

DIVINE SUNDAY



Divine Mercy Sunday

“It is a time where we are blessed with divine mercy as it reaches us through the heart of Christ crucified.”

-Pope John Paul II

The second Sunday of Easter is celebrated for reflection on the Christian faith. This focuses on the gifts that flowed from Christ's death, burial, and resurrection — his mercy and love that were so freely given to humanity after such a betrayal. This Divine Mercy Sunday as we conclude the Easter celebrations, through Holy Communion we welcome the ultimate gift that Christ gave after his crucifixion.

POINT OF FOCUS:

World Health Day.

In December 1945, officials of Brazil and China proposed the creation of an international health organization, that is all-encompassing and absolutely independent from any government powers. Half a year later, in New York, in July 1946, the constitution of the World Health Organization was approved. Said constitution entered into force on April 7, 1948, as 61 countries signed in agreement for the inception of the NGO. As one of the first official acts of WHO, they created the celebration. We will spend time not only bringing awareness to our health, but finding ways to physically empower ourselves, right where we are.

Total Solar Eclipse:

The April 8 total solar eclipse will cut a 2,000-mile path across the United States in just over an hour, casting near darkness over a region of more than 200,000 square miles from Texas to Maine. Millions in North America are hoping to spend around four minutes of total darkness as the Moon blocks the Sun's light on Monday. In the city of Cincinnati and Northern Kentucky, there will not be a total solar eclipse. Many places in the area will experience 98-99% of the sun blocked by the moon. Although the sky will likely darken and the temperature will drop a little, people outside the path of totality will not experience the full dazzling effects of the total solar eclipse.

- Partial eclipse begins: 1:52 p.m.
- Maximum eclipse: 3:09-3:10 p.m.
- Partial eclipse ends: 4:24 p.m.

-ORDER OF SERVICE-

If you dare, Wake up, and call In at Six AM (518) 263-8488; or Listen On Demand at Nine AM. SONGS LOCATED IN THE AFRICAN AMERICAN HERITAGE HYMNAL

VeRSE of The DaY: The First of the Pastoral Epistle Timothy 4:1-4

Mom Bell Piano Melody:

228- Oh How He Loves You and Me
435 -Pass Me Not Oh Gentle Savior
In thee oh Lord I put my Trust
The Love of God
335 - Jesus Loves Me Thee I Know

Pastor Boothe Sings : 273 - He Touched Me

SERMON SUBJECT: ***Ya Pastor Be Lying?*** - I. Timothy 4:2

Physical Wellness Month:

This is encouraged to check on themselves and observe a healthy lifestyle. From exercising and eating healthy to unwinding, there are a lot of simple activities you can do for a fit body and a sound mind. That brings us to a quiet known storm:

Obesity affects roughly 42% of U.S. adults, according to the Centers for Disease Control and Prevention (CDC). And about two-thirds of Americans (65%) say willpower alone usually isn't enough for most people who are trying to lose weight and keep it off.

In 2017-18 – the timespan with the most recent data available – about three-quarters of U.S. adults ages 20 and older were considered either overweight (31%) or obese (42%). About three decades earlier, by comparison, 56% of Americans ages 20 and older were considered overweight or obese, including 3% who were considered severely obese.

According the (WHO), World Health Organization , The United States had one of the highest adult obesity rates in the world as of 2016, ranking 12th among 191 countries. WHO also estimates Worldwide, obesity affected about 663 million adults, or 13% of the global adult population, 15% for women and 11% for men.

If we moved all those trying to medically solve their weight struggles to one state. That location would be Virginia. In the recent decade, over 8 million prescriptions were written for some form of weight loss drug. Not only that, but the economics behind this is great. \$21.1 billion, with combined sales being 89% higher than in 2022. Speaking of sales, Costco has decided to get into the game of weight loss.