



PURPLE POWER WORSHIP

**EVERY 65 SECONDS, AN AMERICAN DEVELOPS
ALZHEIMER'S DISEASE**

THE ALZHEIMER'S ASSOCIATION OF SOUTHEASTERN VIRGINIA

would like to invite you to participate in Purple Power Worship, an opportunity for your faith community to raise awareness about Alzheimer's disease and related dementias and help members to access services.

WHY SHOULD YOUR FAITH COMMUNITY PARTICIPATE?

- ✿ Raise awareness about Alzheimer's disease as a growing epidemic
- ✿ Hear testimony from families in your congregation affected by the disease
- ✿ Learn the latest information on research and public policy efforts
- ✿ Connect congregants to valuable programs, services, and support
- ✿ Identify members of your community to plan ongoing activities to educate and raise awareness

TO PARTICIPATE IN PURPLE POWER WORSHIP, WE RECOMMEND THAT YOU:

- ✿ Select an individual who will represent your congregation and work to implement the Purple Power Worship event in your congregation.
- ✿ Promote the day by encouraging congregants to wear purple.
- ✿ Provide the opportunity for persons with dementia and their caregivers to share their stories.
- ✿ Host a table of resources and information before and after service (materials provided by the Association).

If your faith community would like to participate in Purple Power Worship, please contact our Chapter at (800) 272-3900 or at infoseva@alz.org.

KNOW^{the} 10 SIGNS

EARLY DETECTION MATTERS

10 WARNING SIGNS OF ALZHEIMER'S DISEASE

- 1** Memory loss that disrupts daily life
- 2** Challenges in planning or solving problems
- 3** Difficulty completing familiar tasks
- 4** Confusion with time or place
- 5** Trouble understanding visual images and spatial relationships
- 6** New problems with words in speaking or writing
- 7** Misplacing things and losing the ability to retrace steps
- 8** Decreased or poor judgment
- 9** Withdrawal from work or social activities
- 10** Changes in mood and personality

If you or someone you care about is experiencing any of the 10 warning signs, please see a doctor to find the cause. Early diagnosis gives you a chance to seek treatment and plan your future. The Alzheimer's Association can help.