

Could you have high Lp(a) levels?



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MOVE-Lp(a)

A clinical research study for people who have or are at risk for heart disease or stroke and have high Lp(a) levels



Cleveland Clinic Coordinating Center for Clinical Research

Searching for ways to help people with high Lp(a) levels

Lipoprotein(a), also called Lp(a), carries cholesterol (a type of fat) in the blood. If you have a high level of Lp(a), you may have an increased risk for heart disease or stroke.

Doctors and researchers are trying to find medicines that can help people with high Lp(a) levels reduce their risk for heart disease or stroke. Clinical research studies like the **MOVE-Lp(a)** study are an important part of this work.

This brochure will:

- explain the purpose of clinical research studies
- help you decide if the **MOVE-Lp(a)** study might be right for you

We hope this information will help you understand your options and take action.

What is a clinical research study?

A clinical research study is a medical study that helps to answer important questions about investigational medicines, such as:

- Are they safe?
- Do they work?
- Are there side effects?



All medicines must be tested in clinical research studies before they can be approved for doctors to give to patients. Without people taking part in these studies, we would not have new medicines.

The medicine that participants take in a clinical research study is called the study medicine. Different clinical research studies might have different types of study medicines.

Study medicine can be investigational medicine or placebo.

Investigational medicine means it is still being tested in clinical research studies.

A **placebo** looks the same as the investigational medicine but does not have any real medicine in it.

About the **MOVE-Lp(a)** study

The **MOVE-Lp(a)** study will see if an investigational medicine can safely lower Lp(a) levels and reduce the risk for heart disease or stroke.

Lp(a) carries cholesterol (a type of fat) in the blood. If you have a high level of Lp(a), you may have an increased risk for heart disease or stroke.

The level of Lp(a) in your blood is decided by your genes. Genes are passed on to you from your parents. They carry the information that decides how you look and how your body works. You may have a high level of Lp(a) even if you have a healthy lifestyle or are taking other medicine for your cholesterol.

What does the **MOVE-Lp(a)** study involve?

If you decide to take part in the **MOVE-Lp(a)** study, you will be randomly assigned (that is, by chance) to the investigational medicine or placebo. You will take a pill once a day.

This study will last a minimum of about 3 years and 9 months. It will continue until all study information has been collected, which is likely to be about 5 years and 3 months.

During the study you will attend some study visits in person at a clinic. Other visits will be completed by phone or video call.

The **MOVE-Lp(a)** study has 3 main study periods

Pre-screening period (optional)

Up to 16 weeks before the study treatment period
1 clinic visit

- To check if the study is right for you

Screening period

Within 2 to 8 weeks before the study treatment period
1 clinic visit

- To check if the study is right for you

Study treatment period

About 5 years

The number of visits in this period will depend on when you join the study and when all study information has been collected.

- You will get the investigational medicine or placebo during this period
- You may be able to attend some of these visits by phone or video call (telehealth)
- You will have a final clinic visit at the end of the study treatment period. The final clinic visit will include study health and safety checks

Why should I think about joining this study?

A medicine might work differently depending on other health conditions a person might have, and sometimes on their sex, genes, and living environment.

It is important to test an investigational medicine in all people it is meant to help. This means we need a diverse group of people taking part in the clinical research study.

Genes are passed on to you from your parents. They carry the information that decides how you look and how your body works.

What are the possible benefits of taking part?

The possible benefits of taking part in the **MOVE-Lp(a)** study are:

- 9 getting actively involved in healthcare research for people with high Lp(a) levels
- 9 helping others by advancing medical research

If you choose to take part, you will get at no cost to you:

- 9 all study-related medicines
- 9 all study-related care and check-ins
- 9 access to specialized doctors and researchers

You do not need to have health insurance to take part in the **MOVE-Lp(a)** study.



Can I take part in this study?

Yes, you may be able to join the study if you:

- are at least 18 years of age
- have a high level of Lp(a) in your blood
- already have heart disease or have had a stroke
or
are at risk for having a first heart attack or stroke

Many people do not know what their Lp(a) levels are. The study team will check Lp(a) levels for all potential participants.

Can I change my mind about taking part?

Taking part in the **MOVE-Lp(a)** study is your choice.

If you decide to take part, it is important that you are available for the full duration of the study, can attend all study visits, and can complete all study activities.

If you later decide to stop taking part, you may leave the study at any time for any reason. However, the study team may ask to check in with you to collect important health and safety information.