

# Hand Choreography

## Movements

*These movements can be done simultaneously not only by the individual playing the Beamz, but also by other group members.*

**Hand choreography movements could include, but are not limited to:**

<b>The Wave</b>	Move hands in a wave-like manner, hitting one or both lasers on each side.
<b>The Flip</b>	Start with the palm facing down, and the back of the hand facing upward. Turn the hand 180 degrees so that the palm is facing upward and the back of the hand is down.
<b>The Chop</b>	Place one straight hand perpendicular to the lasers, and bring it up and down to hit both lasers on one side.
<b>The Robot</b>	Place both hands perpendicular to the lasers, and alternate bringing them up and down to hit both lasers on both sides.
<b>Fists</b>	Make hands into fists, then open them, interrupting the beam of the laser with the fingertips.
<b>Spirit Fingers</b>	Wiggle fingers hitting at least one laser at a time.
<b>Plucking</b>	Create a plucking movement with the fingers, as if plucking on a guitar string, curling one finger at a time and bringing it in toward the palm.
<b>DJ Scratch</b>	Move hand as if pulling a record back and forth similar to what a DJ would do.
<b>Knocking</b>	Make a fist with the hand and do a knocking motion into a laser by bending the wrist.
<b>Drumming</b>	Flatten and straighten hand and move up and down similarly to beating on a drum. Move hands through one or both lasers on each side in rhythm with the background rhythm.
<b>Finger touches</b>	Place thumb directly below a laser and touch each finger to the thumb, one at a time, intercepting the laser each time.
<b>Pointing</b>	Make a pointing motion with the index finger, and move it through the laser.
<b>Pushing</b>	Hold hand out in front of the body (palm out, back of hand parallel with body), and make a pushing motion through the lasers, hitting both lasers on one or both sides.
<b>Swimming</b>	Hold hands out, perpendicular to the lasers with pinky fingers on top and their thumbs on the bottom (palms should be facing away from each other), and make a movement similar to the breast stroke through the lasers on each side of the unit.