



empowHer

MISSION ANCHOR

EmpowHer Enterprises Inc is a 501(c)(3) nonprofit organization committed to empowering youth, women, and families in underserved communities, with a focused emphasis on those impacted by the foster care system. Through a continuum-of-care model, EmpowHer delivers stage-based programming that addresses immediate needs while building long-term stability, confidence, and self-sufficiency.

INPUTS

- Donor and foundation funding
- Community and agency partnerships
- Trained volunteers and mentors
- Trauma-informed curriculum and supplies
- Journey Totes and personalized essentials

ACTIVITIES

- Distribute Journey Totes during foster care and housing transitions
- Deliver literacy, financial literacy, and life skills workshops
- Provide career readiness training and mentoring
- Support youth transitioning out of foster care
- Connect families to community-based resources

OUTPUTS

ANNUAL METRICS

- 300+ Journey Totes distributed to youth in transition
- 25 to 40 workshops delivered across literacy, financial, and career readiness topics
- 250 to 400 youth and young adults served annually

- 500+ hours of mentoring and coaching provided
- 100+ resource referrals completed with follow-up support

SHORT-TERM OUTCOMES

(Now to 12 Months)

- 85% report feeling safer and more supported
- 80% increased engagement in learning
- 75% improved emotional regulation and confidence

INTERMEDIATE OUTCOMES

(1-3 Years)

- 70% improve reading, financial literacy, or life skills
- 65% set and pursue academic/career goals
- 60% improved decision making/problem solving

LONG-TERM OUTCOMES

(3-5 Years)

- 60% achieve employment/training/postsecondary enrollment
- 55% increased financial independence
- 40% reduction in reliance on crisis services

IMPACT

(5-10 Years)

- Youth break cycles of instability and foster care re-entry
- Stronger families and healthier communities
- Long-term reduction in generational poverty and trauma

Early, dignity-centered intervention produces measurable outcomes that reduce long-term social service costs and strengthen communities.