

## WOMANS 5K-VIRTUAL

AGE	WORLD RECORD	BRONZE INTER	BRONZE	SILVER	GOLD	DIAMOND
<b>15y306d</b>	0h 16m 14s	0h 40m 35s	0h 32m 28s	0h 27m 3s	0h 23m 11s	0h 20m 18s
<b>16y310d</b>	0h 15m 19s	0h 38m 17s 500ms	0h 30m 38s	0h 25m 32s	0h 21m 53s	0h 19m 9s
<b>17y316d</b>	0h 15m 0s	0h 37m 30s	0h 30m 0s	0h 25m 0s	0h 21m 26s	0h 18m 45s
<b>18y255d</b>	0h 15m 5s	0h 37m 42s 500ms	0h 30m 10s	0h 25m 8s	0h 21m 33s	0h 18m 51s
<b>19y306d</b>	0h 14m 51s	0h 37m 7s 500ms	0h 29m 42s	0h 24m 45s	0h 21m 13s	0h 18m 34s
<b>20y028d</b>	0h 14m 57s	0h 37m 23s	0h 29m 54s	0h 24m 55s	0h 21m 22s	0h 18m 42s
<b>21y068d</b>	0h 15m 0s	0h 37m 30s	0h 30m 0s	0h 25m 0s	0h 21m 26s	0h 18m 45s
<b>22y142d</b>	0h 14m 46s	0h 36m 55s	0h 29m 32s	0h 24m 37s	0h 21m 6s	0h 18m 28s
<b>23y065d</b>	0h 14m 54s	0h 37m 15s	0h 29m 48s	0h 24m 50s	0h 21m 17s	0h 18m 38s
<b>24y049d</b>	0h 14m 48s	0h 37m	0h 29m 36s	0h 24m 40s	0h 21m 9s	0h 18m 30s
<b>25y157d</b>	0h 14m 55s	0h 37m 17s 500ms	0h 29m 50s	0h 24m 52s	0h 21m 19s	0h 18m 39s
<b>26y163d</b>	0h 14m 53s	0h 37m 12s 500ms	0h 29m 46s	0h 24m 48s	0h 21m 16s	0h 18m 36s
<b>27y259d</b>	0h 14m 57s	0h 37m 22s 500ms	0h 29m 54s	0h 24m 55s	0h 21m 21s	0h 18m 41s
<b>28y006d</b>	0h 15m 10s	0h 37m 55s	0h 30m 20s	0h 25m 17s	0h 21m 40s	0h 18m 58s
<b>29y332d</b>	0h 14m 47s	0h 36m 57s 500ms	0h 29m 34s	0h 24m 38s	0h 21m 7s	0h 18m 29s
<b>30y230d</b>	0h 14m 50s	0h 37m 5s	0h 29m 40s	0h 24m 43s	0h 21m 11s	0h 18m 33s
<b>31y184d</b>	0h 14m 52s	0h 37m 10s	0h 29m 44s	0h 24m 47s	0h 21m 14s	0h 18m 35s
<b>32y227d</b>	0h 14m 55s	0h 37m 17s 750ms	0h 29m 50s	0h 24m 52s	0h 21m 19s	0h 18m 39s
<b>33y161d</b>	0h 15m 15s	0h 38m 7s 500ms	0h 30m 30s	0h 25m 25s	0h 21m 47s	0h 19m 4s
<b>34y282d</b>	0h 15m 6s	0h 37m 45s	0h 30m 12s	0h 25m 10s	0h 21m 34s	0h 18m 53s
<b>35y340d</b>	0h 15m 24s	0h 38m 29s 500ms	0h 30m 48s	0h 25m 40s	0h 22m 0s	0h 19m 15s
<b>36y009d</b>	0h 15m 29s	0h 38m 43s 500ms	0h 30m 59s	0h 25m 49s	0h 22m 8s	0h 19m 22s
<b>37y356d</b>	0h 15m 30s	0h 38m 45s	0h 31m 0s	0h 25m 50s	0h 22m 9s	0h 19m 23s
<b>38y133d</b>	0h 15m 24s	0h 38m 30s	0h 30m 48s	0h 25m 40s	0h 22m 0s	0h 19m 15s
<b>39y046d</b>	0h 15m 40s	0h 39m 10s	0h 31m 20s	0h 26m 7s	0h 22m 23s	0h 19m 35s
<b>40y050d</b>	0h 15m 47s	0h 39m 27s 750ms	0h 31m 34s	0h 26m 19s	0h 22m 33s	0h 19m 44s
<b>41y277d</b>	0h 15m 53s	0h 39m 42s 500ms	0h 31m 46s	0h 26m 28s	0h 22m 41s	0h 19m 51s
<b>42y225d</b>	0h 15m 48s	0h 39m 30s	0h 31m 36s	0h 26m 20s	0h 22m 34s	0h 19m 45s
<b>43y296d</b>	0h 16m 25s	0h 41m 2s 500ms	0h 32m 50s	0h 27m 22s	0h 23m 27s	0h 20m 31s
<b>44y274d</b>	0h 16m 1s	0h 40m 2s 500ms	0h 32m 2s	0h 26m 42s	0h 22m 53s	0h 20m 1s
<b>45y275d</b>	0h 16m 20s	0h 40m 50s	0h 32m 40s	0h 27m 13s	0h 23m 20s	0h 20m 25s
<b>46y158d</b>	0h 16m 34s	0h 41m 25s	0h 33m 8s	0h 27m 37s	0h 23m 40s	0h 20m 43s
<b>47y157d</b>	0h 16m 17s	0h 40m 42s 500ms	0h 32m 34s	0h 27m 8s	0h 23m 16s	0h 20m 21s
<b>48y203d</b>	0h 16m 14s	0h 40m 34s 250ms	0h 32m 27s	0h 27m 3s	0h 23m 11s	0h 20m 17s
<b>49y161d</b>	0h 16m 28s	0h 41m 10s 750ms	0h 32m 57s	0h 27m 27s	0h 23m 32s	0h 20m 35s
<b>50y160d</b>	0h 16m 39s	0h 41m 37s	0h 33m 18s	0h 27m 45s	0h 23m 47s	0h 20m 49s
<b>51y063d</b>	0h 17m 13s	0h 43m 2s 500ms	0h 34m 26s	0h 28m 42s	0h 24m 36s	0h 21m 31s

