



## Norwich Road Runners committee meeting minutes 30/4/2019

### Meeting started 7.30pm

**Present** Glyn Manton, Kathleen Easter, Alma Simmons,, Jodie Causer, Chris Harrison, Jess Behan, Neil Walpole, Stacey Harper, Gary Cooper

#### 1. Apologies- Beryl, Michael

*Email read out from James Dunne who owing to other commitments was leaving the committee.*

#### 2. May priorities

##### a. Move to Sprowston-

*Website to be updated by Dave Field*

*Jodie sorting out new notice board and fliers*

##### b. Targeted races

-RNR (Opens 1/4/2019) -Confirm format and captains

*Stacey and Chris to look after 'Open' teams. 3<sup>rd</sup> team to be ballot. Team captains Luke/Aston with Glyn/Roly looking after support*

-Ekiden - Teams and transport already provisionally booked by Glyn-

*Update on numbers. (30% sold) – Ticket system working well.*

#### 3. Kit/Merchandising update

*Lizzie Green now looking after. Update next month*

4. New costs for club- Agreeing a budget for year.

*Glyn to speak to Kathleen to get break down of last year's costs and present a yearly budget for the club at the next meeting*

Rolling agenda items

- 5. Agree minutes from last meeting-Agreed
- 6. Finance report

April Spend 2019	
England Athletics - affiliation	5565.00
Spaghetti House - meal London marathon	150.00
Entry x 3 teams RNR	750.00 <del>500.00</del>
First Self Drive - mini bus xc race	100.00
Seamitar Sports - kit	852.00
Ipswich Jaffa - Ekiden entry	444.00
Norfolk China - mugs for Sprowston School	224.00
David Field - first aid kit for club	45.00
Sewell Park - room hire March/April	350.00
Glyn Manton - fog horn/race insurance	94.00
Medals For All - W'ham 5K/Hasford xc	108.00
Glyn Manton - pad lock for container	41.00
David Robinson - material for shelves	260.00
Tanya Nelson - items for fun run	40.00
Joe Mower - milage expenses Ringland 1/2	30.00
TMD Enterprise - traffic management <sup>Wroxham</sup> 5K	2724.00
Medals For All - numbers Wroxham 5K	874.00
Epc Action Imagery Ltd - iStock image	12.00
Teamstrides Ltd - medals/trophies W'ham 5K	1934.04
Glyn Manton - Facebook adverts/race clock/battery	249.99
Graphics Bank - club banner	40.00
	<hr/> 14875.03
Receipts	1025.90
Spend over receipts	(13849.13)



*Revenue for Wroxham is due at the beginning of May. Most of Wroxham costs now in. Glyn to sort out revenue payments from race Total Race Timing*

7. Senior coaches report

*5 tracks sessions have worked well. Excellent turnout. 3 Paul Evans sessions  
Stephen to sit down with Luke to discuss plans with now and AGM. Discussion  
about individual training plans. View that this could not be offered but  
further discussion about targeting runners for say LM 5k and directing others  
to 'free' race training plan.*

8. Junior coaches report.

*Move went smoothly on Weekend. 45 last Thursday, 25 last Saturday.  
Discussion about running with seniors on a Thursday. It was agreed by  
committee that if juniors wanted to attend the 'track session' fine as long as  
junior coaches present. In terms of transition runs, the committee agree that  
this could be part of senior sessions but they would need to be with own  
group with a Run Leader (Safeguarding)*

9. Club captain report;-

*Testing a 5k track session on Sunday for 5k. Newsletter out yesterday.  
Newsletter well received as was track session proposal*

10. Social team report.

*Charity sorted for Wroxham. Kitchen working well at Sprowston . Easter fun  
run went well. Christmas party being organised*



11. Communications report

*Web site- Progress on outsourcing a new site. £2000 to outsource from the source. David to investigate costs further as would Neil. Decision to not move forward with these current costs*

12. Membership report (Following March renewals)

*361 renewal 41 in April. 402 including juniors. (32 juniors so far) -Similar to last year*

13. Race team reports (Feedback on races/preparation for races)

*Wroxham-Progress to date (Jodie- Race set up/Glyn-Numbers)*

*All in hand. Race 80% sold out. Proposal for traffic management agreed (£2700)*

*Ringland – proposed date next year and different date for juniors.*

*Jodie has agreed to have a marquee as a HQ next year as well as solving car park issues by using specialist suppliers.*

*Discussion about proposed change to Saturday for junior race. Issues with costs/interest from runners/availability of marshals. Committee agreed that the junior race in its current format should not be on the day before.*

*IF Roarr do not want on same day then to look at a junior chip time event at another date.*



14. members questions

None

15. AOB-

Proposal – Jodie- Volunteering awards- Progress

*This was not discussed – priority discussion for next meeting*

Proposal- XC minibus- do we fund? Can we use ticket source?

*Committee votes to fund the 3 summer XC minibuses*

Agree next meeting – 28/5/2019 7.30pm