

Strauss Chiropractic Center

...because adjustments
are a part of life.

July 2025						
Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
	<u>Regular Hours</u> Dr. Gerry 9 AM to 5 PM Dr. Judy 1 PM to 8 PM	1	2	3	4	5
	Dr. Gerry will be out. - Dr. Judy will cover all hours.					
			9AM-3PM ONLY		Office Closed <i>Happy 4th of July</i>	
6	7	8	9	10	11	12
	Dr. Gerry will be out all week. - Dr. Judy will cover all hours.					
			9AM-3PM ONLY			
13	14	15	16	17	18	19
	Dr. Gerry will be out all week. - Dr. Judy will cover all hours.					
			9AM-3PM ONLY			
20	21	22	23	24	25	26
	Possible Dr. Gerry return this week. Please call the office to confirm.					
			9AM-3PM ONLY			
27	28	29	30	31		
			9AM-3PM ONLY			



Strauss Chiropractic Center
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 Levittown, PA 19056
 (215) 946-6815

www.strausschiropracticcenter.com
 StraussChiropractic@gmail.com

Office Hours

M, Tu, Th & F: 9 AM - 8 PM
 Wed: 9 AM - 3 PM
 Saturday: 9 AM - 1 PM

Chiropractors' Hours

Dr. Judy: M & F: 1-8
 T & Th: 9-3
 S: 9-1

Dr. Gerry: M & F: 9-5
 T & Th: 3-8
 W: 9-3
 S: 9-1

Starting in July, the Strauss Chiropractic Center will begin a Chiro-Kids program that will work similar to the frequent shopper/loyalty programs that you are probably familiar with from the grocery stores, pharmacies, and pet stores you frequent.

Each time your child (up to and including age 13) has his or her spine checked, we will punch their Chiro-Kids Club card and when they accumulate 5 they will have their choice of a “reward.” Rewards include various things, like free Rita’s, coloring books, small toys, and other playthings.

It's the Strauss Chiropractic Center's way of inspiring you to have your children's spines checked on a regular basis. They may not need to be adjusted but we won't know that unless we check. The program will run through August 31, 2025

The nerve system controls every other system of the body, of course the musculo-skeletal system, but also, the immune system, the digestive system, the endocrine system, the cardiovascular system, the respiratory system and the reproductive system. None of the systems can function optimally if the nerve system isn't. That's true for you and it's true for your children. Why wouldn't you have them checked?



Take our quiz and see just how much you know about chiropractic!

- Which of the following might cause subluxation in a child's spine?
 - Playing a musical instrument
 - Studying for or taking a test
 - Sleeping in on Saturday
 - All of the above
- What is the first thing a child would encounter that might cause a subluxation in his or her spine?
 - A car accident
 - Falls as they learn to walk
 - The birth process
 - None of the above
- At what age can a child receive their first adjustment?
 - At birth
 - At 2 years (after they learn how to walk)
 - At 7 years (when bones are more completely formed)
 - When their pediatrician says so
- When is it OK to NOT have your child's spine checked for vertebral subluxation?
 - If they are not involved in sports
 - If they do not complain of back pain
 - If they do not want to
 - If they do not have a spine
- What may result from the removal of distortion in the nerve system through the correction of vertebral subluxation?
 - Better performance
 - Better concentration
 - Better body function
 - All of the above

- D-Any time your child holds a single position for a prolonged period of time, muscles may be stressed in such a way that leads to misalignment of one or more bones of the spine that interfere with the normal function of nerves. This is known as vertebral subluxation.
- C-While any of these might cause a subluxation in a child's spine, being tugged and yanked out of the birth canal (or the abdomen in the case of a C-section) is the first possible cause of subluxation. One study showed that up to 91% of healthy newborns had at least one area of restriction in their neck after birth.
- A-Since it is possible that the birth process itself may cause vertebral subluxation in a newborn's spine, it makes sense that all children be checked at birth or as soon afterwards as possible. Adjustments to children, and infants in particular, require very little force and safely and effectively remove distortion from the all-important nerve system allowing the child to maximally thrive. By the way, medical doctors are in no position to make recommendations about chiropractic as they have no education/expertise with it whatsoever.
- D-Because vertebral subluxations have no symptoms and are caused by many of the things that children do everyday, it just makes sense for them and everyone to be checked regularly.
- D-Because the nerve system controls every other system of the body and every body function, removal of interference in the nerve system could result in improvement in any area of a child's life. The same is obviously also true for adults.

Answers: