

Strauss Chiropractic Center

...because adjustments are a part of life.



July 2026						
Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
Chiro Kids Club is in full swing! Over 30 kids have signed up already! Is your child in on the fun!?!			1	2	3	4
		Kids Club				
5	Regular Hours Resume	7	8	9	10	11
				No Dr. Sal Dr. Judy 9-3 Dr. Randy 3-8		
12	13	14	15	16	17	18
	No Dr. Sal Dr. Randy 9-1 Dr. Judy 1-8				For Dr. Gerry's Services	Regular hours resume Dr. Judy 9am-1pm
19	20	21	22	23	24	25
26	27	28	29	30	31	

Strauss Chiropractic Center

1405 Frosty Hollow Road
Levittown, PA 19056
(215) 946-6815

www.strausschiropracticcenter.com
StraussChiropractic@gmail.com

Office Hours

M, Tu, Th & F: 9 AM - 8 PM

Wed: 9 AM – 3 PM

Saturday: 9 AM - 1 PM

Chiropractors' Hours

Dr. Judy: M: 1-8
T & Th: 9-3
F: 9-8
S: 9-1

Dr. Randy: M : 9-1
W: 9-3
T & Th: 3-8

Dr. Sal: M: 1-5
Th: 9-1

Bathing Suits Welcome

We understand that summer schedules can be especially busy.

Between vacations, outdoor activities, and family commitments, it can be challenging to fit regular spinal checkups into your routine—even with the best intentions.

To help keep you and your family on track with your chiropractic care, Strauss Chiropractic offers convenient office hours:

- Mon, Tue, Thu, Fri: 9:00 AM – 8:00 PM
- Wed: 9:00 AM – 3:00 PM
- Sat: 9:00 AM – 1:00 PM.

As you plan your summer activities, be sure to make time for the spinal and nerve system care you and your family need and deserve. We look forward to helping you stay healthy, active, and feeling your best all summer long.



Choices, Choices, Choices!!

July, the month in which we celebrate the remarkable freedom we enjoy in America, seems a perfect time to reflect on the abundance of choices available to us and to appreciate how fortunate we truly are. As Americans, we are surrounded by options. Within just a few miles of my home, I can choose from at least SEVEN different grocery stores—Shop and Bag, ACME, Fresh Market, Sprouts, Aldi, or either of two Giant locations. And if I'm not in the mood to cook, I can head to an Italian, Japanese, Chinese, Indian, Mexican, Middle Eastern, or classic American restaurant. And as if that were not enough, many places-- restaurants or stores-- will even deliver right to our door. When it comes to dinner, I have more choices than I can count.

My choices for entertainment are equally abundant. Within twenty minutes, I could walk, jog, hike, bike, swim, dance, bowl, or rock climb. I could play tennis, soccer, lacrosse, field hockey, ice hockey, football, basketball, baseball, croquet, bocci, or miniature golf. I could rollerblade, roller skate, ice skate, or skateboard. I could go power shopping, antiquing, or browsing flea markets. And for those days when I prefer something less active (which is often the case), I can enjoy a movie, a play, museums, the library, a carnival, or either of two zoos. On any given week, I might do several of these things—because the choice is mine.

Health care in our country offers the same wide range of options. Beyond a traditional medical doctor, one might visit a naturopath, osteopath, or homeopath. People can also utilize nutrition, acupuncture, Chinese herbology, massage, physical therapy, or energy work. The beauty of many of these approaches is that they don't have to be focused on treating illness—they're about helping people function at their highest potential. World-class athletes don't consult nutritionists to lower cholesterol; they do it to improve stamina, shave seconds off their time, and perform at their best.

Chiropractic is another amazing choice in today's healthcare landscape. Chiropractic adjustments remove nerve system distortions caused by vertebral subluxation—misalignments in the spine that keep the body from functioning at its best. At Strauss Chiropractic, our goal is to locate these areas and help correct them as regularly as possible so you can be your best self. That's why we offer long hours, quick visits, no appointments, and even allow you to set your own fee—so you can come **REGULARLY**.

We all do countless things every day that might cause vertebral subluxations in our spines. That's why we not only recommend that you have your spine checked weekly, but we run the office in such a way that you can come **REGULARLY**. Your spine is the most important organ you have. Choose to take the best care of it possible by seeing your chiropractor **REGULARLY**.