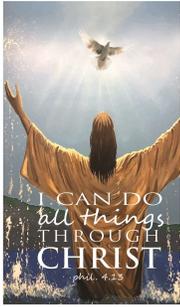


October, 2019
Volume 9, Issue 2

October Newsletter

Dear Parents,



*I can be
thankful.*

Thank you!

Thank you to all of you for your prayers and good wishes during my time away from school. I am feeling much better now and will be returning with shortened days at first, moving into regular days. I have missed everyone at St. Joseph's and am very much looking forward to being back with you again!

Happy Fall! We have now officially said goodbye to the summer and have moved into the beautiful colours of autumn. Our first month of school is finished and everyone is now fully ensconced in the routines of the classroom and school. It has been a busy and successful

Grade Two and Three Swimming

The first day of swimming lessons for the students in grades two and three will be Tuesday, October 1. Please be reminded that we need to have parents to drive for each day of the lessons. Thank you to those parents who have committed to driving and supervising students. It is also possible for parents of students who are not in these grades to drive, as these hours are credited to your participation commitment. Parents who drive students must submit their driving information to the office.

month. This month, we will celebrate the Holy Rosary. In the classrooms and school, we will take time to pray the Rosary and to honour Our Lady. We are so blessed to have this beautiful prayer to ask Our Blessed Mother to intercede for us as we ask for our special

CISVA X-Country Championship Wed., Oct. 2nd

Congratulations to our cross-country team for a great season! This very short season will finish with the CISVA meet on Wednesday, October 2. There has been some great running this season and we had some very good results at our first meet. Special thanks to our coaches for all of their hard work: Mrs. Macdonald, Ms. O'Connell, Mrs. Pizzolato, and Mrs. van der Kooi Great work, everyone!

intentions. There are many things to pray for, both on a local scale and on the global front, and we can ask Mary for her help as we pray together. Let us all take time this month, in our homes as well as at school, to pray the Rosary for our personal intentions and those of the world.

First Friday Mass Oct. 4 @ 9:00am

Please join us for our celebration of the Mass on Friday, October 4 prepared by the grade six class. There is no better way to start our month than with the celebration of the Eucharist.

Looking Ahead

Our First Friday Mass for the month of November falls on November 1, All Saints Day. We hope that you will be able to attend our Mass, which will be prepared by the grade five class, on this important feast day.

Important**Dates:****October:**

- 1 – Swimming starts for
Gr. 2 & 3
- 2 – CISVA Cross
Country Championships
10:00am – 2:00pm
- 4 – 9:00am Mass–Gr. 5
- 7 – Immunization
Clinic – Gr. 6
- 9 – Vision Screening for
Kindergarten
- 11 – Superhero
Walkathon
12:00pm Dismissal
- 14 – Thanksgiving
Holiday **No School**
- 17 – Earthquake Early
Warning System
Check
- 21 – Living Rosary
- 21-24 – Fall Book Fair
- 25 – Fall Colour Day
- 28 – No School for
Students

Oct. 11th – Superhero Walkathon! Dismissal at 12:00pm

We will begin our long Thanksgiving weekend with our annual walkathon. As you know, this is our major fundraiser for the year and we ask for your support.

Our day will begin at the usual time, and we will proceed to the gym at 9:00am to get organized. From the gym, the students will walk to Trout Lake to begin the walkathon. After completing their walk, they will return to St. Joseph's to be dismissed at 12:00pm. The students must be dressed in the St. Joseph's gym strip, with jackets or sweatshirts, as appropriate for the weather. They may also wear their favourite

superhero costume if they have one. They also need to bring a water bottle which is labelled with their names to carry on the walk and a snack if they so choose. All students must walk with their classes throughout the entire morning. Please remind your children that Trout Lake is a public place, and that they must share the track with other people and not litter. There will be parents stationed at various points around Trout Lake to help to supervise and provide support to the students. **If you have volunteered to help us on that day, please ensure that you arrive**

at the school for a meeting at 8:15 in the gym. All pledges must be submitted to the office by Monday, October 15 in order for the students to be eligible for the great prizes. Those students who collect \$300 or more will be eligible for the grand prize. Those who collect over \$200 will be eligible for the second prize and over \$100 for third prize. In addition, for every \$25.00 that the students collect, their names are entered in the draw for the other prizes. The more you bring in, the greater your chance to win a prize!

