



Risk Assessment :Sewell Park School Sports Park

Date:	Assessed by:	Location :	Review :
23/03/2023	David Field	Constitution Hill Norwich	Yearly

What are the Hazards?	Who might be harmed and how?	Risk Rating	What are you already doing?	What further action is required	Action by whom	Risk Rating	When
Crossing Constitution Hill road to access School	Runners being hit by vehicles	Medium	<ul style="list-style-type: none"> Runners are reminded by email Facebook and website to wear HI-Vis clothing when running at night Runners are regularly reminded to take care when out on club evenings 	<ul style="list-style-type: none"> Remind runners to use Pedestrian Crossing outside school when necessary. Post on Website facebook and send emails 	Health and Safety officer	Low	Periodically
Entering the school premises through gates	Runners being hit by vehicles	Medium	<ul style="list-style-type: none"> Runners are reminded by email and Facebook and Website to wear HI-Vis when running at night Runners are regularly asked to avoid standing around the gate entrance 	<ul style="list-style-type: none"> Remind runners to use pedestrian access gates when available Runners are regularly reminded to take care when out on club evenings 	Health and Safety officer	Low	Periodically



What are the Hazards?	Who might be harmed and how?	Risk Rating	What are you already doing?	What further action is required	Action by whom	Risk Rating	When
Runners Entering the school by vehicle to join running group	Pedestrians and runners walking in the school being hit by vehicles	Medium	Regularly reminding runners by email and Facebook posts to take care	Post on Website and Facebook asking drivers to take care when entering school. Send out Health and Safety email	Health and Safety officer	Low	Periodically
Standing around in open areas on busy school premises.	Runners being hit by vehicles trying to find parking in various parts of school grounds	Medium	<ul style="list-style-type: none"> Runners are reminded by email and Facebook and Website to wear HI-Vis when running at night Runners are regularly reminded to take care when out on club evenings Gather in area away from parking areas when possible 	<ul style="list-style-type: none"> Post regular health and safety updates on Facebook Website and via email 	Health and Safety officer	Low	Periodically
Extreme adverse weather / lightning	Runners standing in areas of reduced visibility being hit by cars In case of lightning being hit by lightning	Medium	<ul style="list-style-type: none"> Run leaders, Coaches and H&S normally discuss adverse weather and make decisions to cancel or go ahead Runners are advised on Facebook and by email to take care in icy conditions etc 	<ul style="list-style-type: none"> Check weather forecasts in days before event and take any action Post actions on Facebook and Website. Email if required 	Road Race Director Run Leaders, Coaches Health and Safety Officer	Low	When required



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Cars leaving or reversing out of Car parks around the school	Runners being hit by vehicles exiting grounds while Runners use building facilities	Medium	Runners are reminded by email and Facebook and Website to wear HI-Vis when running at night and should wear them on site Runners are regularly reminded to take care when out on club evenings	<ul style="list-style-type: none"> • Post regular health and safety updates on Website and via email 	Health and Safety officer	Low	Periodically
Traffic entering through gates or leaving parking area	Groups of runners running out of their assembly area and through gates being hit by vehicles	Medium	Runners are reminded by email and Facebook and Website to wear HI-Vis when running at night and should wear them on site Run leaders have been asked to walk their groups out of the school and only to start running when on the road.	<ul style="list-style-type: none"> • Post regular health and safety updates on Facebook Website and via email • Remind Run leaders regularly 	Road Race Director Health and Safety Officer	Low	Periodically

NORWICH



ROAD RUNNERS



What are the Hazards?	Who might be harmed and how?	Risk Rating	What are you already doing?	What further action is required	Action by whom	Risk Rating	When
Hot urn housed in narrow passage in school building used by runners in winter	Runners scalding themselves on urn when passing through passage. Runners burning themselves with boiling water when pouring drinks	High	The person providing drinks is on hand to supervise	Scalding Water or similar sign to be clearly visible near Urn when on	Refreshment provider Health and Safety Officer	Medium	Run nights
Hot urn or flasks contains Hot water when used outside during summer	Runners scalding themselves on surface of urn Runners burning themselves with boiling water when pouring drinks	Medium	The person providing drinks is on hand to supervise	Scalding Water or similar sign to be clearly visible near urn when on Ensure necessary signs are available	Refreshment provider Health and Safety Officer	Low	Run nights
Food offered to runners	Allergy Sufferers by eating food not suitable for their condition	Low	Food provided is normally pre- packaged	Warning sign to allergy sufferers that club cannot be responsible for contents	Refreshment provider Health and Safety Officer	Low	Run nights

NORWICH



ROAD RUNNERS



What are the Hazards?	Who might be harmed and how?	Risk Rating	What are you already doing?	What further action is required	Action by whom	Risk Rating	When
Road furniture, raised valve uneven paving stones wet conditions etc	Runners running a set down running route falling or being hit by car.	Medium	<p>First Aid Kit available in container and with Health and Safety officers</p> <p>Run leaders to carry mobiles with Health and Safety Officers or volunteers mobile number . Phone 999 in serious emergency requiring professional help or H&S or volunteer for collection</p> <p>Health and Safety officer or volunteer to have vehicle to arrange collection</p>	<p>Incident to reported to H&S officer</p> <p>incident to be recorded here</p> <p>https://www.uka.org.uk/governance/health-safety/online-accident-incident-report-form/</p>	<p>Road Race Director</p> <p>Health and Safety Officer</p>	Low	When required
Leaving school premises after event	Runners being hit by vehicles	Medium	Runners are asked to walk when leaving premises and not to congregate around gates	<ul style="list-style-type: none"> Post regular health and safety updates on Facebook Website and via email 	<p>Road Race Director</p> <p>Run Leaders, Coaches</p> <p>Health and Safety Officer</p>	Low	Periodically