



Norwich Road Runners committee meeting minutes 26/2/2019

Meeting started 7.30pm

1. **Present** Glyn Manton, Kathleen Easter, Beryl Knowles, Alma Simmons,, Jodie Causer, Chris Harrison, Jess Behan, Neil Walpole
2. Apologies- Mick Powell, Stacey Harper, Gary Cooper, James Dunn
3. February priorities

- a. EGM details/organisation-11/3/2019-Who is doing what/format

Neil has organised parking cover for the evening/marshals. Social team on teas and coffees. Glyn has sorted out voting/informing members and will have Dave Field to assist in validating results. Neil to lead meeting, Sub group (Glyn/Jodie/Chris/Beryl/Wendy Paul Smith) to support on night.

Budget agreement for stay/go- Container costs discussed- Kathleen confirmed that club currently had cash reserves.

Vote – Unanimously to authorise moving expenditure if members vote to leave

Sewell Park - including new container, storage, lock up, signage and summaries –

Likely to be in the region of £5000.

- b. Training courses –Discussion about coaching and supporting training. – 3 to book on LiRF course in June (2 for juniors). Committee agreed that if 2 of the current level 1 coaches wanted to completed l2, then this would be supported by the club. *Glyn to liaise with juniors.*

4. Club captains report;- (Including feedback from Norfolk Athletic meeting), RNR,

Discussion that affiliated will be given priority for series (2 weeks) with Norfolk

Athletic trial policy



RNR – still awaiting confirmation of number of teams – Likely to be 3. For NRR likely to be open in both male and female with mixed ballot. To discuss next meeting

Discussion of potential club 'on mass' targets outside of Run Norwich/Ekiden. To discuss further next meeting

Good feedback from the coaches' reports sent out.

Alex More – Neil has offered to push members into entering teams-A NRR target. To coordinate but members to make own entry as in previous years. Great race for all abilities and an opportunity to be part of a relay team.

Ekiden – Glyn to liaise with Jaffa to book places for both Junior and seniors. Jess happy to organise putting seniors into teams with a view to be more competitive than in previous years.

General discussion about format for informing members/taking names/entering teams. Current system too time consuming for organisers. Discussion about funding trips. Talk about charging (or contribution) for some of our trips/races especially as in these races entries cannot be transferred. James talked about how effective race sign up is in his son's running club.

Action – Glyn to get details of ticket source/Eventbrite which he uses at school. To pass details onto James who will trial a site for VLM meal.

James may consider looking at organising club trips if we use this sort of system

5. VLM trip update

18 single 19 twins 46 staying-49 on coach. All have paid.



James/Jodie will transfer money received.

Rolling agenda items

6. Agree minutes from last meeting-carried
7. Finance report

Total expenses £7286.45



Norwich Road Runners
 Sewell Park College Sports Centre
 St Clements Hill
 Norwich
 NR3 4BX

Tuesday February 26th 2019

FEBRUARY SPEND 2019

Broadland Toilet Hire – Ringland ½ Toilets	1296.00
Ashtead Plant Hire – Ringland ½ traffic control	240.00
Medals For All – Ringland 1/2	1041.00
England Athletics – affiliation fees	270.00
Tanya Nelson – Ringland 1/2 tea/coffee expenses	186.11
Value Products – Ringland ½ foil blankets	360.00
Alma Simonds – sports hall costs	315.00
Glyn Manton – National XC entry fees Leeds	128.00
Life UK Ltd -Ringland ½ cans of water	465.00
Sewell Park Academy – room hire Jan	200.00
First Self Drive – mini bus hire XC's	400.00
First Self Drive – Club Challenge mini bus hire	500.00
Sport Link – Ringland ½ protein bars for goodie bag	595.00
Broadland High School – Wroxham 5K hall hire	381.00
Christine Wheeler – first aid course	350.00
Old Catton Parish Council – room for first aid course	49.00
SEAA- affiliation fees Horsford XC	82.00
K. Easter – stamps	6.96
Chris Harrison - flowers	30.00
Paul Dowson – cost of repair to field lights	299.88
Graphix Bank Wroxham 5K route stickers	39.00
Saffire Chocolate – Ringland ½ chocolate for junior goodie bags	52.50

7286.45

8. Senior coaches report

Since last meeting 2 club runs have taken place. Q&A to be confirmed.



1st track session has taken place. General discussion about supporting training for those who want to step up from run leader. Coaches meeting to be called at some point after EGM.

9. Junior coaches report

Transition runs going well. Valentines race went well. A few new members.

Junior coaching meeting will be next week.

10. Social Committee report

Everything is fine- Working well. Team organised for Ringland, have plans in place for Wroxham and have organised the Easter social run.

11. Communications report

Race pack collection worked well. 360 collected.

Copy write issues (using unauthorised picture) have been settled by Chris.

David has cleared the website of photos that may have copy write issues.

James mentioned about some of the junior pictures. *Beryl to look at junior pictures and recommend which ones to remove.*

12. Membership report

4 adults 1 junior. Membership mojo set up for March renewals.

13. Race team reports (Feedback on races/preparation for races)

Ringland-Final details- Everything in hand for both the Junior and senior race.

Wroxham-Everything is ready to go on sale for the 4/3/2019. Race teams will allocate key roles after Ringland

14. members questions

None

15. AOB-



16. Agree next meeting – 26/3/2019

Action Points/agreements made following meeting

Vote to pay for mini bus to support the NRR water station at the Wymondham 20mile race

24/3/2019

Neil Ordered 20ft container following EGM

Glyn has served notice following EGM with Sewell Park

Agreement to book coaches/provisionally book teams for Ekiden (Glyn)

Neil/Jodie have met letting team at Sprowston and agreed booking requirements