## NRR New 8 August 2019 Directions

Short - 4.3 miles

Medium - 5.3 miles

Long - 6.7 miles

## **SHORT**

- 1 Start on Cannerby Lane
- 2 Turn right onto Cannerby Lane
- 3 Turn right onto Leveson Road
- 4 Turn left onto Falcon Road West
- 5 Turn right onto Wroxham Road, A1151
- 6 Turn left onto Church Lane
- 7 Straight onto Barkers Lane
- 8 Turn left onto North Walsham Road, B1150
- 9 At roundabout, take exit 2 (straight) onto Constitution Hill, B1150
- 10 At mini-roundabout turn left onto Wall Road
- 11 Turn left onto Sprowston Road



**NRR NEW ROUTE 8** 

- 12 At roundabout, take exit 2 straight onto Wroxham Road, A1151
- 15 Turn right onto Cannerby Lane

## MEDIUM - 5.3 miles

- 1 Follow Short route straight onto Barkers Lane
- 2 Turn right onto North Walsham Road, B1150
- 3 Turn left onto White Woman Lane
- 4 Straight down White Woman Lane (across roundabouts)
- 5 Turn left onto Buxton Road follow all the way to Ring Road
- 6 Turn left onto Chartwell Road, A1042
- 7 At roundabout, take 3<sup>rd</sup> exit onto Constitution Hill, B1150
- 8 Turn left onto Wall Road
- 9 Turn left onto Sprowston Road, A1151
- 10 At roundabout, go straight onto Wroxham Road, A1151
- 11 Turn right onto Falcon Road West
- 12 Turn right onto Leveson Road
- 13 Turn left onto Cannerby Lane

## LONG - 6.8 miles

- 1 Follow medium route turn left onto Buxton Road
- 2 Turn right onto Lodge Lane straight ahead
- 3 Turn left onto Saint Faiths Road follow all the way to the Ring Road

- 4 Straight across onto Catton Grove Road
- 5 At roundabout, take left onto Woodcock Road
- 29 Straight up Woodcock Road then straight into Wall Road
- 7 Turn left onto Sprowston Road, A1151
- 8 Keep right onto Sprowston Road, A1151
- 9 At roundabout, turn right onto Mousehold Lane, A1042
- 10 Turn left onto Salhouse Road
- 11 Turn left onto Falcon Road East
- 12 Turn left onto Leveson Road
- 13 Turn right onto Cannerby Lane