



Norwich Road Runners committee minutes 24/9/2019

Meeting starts at 7.30pm (Sprowston School)

Attended by Glyn Manton, Chris Harrison, Michael Powell, David Field, Kathleen Easter, Mark Betts, David Field, Stephen Pizey, Jessica Behan, Stacey Harper, Chris Amos, David Hender

Apologies ; Gary Cooper, Beryl Knowles (Email sent and read out)

Key items on agenda -

1. Member survey feedback – Proposal for Business Interest policy for club;-

Action – After discussion the following policy presented by Glyn was agreed by all. To add to AGM agenda for vote at AGM as a change of our constitution.

Many members over the past year have asked us to make a clearer policy on business interests and NRR.

- 1) *Businesses are not allowed to promote their activity on club nights or through the club's communication channels. Exceptions to this would need to be agreed by the committee. They may include.*
 - i) *Non-for-profit races (The ones run by other race clubs and part of our racing calendar)*
 - ii) *Charity events.*
 - iii) *For profit races or business services where sponsorship has been agreed by the race team/committee and funds benefit NRR members.*
- 2) *Use of club pictures and data to help promote for profit businesses*

2. New Coaching Strategy for Qtr. 4 2019 and outline for 2020

Glyn outlined the background to the need to change training on a Tuesday. All Com members agreed that they had seen the feedback from members from the collation of emails (put into a document and sent by Glyn) and comments from the survey regarding. Glyn read out an email from a member also a run leader, regarding some issues regarding a Paul Evans session. Glyn asked committee to disregard any feedback regarding this evening as it was clear that due to coaches stepping down and committee members away, the usual provision for this session was lacking. Glyn also read out a message from a coach that had stepped down that had not been sent to the committee and from Beryl

Chris then briefly outline the proposal voted in at the last meeting. Glyn summarised the proposal from the 10k group and there was a general discussion about the meeting on the previous Thursday with the 10k group leaders with Mick, Beryl, Mark and Glyn.

General conversations about the many positives and negatives. Discussion about having a separate group for a race to whether it is complicating what we want to do. Comments made about the similarity. After 45 minutes discussion the committee we asked to vote changing the coaching structure for Tuesday to have a target group or merge the 10k group into one of the pace groups. Some



members said that the best elements of the 10k group would be achieved within pace groups- Discussion lasted 45 minutes

Action All committee members voted in favour of keeping the structure as proposed, not to have a separate target race group.

Glyn was asked to contact the 10k coaches to explain, but to invite them to lead one of the pace groups as most of the members of the current 10k group would be in the 48+ (10k time) pace group anyway. Glyn explained that due to work and family commitments he would not be able to phone until Wednesday evening at earliest and proposed, to avoid people hearing third hand, to email later after the meeting.

Other agenda items

3. All agreed minutes from last meeting- David Field to publish

4. Finance report-Kathleen

Gave Glyn copies of end of year finance, showing £15k deficit. £16k still in bank

Action

Committee agreed that we should break even this financial year and keep cash reserves as income/expenditure fluctuates due to race expenditure.

Glyn to propose an annual budget for our next meeting

5. Senior coaches report (No report this month)

Mick Powell's Thursday Structured runs- Brief discussion about who is involved, the rationale and the advantage that it reduces numbers on a club run

6. Junior coaches report

Nothing to report this month apart from Sportshall starting

7. Social team report

Christmas party update-No report from team. Stephen to find out about Christmas party sales.



8. Communications report

Nothing to report this month

9. Membership report (Mark)

15 more seniors this month and a couple of leavers. Senior membership now above 500

10. Proposal – (Glyn) Can we cap club at 500 and have a waiting list.

Action – To discuss at another meeting

11. Induction report (Stephen P)

A few of the couch to 5k group members have joined club. David now has induction material to send out to enquiries

12. Race reports

Horsford – Horsford XC Series 2019/2020- All organised

Glyn has new Flier being produced- To be sent out next week

Marshal list to be emailed next week

Ringland – proposed costs and selling price (Jodie & Glyn)

Budget sent through last month through email- no objections. Jodie will look at cost savings and sponsorship proposal. Marshal list going up in a week. Ready to go on sale on 10th (Meeting next week about marque and junior race)

13. ANARC meeting on the 9th October- to decide whether it is CC or SL GP-

Jodie happy to go- Stacey will join her



10 Move to Sprowston- Update. Any outstanding matters?

Glyn trying to sort out lights and has been sorting out issues while David away. Trophy cabinet- Still need to organise with caretaker

a. Club Captains report and club races (Chris/Stacey)- Last update

Action Valentine's 10k seen as an appropriate target race. Glyn to advertise for someone to promote in same way Kevin/Wendy have in the past.

11 Kit/Merchandising update.

Glyn to look to recruit someone to keep stock and reorder.

12 VLM 2020 – Ballot-

Dowson's have agreed to look after draw on night. Glyn happy to send out instructions on how to enter in September. Jess to collate names of those applying for draw from the 'committee' email

13 AGM- ~~14/11/2019~~- Thurs AGM – PROPOSAL DATE FOR 2019 Now
28/7/2019

Action – Glyn to send out invites and book room – Other discussions about agm to be next month.

?



- 14 Club awards (Christmas party) - Organising club awards (We have sponsorship to the sum of £200- What categories? Who will lead/organise?- To be discussed next meeting
- 15 GDPR- Glyn to handover to Chris next meeting
- 16 - Need for a committee rota for Tuesday/Thursday to start night and introduce sessions.- To be discussed next meeting
- 17 AOB/members questions – Covered in coaching
- 18 Proposal from our RD. Change RNR entry to be same as London Ballot
Action To be discussed again. Great in principle but could cause issues if we have a late injury.
Agree next meeting –
Tuesday 29th of October 30pm
(Review of new coaching strategy/AGM/Xmas party)