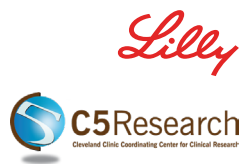


What is Lipoprotein (a)?



Lipoprotein(a) is also known as **Lp(a)**. It's a protein that carries cholesterol (a type of fat) and proteins in your blood. People with high Lp(a) have a higher risk for heart disease.

The level of Lp(a) in your blood is decided by your genes. Genes are passed on to you from your parents. They carry the information that decides how you look and how your body works.

How do we test for Lp(a)?

A simple blood test can measure your Lp(a) level. However, Lp(a) is not usually tested during routine blood tests.



What do the levels of Lp(a) mean?

It's normal to have some Lp(a) in your blood. High levels of Lp(a) may mean you have an increased risk for heart disease.

Lp(a) levels can be measured in 2 different ways: nmol/L or mg/dL.

The different levels of Lp(a) are shown here:

Normal Lp(a) level: < 75 nmol/L, or < 30 mg/dL

Elevated Lp(a) level: 75-125 nmol/L, or 30-50 mg/dL

Very high Lp(a) level: > 125 nmol/L, or > 50 mg/dL

A very high Lp(a) indicates an increased risk for a cardiovascular event.

- **Who can have high levels of Lp(a) in their blood?**

Around 1 in 5 people have high levels of Lp(a). This may be different depending on your race and ethnicity.



You may have a high level of Lp(a) even if you have a healthy lifestyle or are taking other medicine for your cholesterol.

- **Who should get screened for Lp(a)?**

You should get screened for Lp(a) if you or someone in your family:

- has been diagnosed with high Lp(a), or
- had a heart attack or stroke at a young age.



Scan QR code or visit:
<https://e.lilly/44JHwvS>

Wilson DP, Jacobson TA, Jones PH, Koschinsky ML, McNeal CJ, Nordestgaard BG, Orringer CE. Use of Lipoprotein(a) in clinical practice: A biomarker whose time has come. A scientific statement from the National Lipid Association. J Clin Lipidol. 2022 Sep-Oct;16(5):e77-e95. doi: 10.1016/j.jacl.2022.08.007. Epub 2022 Aug 26. Erratum for: J Clin Lipidol. 2019 May - Jun;13(3):374-392. doi: 10.1016/j.jacl.2019.04.010. PMID: 36068139.

HIBBERT CODE

© 2025 Eli Lilly and Company

EKBG_Lp(a)-Infographic_Master_v1_23May2025_EN