

Event Guide

We want you to have the best experience possible! Here are some tips on how to prepare for Rally Day to ensure you are comfortable and get the most out of it.
******ASL & Spanish interpreters will be available, and ADA portable bathrooms nearby.***

What to Wear

- Wear comfortable shoes and clothing. Check the weather forecast the day before in case of rain. Temperatures can range from the 70s to the 90s in May.

What to Bring

- Water bottle | hat to protect from sun | sun screen | hand sanitizer | personal lunch | medications
- Business cards to network with others

Rally Poster

- We encourage everyone to create a **RALLY POSTER** with some key phrases that protest any state or federal funding cuts to disability services. Making a sign is an act of saying that you matter and your voice should be heard. *****NO STICKS ALLOWED ON THE POSTERS & CAPITOL GROUNDS***
- Here are some sample phrases you can put on your poster, or create your own:
 - Save Medicaid | The Future Includes Us! | We Deserve a Path to Thrive | Disability Rights are Human Rights | Keep the Promise | Reject Cuts to Disability Services | Equal Access for Education | No Cuts to Disability Funding | Don't Let Us Down | Fund Living Wages for DSPs | Protect Our Care | My Future is in Your Hands | Equality. Acceptance. Inclusion.
- Here are ways to **make your Rally Poster STAND OUT!**
 - Use thick poster board or foam core | Use a brightly colored paper/poster | Keep it short! No more than 5 words | Include a picture or add a border



Questions? Contact Us!

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FAQ



Keep the Promise Rally

RALLY POSTER TIPS

We encourage your group to make a **RALLY POSTER** with a key phrase to protest any state or federal funding cuts for essential disability services. Making a sign is an act of saying that you matter and your voice should be heard. ****NO STICKS ALLOWED ON THE POSTERS & CAPITOL GROUNDS**

SAMPLE MESSAGES_English

Save Medicaid | The Future Includes Us! | We Deserve a Path to Thrive
Disability Rights are Human Rights | Keep the Promise
Reject Cuts to Disability Services | Equal Access for Education
No Cuts to Disability Funding | Don't Let Us Down | Fund Living Wages for DSPs
Protect Our Care | My Future is in Your Hands | Equality. Acceptance. Inclusion.

SAMPLE MESSAGES_Español

Protege Medicaid | ¡El futuro nos incluye! | Merecemos una oportunidad para salir adelante Los derechos de las personas con discapacidad son derechos humanos
| Cumpla su promesa Rechace los recortes a los servicios para personas con discapacidad | Igualdad de acceso a la educación | No recorte los fondos para personas con discapacidad | No nos falle | Financie salarios dignos para los asistentes de apoyo directo (DSPs) | Proteja nuestra atención médica | Mi futuro está en sus manos | Igualdad. Aceptación. Inclusión.



SHARE YOUR SELFIE! Use hashtag #KeepThePromise