

Appendix A: Evaluation Tools

A. Foundational Exercises: "Getting Warmed-Up"

Worksheet #1 *(for use with A)*

| Track Title | Genre | Instrumentation | Tempo <i>(fast/slow)</i> | Key <i>(major/minor)</i> | Associated Feelings |
|-------------|-------|-----------------|-----------------------------|-----------------------------|---------------------|
| | | | | | |
| | | | | | |

Notes/Observations: _____

Worksheet #1 Key: For Facilitator Reference

| Track Title | Genre | Instrumentation | Tempo <i>(fast/slow)</i> | Key <i>(major/minor)</i> | Associated Feelings |
|----------------------|------------------------|---|-----------------------------|-----------------------------|---------------------|
| "Bluegrass Song" | Bluegrass | Banjo, Fiddle, Tambourine, Guitar, Squeezebox, Pedal Steel, Cowbell | Moderate (~113 BPM) | E Maj | N/A |
| "Honky Tonk Hoedown" | Country/ Blues | Organ, Guitar, Piano, Tambourine, Fiddle, Banjo, Mandolin, Pedal Steel, Toms, Snare, Crash, Cowbell | Moderate (~105 BPM) | E Maj Blues | N/A |
| "Jazz Club" | Jazz | Flute, Vibes, Trombone, Drum Kit, Piano, Sax, Percussion, | Slow- Moderate (~85 BPM) | Eb Min | N/A |
| "Pharaoh's Remix" | Middle-Eastern/ Indian | Shakukachi, Sitar, Flute, Tabla, Guitar, Zither, Doud, Bongos, Distorted Percussion | Moderate (~115 BPM) | D Harm Min | N/A |

Notes/Observations: _____

B. Intermediate Level: "Establishing Player Preference"

Evaluation Tool #1 (for use with B iii- top eval; iv- bottom eval)

| Player Outcomes | Field of Instrument 1 | Field of Instrument 2 | Field of Instrument 3 |
|--------------------------|-----------------------|-----------------------|-----------------------|
| # of Instruments Learned | ____ / 4 | ____ / 4 | ____ / 4 |

| Song / Genre | Intrument Affinity | Intrument Aversion | Intrument to Play |
|--------------|------------------------------------|------------------------------------|----------------------------------|
| | Field of Instrument _____ _____ | Field of Instrument _____ _____ | _____ _____ _____ _____ |
| | Field of Instrument _____ _____ | Field of Instrument _____ _____ | _____ _____ _____ _____ |

Evaluation Tool #2 Key: This is for use for facilitator to track learned instruments from different fields. Facilitator and clients can track which instrument(s) were pleasing/not pleasing and identify one to play along with the Beamz in the following section.

Notes/Observations: _____

C. Expert Performance: "Making the Band"

Worksheet #2 (for use with C v)

| My Beamz Creation | Instrument Field 1 | Instrument Field 2 | Instrument Field 3 |
|-------------------|--------------------|--------------------|--------------------|
| My Beamz Creation | | | |
| My Beamz Creation | | | |
| My Beamz Creation | | | |

Worksheet #2 Key: This serves as a performance "map" and includes beams to play, instruments to play, people that they want to assist in the piece, and/or any other instructions for their performance.

Special Instructions for Performance: _____





Appendix B: Protocol Modifications

1. This protocol can be facilitated in an individual or group setting.
2. Depending on time considerations, this can be facilitated in a larger group as well (at least 90-minute group duration).
3. For a longer group or individual session, extend the final phase to allow for more free play.
4. This protocol can be executed over the course of three sessions, since each part of it has an internal evaluation tool and begins with reflecting on previously acquired skills.
5. Depending on neurologic functioning level of clients, music therapist can adapt the foundational exercises to offer more than one genre, but do not follow up with the following parts of the protocol - use it exclusively.
6. Make this a game format in groups. Run protocol with 1:1 (small group) or 2+ teams (larger group).