

SUN	MON	TUES	WED	THURS	FRI	SAT
		1 Flow 9:00 am	2 Gentle 4:30 pm Hatha 6:15 pm	3	4 Hatha 9:00 am	5 Vin & Yin 9:00 am
6	7 Gentle/Chair 9:00 am	8 NO CLASS	9 Vin & Yin 6:15 - 7:30 PM	10	11 Hatha 9:00 am	12 Whatever your Spirit tells me to do 9:00 am
13	14 NO CLASS	15 Hatha 9:00-10:15 am Gentle/Chair 10:30 am Vin & Yin 6:15 pm	16	17	18 Hatha 9:00 am	19 Whatever your Spirit tells me to do 9:00 am
20	21 Gentle/Chair 9:00 am	23 Hatha 9:00-10:15 am VIN & YIN 6:15 pm	23	24	25 Hatha 9:00 am	26 Whatever your Spirit tells me to do 9:00 am
27	28 Gentle/Chair 9:00 am	29 Hatha 9:00-10:15 am VIN & YIN 6:15 pm	30	31	Prices: \$15 drop in \$50 - 4 class pass *** Tuesday Class *** 9:00-10:15 am Donation based	

MONDAY	TUESDAY	FRIDAY	SATURDAY	
9:00 am Gentle/ Chair	6:15 pm Vin & Yin	9:00 am Hatha	9:00 am Whatever your Spirit tells me	 FIND YOUR CENTER