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<b>52y006d</b>	0h 17m 2s	0h 42m 35s	0h 34m 4s	0h 28m 23s	0h 24m 20s	0h 21m 18s
<b>53y126d</b>	0h 17m 39s	0h 44m 7s 250ms	0h 35m 18s	0h 29m 25s	0h 25m 13s	0h 22m 4s
<b>54y284d</b>	0h 17m 48s	0h 44m 30s	0h 35m 36s	0h 29m 40s	0h 25m 26s	0h 22m 15s
<b>55y005d</b>	0h 17m 57s	0h 44m 52s 500ms	0h 35m 54s	0h 29m 55s	0h 25m 39s	0h 22m 26s
<b>56y064d</b>	0h 17m 41s	0h 44m 12s 500ms	0h 35m 22s	0h 29m 28s	0h 25m 16s	0h 22m 6s
<b>57y005d</b>	0h 18m 42s	0h 46m 45s	0h 37m 24s	0h 31m 10s	0h 26m 43s	0h 23m 23s
<b>58y038d</b>	0h 18m 47s	0h 46m 57s 250ms	0h 37m 34s	0h 31m 18s	0h 26m 50s	0h 23m 29s
<b>59y030d</b>	0h 18m 58s	0h 47m 25s	0h 37m 56s	0h 31m 37s	0h 27m 6s	0h 23m 43s
<b>60y002d</b>	0h 19m 4s	0h 47m 40s	0h 38m 8s	0h 31m 47s	0h 27m 14s	0h 23m 50s
<b>61y095d</b>	0h 19m 14s	0h 48m 3s 750ms	0h 38m 27s	0h 32m 3s	0h 27m 28s	0h 24m 2s
<b>62y006d</b>	0h 19m 6s	0h 47m 45s	0h 38m 12s	0h 31m 50s	0h 27m 17s	0h 23m 53s
<b>63y359d</b>	0h 20m 27s	0h 51m 7s 500ms	0h 40m 54s	0h 34m 5s	0h 29m 13s	0h 25m 34s
<b>64y023d</b>	0h 19m 23s	0h 48m 27s 500ms	0h 38m 46s	0h 32m 18s	0h 27m 41s	0h 24m 14s
<b>65y002d</b>	0h 19m 57s	0h 49m 52s 500ms	0h 39m 54s	0h 33m 15s	0h 28m 30s	0h 24m 56s
<b>66y321d</b>	0h 20m 4s	0h 50m 10s	0h 40m 8s	0h 33m 27s	0h 28m 40s	0h 25m 5s
<b>67y103d</b>	0h 20m 38s	0h 51m 35s	0h 41m 16s	0h 34m 23s	0h 29m 29s	0h 25m 48s
<b>68y093d</b>	0h 19m 50s	0h 49m 35s 750ms	0h 39m 41s	0h 33m 4s	0h 28m 20s	0h 24m 48s
<b>69y060d</b>	0h 21m 24s	0h 53m 30s	0h 42m 48s	0h 35m 40s	0h 30m 34s	0h 26m 45s
<b>70y140d</b>	0h 22m 16s	0h 55m 38s 750ms	0h 44m 31s	0h 37m 6s	0h 31m 48s	0h 27m 49s
<b>71y139d</b>	0h 22m 14s	0h 55m 36s 0ms	0h 44m 29s	0h 37m 4s	0h 31m 46s	0h 27m 48s
<b>72y342d</b>	0h 24m 29s	1h 1m 12s 500ms	0h 48m 58s	0h 40m 48s	0h 34m 59s	0h 30m 36s
<b>73y136d</b>	0h 22m 27s	0h 56m 7s 500ms	0h 44m 54s	0h 37m 25s	0h 32m 4s	0h 28m 4s
<b>74y059d</b>	0h 24m 35s	1h 1m 27s 500ms	0h 49m 10s	0h 40m 58s	0h 35m 7s	0h 30m 44s
<b>75y326d</b>	0h 23m 34s	0h 58m 55s	0h 47m 8s	0h 39m 17s	0h 33m 40s	0h 29m 28s
<b>76y018d</b>	0h 26m 42s	1h 6m 45s	0h 53m 24s	0h 44m 30s	0h 38m 9s	0h 33m 23s
<b>77y323d</b>	0h 24m 16s	1h 0m 40s	0h 48m 32s	0h 40m 27s	0h 34m 40s	0h 30m 20s
<b>78y085d</b>	0h 24m 0s	0h 59m 59s 500ms	0h 48m 0s	0h 40m 0s	0h 34m 17s	0h 30m 0s
<b>79y328d</b>	0h 25m 29s	1h 3m 42s 750ms	0h 50m 58s	0h 42m 29s	0h 36m 24s	0h 31m 51s
<b>80y082d</b>	0h 25m 14s	1h 3m 5s	0h 50m 28s	0h 42m 3s	0h 36m 3s	0h 31m 33s