

# QUICK REFERENCE TO PSYCHIATRIC MEDICATIONS®

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To the best of our knowledge recommended doses and side effects listed below are accurate. However, this is meant as a general reference only, and should not serve as a guideline for prescribing of medications. Please check the manufacturer's product information sheet or the P.D.R. for any changes in dosage schedule or contraindications. (Brand names are registered trademarks.)

## ANTIDEPRESSANTS

NAMES		Usual Daily Dosage Range	Sedation	ACH <sup>1</sup>	Selective Action On Neurotransmitters <sup>2</sup>			
Generic	Brand				NE	5-HT	DA	
desipramine	Norpramin	150-300 mg	low	low	+++++	0	0	
amitriptyline	Elavil	150-300 mg	high	high	++	++++	0	
nortriptyline	Aventyl, Pamelor	75-125 mg	mid	mid	+++	++	0	
trazodone	Olepto	150-400 mg	mid	none	0	++++	0	
nefazodone	Generic Only	100-300 mg	mid	none	0	+++	0	
fluoxetine	Prozac <sup>3</sup> , Sarafem	20-80 mg	low	none	0	+++++	0	
bupropion	Wellbutrin <sup>3</sup>	150-400 mg	low	none	++	0	++	
sertraline	Zoloft	50-200 mg	low	none	0	+++++	+	
paroxetine	Paxil	20-50 mg	low	low	+	+++++	0	
venlafaxine	Effexor <sup>3</sup>	75-350 mg	low	none	+++	+++	+	
desvenlafaxine	Pristiq	50-400 mg	low	none	+++	+++	+	
fluvoxamine	Luvox	50-300 mg	low	low	0	+++++	0	
mirtazapine	Remeron	15-45 mg	mid	mid	+++	+++	0	
citalopram	Celexa	10-40 mg	low	none	0	+++++	0	
escitalopram	Lexapro	5-20 mg	low	none	0	+++++	0	
duloxetine	Cymbalta	20-80 mg	low	none	+++	+++	0	
vilazodone	Viibryd	10-40 mg	low	low	0	+++++	0	
atomoxetine	Strattera <sup>7</sup>	60-120 mg	low	low	+++++	0	0	
viloxazine	Qelbree <sup>7</sup>	200-600 mg	low	low	+++++	+	+	
vortioxetine	Trintellix	10-20 mg	mid	none	0	+++++	+	
levomilnacipran	Fetzima	40-120 mg	low	none	+++	++	0	
MAO INHIBITORS								
phenelzine	Nardil	30-90 mg	low	none	+++	+++	+++	
tranylcypromine	Parnate	20-60 mg	low	none	+++	+++	+++	
selegiline	Emsam (patch)	6-12 mg	low	none	+++	+++	+++	
ATYPICAL ANTIDEPRESSANTS								
brexanolone	Zulresso	see footnote 4	...	...	see footnote 4	...	...	
esketamine	Spravato	see footnote 5	...	...	see footnote 5	...	...	
dextromethorphan + bupropion	Auvelity	see footnote 6	...	...	see footnote 6	...	...	

<sup>1</sup>ACH: Anticholinergic Side Effects

<sup>2</sup>NE: Norepinephrine, 5-HT: Serotonin, DA: Dopamine (0 = no effect, + = minimal effect, +++ = moderate effect, ++++ = high effect)

<sup>3</sup>Available in standard formulation and time release (XR, XL or CR). Prozac available in 90mg time released/weekly formulation

<sup>4</sup>This medication is used to treat postpartum depression. It is administered IV over a period of 60 hours.

<sup>5</sup>This medication is used to treat severe, acute suicidal impulses and treatment resistant depression. It is administered via nasal spray and doses vary considerably.

<sup>6</sup>This medication is used to treat major depressive disorder. It contains 45mg of dextromethorphan and 105mg of bupropion extended-release.

<sup>7</sup>These medications are sometimes identified as antidepressants due to their mechanism of action, although they are used to treat ADHD.

## BIPOLAR DISORDER MEDICATIONS

NAMES				NAMES			
Generic	Brand	Daily Dosage Range	Serum <sup>1</sup> Level	Generic	Brand	Daily Dosage Range	Serum <sup>1</sup> Level
lithium carbonate	Eskalith, Lithonate	600-2400	0.6-1.5	divalproex	Depakote	750-1500	50-100
olanzapine/				lamotrigine	Lamictal	50-500	(2)
fluoxetine	Symbyax	6/25-12/50mg <sup>3</sup>	(2)	oxcarbazepine	Trileptal	1200-2400	(2)
carbamazepine	Tegretol, Equetro	600-1600	4-10+				

<sup>1</sup>Lithium levels are expressed in mEq/L, carbamazepine and valproic acid levels express in mcg/ml.

<sup>2</sup>Serum monitoring may not be necessary <sup>3</sup>Available in: 6/25, 6/50, 12/25, and 12/50mg formulations

Note: Many antipsychotic medications are used to treat various aspects of bipolar disorder (see page two for a list)

## PSYCHO-STIMULANTS

NAMES		
Generic	Brand	Daily Dosage <sup>1</sup>
methylphenidate+	Ritalin	5-50 mg
methylphenidate+	Concerta <sup>2</sup>	18-54 mg
methylphenidate+	Metadate	5-40 mg
methylphenidate+	Methylin	10-60 mg
methylphenidate+	Daytrana (patch)	15-30 mg
methylphenidate+	Quillivant XR (liquid) <sup>2</sup>	10-60 mg
dexmethylphenidate	Focalin	5-40 mg
dextroamphetamine	Dexedrine	5-40 mg
dextroamphetamine	Xelstrym <sup>2</sup>	9-18 mg

## PSYCHO-STIMULANTS

NAMES		
Generic	Brand	Daily Dosage <sup>1</sup>
lisdexamphetamine	Vyvanse	30-70 mg
d- and l-amphetamine	Adderall	5-40 mg
modafinil	Provigil, Sparlon	100-400 mg
armodafinil	Nuvigil	150-250 mg
amphetamine salts	Mydayis	12.5-50 mg
amphetamine sulfate	Adzenys	3.1-18.8 mg
amphetamine salts	Evekeo	5-40 mg

<sup>1</sup>Note: Adult Doses. <sup>2</sup>Sustained release <sup>3</sup>Transdermal patch <sup>4</sup>Note: Many brands have emerged recently. Included here are the most common.

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