h 33m 17s
74	0h 30m 24s	1h 0m 48s	0h 50m 40s	43m 25s 714ms	0h 38m 0s	0h 33m 47s
75	0h 30m 54s	1h 1m 48s	0h 51m 30s	44m 8s 571ms	0h 38m 38s	0h 34m 20s
76	0h 31m 27s	1h 2m 54s	0h 52m 25s	44m 55s 714ms	0h 39m 19s	0h 34m 57s
77	0h 32m 2s	1h 4m 4s	0h 53m 23s	45m 45s 714ms	0h 40m 3s	0h 35m 36s
78	0h 32m 42s	1h 5m 24s	0h 54m 30s	46m 42s 857ms	0h 40m 53s	0h 36m 20s
79	0h 33m 25s	1h 6m 50s	0h 55m 42s	47m 44s 286ms	0h 41m 46s	0h 37m 8s
80	0h 34m 11s	1h 8m 22s	0h 56m 58s	48m 50s	0h 42m 44s	0h 37m 59s