

How to Use Freedom Pharmacy Bubble Packs

- Each of our packages is prepared by a pharmacist for each individual person **BY TIME OF DAY** for the medication administration.

Each “dose cup” has the person’s name, day/date/time of the med pass, and the identification for the medications inside the dose cup.



- The individual dose cups are connected together on a “calendar card” snapped into a “color-coded plastic frame”. (Below is an example of a yellow frame, which represents someone’s MORNING medications).



- There are different color-coded plastic frames which represent the various “times of day” that the medications are to be taken. The frames are available for a small additional fee and are reusable. The breakdown of colors are as follows:

YELLOW = Morning
WHITE = Midday
ORANGE = Dinner
BLUE = Night
GREEN = “as needed” dose
RED = Other

- To take/administer medications, turn calendar pack over so you see the “writing” side of the card. **Starting in the TOP LEFT corner**, verify that the person’s name, date/day/time, and medications are correct for the intended person.
 - The dose cups can detach away from the calendar card OR you can tear your finger through the dose cup label, and remove the contents:



****NOTE****

When detaching a dose cup from the card, place thumb over next dose cup’s “edge” to prevent it from lifting out of the frame. **Be careful not to poke a hole in the next dose cup!**

