

Strauss Chiropractic Center

...because adjustments are a part of life.

February 2023

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	 14 Happy Valentine's Day!	15	16	17	18
19	 20 President's Day OPEN	21	22	23	24	25
26	27	28	<h3 style="color: #c00000;">Tell Someone You Love About Chiropractic!</h3>			



Strauss Chiropractic Center
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 (215) 946-6815

www.strausschiropracticcenter.com
StraussChiropractic@gmail.com

Office Hours

Monday to Friday 9 AM - 8 PM
 Saturday 9 AM - 1 PM

Chiropractors' Hours

Dr. Judy M: 1-8
 T & Th: 9-3
 F: 1-5
 S: 9-1

Dr. Randy M, W & F: 9-1
 T & Th: 3-8

Dr. Gerry M, W & F: 1-8
 S: 9-1

Child's Play

Teaching the Simple Truth About Chiropractic to Our Kids

People commonly ask how they can help their kids and grandkids understand why it is important for them to be checked by the chiropractor every week or two. What follows is a great way to teach kids the simple truth about why they (and everyone) need chiropractic. You may wonder how a parent could confuse their kids when talking about chiropractic care. Kids accept what we say when it is simple and makes sense to them. Their parents on the other hand have been programmed through their lives that whenever they go to any kind of doctor, they are there to have something "fixed" so that some illness or pain goes away or is prevented from coming in the first place. In other words, *they go to the doctor so that something WON'T happen; to experience LESS of something.*

But vitalistic chiropractic is actually the complete opposite of this! The whole reason for getting adjusted and keeping your neurological connection clear is *so that something WILL happen* – a more complete expression of health and life! In other words, *you go to the chiropractor to experience MORE of something!* When your body and the intelligent energy that you are have a clear neurological CONNECTION, you can more correctly comprehend and respond to everything in both your internal and external environments, and you are more likely to continue your path of unfoldment into whatever you are meant to be in this life. The truth is that we chiropractors don't "correct" or "treat" anything. What we do is restore the CONNECTION between you and your body, and then your intelligent and organizing life energy makes any necessary corrections. **We connect you, your innate intelligence (your power) corrects you!**

Here is how anyone can teach the simple truth about chiropractic to kids using three simple ideas.

1. **EVERYTHING IS ALWAYS CHANGING, EVEN YOU!** Here's how...
2. **YOUR BODY IS ALWAYS EITHER GETTING STRONGER OR IT IS GETTING WEAKER.**
What's really cool about this is that most of the time YOU get to decide if you will get stronger or weaker!
3. **IF YOU WANT TO HELP YOUR BODY KEEP GETTING STRONGER AND HEALTHIER ALL THE TIME, YOU NEED TO DO THREE THINGS;**
 - a) Think about good things and be happy.
 - b) Make healthy choices.
 - c) Keep your Power on!

Here's why these three things make you stronger. Everything works better when you are happy! Thinking about good things makes your body stronger all the time. Making healthy choices helps your body get everything it needs to keep getting stronger all the time too! And your POWER is what helps you *keep* thinking good things, it helps you *use* all the good things you get from your healthy choices and it is what really *keeps* you getting stronger all the time! When you get checked by your chiropractor you are making sure your POWER is free to do its job so that you can keep getting stronger, healthier, and happier all the time!

That's it - it's so incredibly simple! Helping kids understand these three very simple ideas provides them with everything they need to know about themselves! They learn that everything is always in the process of changing – including them, and that they have the power to make good choices and direct their own health and lives. But most important of all, they learn that they ARE this incredible POWER, and there is NOTHING more important for your child to learn about him/herself than that!

Kids Need Chiropractic Too!



Help Us Warm the Hearts and Lives of Those in Need

Thank you to all who contributed to our collection of blankets and coats for the needy during the month of January.

Items were donated to the good people who run the Homeless & Those in Need Program in cooperation with St. Thomas Aquinas Parish.

If you still have items to donate, they would still be most welcome. Simply drop them off as soon as possible. We greatly appreciate your generosity.

