

## **Song Writing**

### **Possible Themes**

**Song themes could include, but are not limited to:**

*An activity of interest*

*Artwork*

*Autobiographical*

*Current mood or feelings*

*Feelings about an upcoming or past event*

*Future goal*

*Group introductions*

*Health*

*Love*

*Movie or television show*

*Nature*

*Pet(s)*

*Recovery*

*Relationships*

*Seasons/Holidays*

*Sports/Games*