

LAMETRA B. OFF, COACH

What Matters to You?

Knowing what matters most (to you) helps you in describing, explaining or selecting your topic of discussion - your voice. Here are a few questions that may help uncover clues to your voice. Set aside some time with a notebook or journal to reflect on each:

- What angers you?
- What makes you cry?
- What have you mastered?
- What gives you hope?
- As a child, what did you want to be when you grew up?
- If you had all the time and money in the world, what would you do?
- What would blow your mind?
- What change would you like to see in the world?
- If you had one day left, how would you spend it?

LBO Career Coaching & Consulting LLC
In order to add lasting, meaningful value, we must – eventually – find our own voice. Happy Discovering (or rediscovering)! ~ Lametra B. Off, LBO Career Coaching & Consulting LLC <https://lbocareercoaching.com/>