

September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7					Hatha 9:00 - 10:15 am	Slow Flow 9:00 - 10:15 am
		9 Slow Flow 9:00 - 10:15 am <i>NO 6:15 class</i>	10	11	12 Hatha 9:00 - 10:15 am	<i>No class</i>
14	15	16 VIN/ YIN Yoga 6:15—7:30 pm \	17	18	19 Hatha 9:00 - 10:15 am	20 Slow Flow 9:00 - 10:15 am
21	22 Gentle/ Chair 10:-11:00 AM	23 \ VIN/ YIN Yoga 6:15—7:30 pm	24	25	26 Hatha 9:00 - 10:15 am	27 Slow Flow 9:00 - 10:15 am
28	29 Gentle/ Chair 10:-11:00 AM	30 VIN/ YIN Yoga 6:15—7:30 pm				