



# Sun City Center Yoga Club

*Yoga for US!*

Dance Studio 2, 1203 N Pebble Beach Blvd.

Monday	Tuesday	Wednesday	Thursday	Friday
8:00 - 9:15 Yoga for Experienced Yogis	9:00 - 10:15 Gentle to Moderate Yoga	8:00 - 9:15 Yoga for Experienced Yogis	9:00 - 10:15 Gentle to Moderate Yoga	8:00 - 9:15 Yoga for Experienced Yogis
9:30-10:45 Stretch & Flow		9:30 - 10:45 Stretch & Flow	6:00 - 7:30 pm Stretch & Relax + Meditation	9:30 - 10:45 Stretch & Flow
11:00-12:00 Chair	1:00 - 2:15 Yoga Basics	11:00 - 12:00 Chair		11:00 - 12:00 Chair

**Cost: First class is free!**

**\$10/Month** for Members for unlimited attendance

or **\$3/Class** Drop in

For more: [YogaClubscc.org](http://YogaClubscc.org)

Questions? Call Sandra 813-634-7075