



**Momentum Therapy**  
Specialized In-Home Therapy



# Lindsay M. Riegle, OTD, OTR/L, LSVT

## OCCUPATIONAL THERAPIST

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### Professional Summary

Skilled Occupational Therapist with over 11 years' experience with exceptional grasp of healthcare compliance and professionalism. Proficient in areas of therapeutic intervention, program leadership, team development, training, and clinical education. Specializes in areas of Home Care and community-based practice with emphasis on wellness and specialties in such as home modifications, Parkinson's Disease evaluation and intervention, and aging in place. Recent areas of case management coordination for young adults with IDD and ASD; assisting with transition in an educational environment that supports inclusion related to social, academic and vocational goals.

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### Education

#### UNIVERSITY OF TOLEDO

Toledo, OH | Occupational Therapy Doctorate

Capstone: Course Development to Prevent Injuries in healthcare workers at UTMC-Capstone Award for class of 2013

Toledo, OH | Bachelor of Science

Recreational Therapy: Obtained CTRS post-graduation and worked for Rainbow Rehabilitation Centers- Neuro Rehabilitation and Older Adults

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### Clinical Experience

#### STRATEGIC OPERATION SOLUTIONS

Occupational Therapist | September 2018 – Present

- Performs occupational therapy assessment for home modifications through Area Office on Aging
- Collaborates with case managers on medically necessary home durable medical equipment, home modifications to assist with aging in place, maximizing member mobility, self-care, wellness, and safety to prevent falls

#### PROMEDICA HOMECARE

Lead Occupational Therapist | March 2015 – October 2023

- Evaluated patients in their homes to improve occupational performance in environment
- Collaborates with nursing, physical and speech therapies, social work, case managers, physicians to ensure quality care
- OT Team lead; providing clinical education to staff in areas of cardiac, pulmonary, orthopedic, physical dysfunction and cognitive related impairments

#### GENESIS REHABILITATION

Occupational Therapist | September 2013 – June 2015

- Performed OT assessments and treatment within Skilled nursing and Outpatient sectors in various Genesis SNF locations including Swanton, Sylvania, Perrysburg, Point Place

#### KINGSTON CARE CENTER

Occupational Therapist | August 2013 – August 2016

- Performed OT assessments and treatment within Skilled nursing facility in Sylvania and Perrysburg locations
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## Teaching

### UNIVERSITY OF TOLEDO

#### Program Coordinator-Toledo Transition | August 2023 – Present

- Coordinates non- degree seeking program for young adults with IDD on UT campus.
- Program and curriculum modification based on latest intervention and resources for individuals with IDD; serve as academic advisor and instructor as needed
- Communicates with UT faculty, advisors, assisting students with course selection and sequencing, program development
- Evaluating and monitoring student performance

#### Instructor-Capstone Mentor- OT Doctorate Program | January 2023 – Present

Instructor of various courses related to occupational therapy profession

- Models of Practice V, 20 students. Course aimed to advance clinical reasoning for occupational therapy practice and support occupational performance throughout the lifespan, including prevention of occupational impairment
- MOPS I- Clinical Lab Instructor, 22 students. Course on biomechanical model of practice
- MOPS VII – Program Development Plan, 20 students. Course on development of program in community-based setting
- Purposeful Living: Role of Occupational Therapy- *online course*, 24 students. Course on role of OT in various settings, history of OT, fundamentals of OT in practice
- Utilized multiple teaching methods, graded and provided extensive feedback on assignments, created group work to assist in learning
- Revised the syllabus as appropriate within ACOTE standards

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## Certifications

LSVT BIG Certified- Movement-Based exercise intervention | June 2015 - Present

ASTR-Advanced Soft Tissue Release | May 2019 – Continuing Education

Aging in Place | June 2023 – Continuing Education- Home Modifications

Delay the Disease Certification | Oct 2016

UT Online Teaching Certificate | October 2023

UT Curriculum Design Certificate | May 2024

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## Professional Work/Publications

Community Speaker | Fall Prevention | Parkinson's Disease Education 2015- Present

Guest Speaker Owens Community College | March 2017 – Present

Research Presentation: "Prevention of healthcare injuries" OOTA Conference 2013  
Publication

Bartnik LM, Rice MS. Comparison of caregiver forces required for sliding a patient up in bed using an array of slide sheets. *Workplace Health Saf.* 2013 Sep;61(9):393-400.

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## Professional Affiliations

AOTA – Active Current Member

OOTA – Active Current Member