Thanksgiving Oct. 14th No School**A Thanksgiving Prayer:**

O Lord,
How full is this world of your unending creativity.
How astounding is creation in all its variety.
How breathtaking is new life, growth and transformation.
How wonderful is your provision for us your children!
This day, we celebrate your great goodness with thankful hearts and joyful lives .

Earthquake Packs

If you have not returned your child's earthquake baggie with fresh supplies for this year, please do so. Should there be a drastic earthquake, your child needs to be prepared!

Living Rosary

As part of morning prayer at our school assembly on Monday, October 21, we will pray the Living Rosary. Please join us as we honour Our Lady in this month of the Holy Rosary.

Earthquake Early Warning System

All of the CISVA schools have an Earthquake Early Warning System. We will have a system-wide drill on October 17 to ensure that all of our students are aware of the proper safety procedure in the event of an earthquake.

IMPORTANT IMMUNIZATION INFORMATION

Grade 6's:

There will be an immunization clinic for Grade 6's and ongoing at the school on Monday, October 7th. Consents will be sent home soon. Please review them carefully and return to school as soon as possible. I will be meeting with the Grade 6's to talk about immunization but please also have a conversation with your child as well. Please ensure that your child has a good breakfast on the

morning of the clinic.

Kindergarten:

Immunization notices were given to parents at the K orientation indicating what your child still needs to be completely protected at Kindergarten age. If you haven't got your child immunized yet, now is a good time to do so. You can go to your family doctor, your local pharmacy or your local health unit (by appointment). Please send dates as soon as

possible so we can update your child's record and keep it as accurate as possible.

Ongoing/Other:

Some parents may get consents (new to school and from out of province) or reminder letters (your child was immunized at school already but still needs some ongoing vaccines). These will be sent out soon. Thank you,
Cindy Diett
School Nurse

Fall Book Fair October 21–24th

Our first book fair of the year is an excellent opportunity to fill your home libraries with books that your children enjoy reading. Reading is a wonderful way for families to spend time together, sharing ideas and opinions about books. We hope that you will support your child's literacy development by supporting our book fair. Christmas isn't too far away and the book fair is a good way to start to your shopping.

Colour Day Friday, Oct. 25th

On Friday, October 25, in exchange for a minimum \$2.00 donation, the students may wear autumn colours (orange, yellow, brown, red) instead of their uniforms. The proceeds will go to our annual donation to the Holy Childhood Association which supports the needs of children in developing nations.

No School for Students Monday, Oct. 28th

On Monday, October 28, the staff will gather for our annual retreat, where we can spend the day deepening our faith and our relationships as a community. There will be no regular classes held on that day.

Agape Ministry Halloween

Students may come to school in their Halloween costumes on Thursday, October 31st. We do not allow costumes which would be frightening to the younger students. In addition, we do not allow the following items: play weapons,

masks, costumes which indicate violence. Students are invited once again this year to donate their extra candy to Agape Ministry. Please have your children place their donations in the box at the office.

Coats & Sweaters

Now that the cooler weather has arrived, please make sure that your child comes to school with appropriate clothing. Unless it is raining heavily, the students will be outside in the mornings and during recess and lunch breaks and therefore must have a coat or jacket at school every day.

Homework

Please be reminded that the students are expected to read (or be read to) for at least 20 minutes each day and to complete a certain amount of homework each night, dependent on the age level of the child. We ask that you continue to monitor your child's work and ensure that it is being completed every night. By the same token, if your child appears to be spending excessive amounts of time on nightly homework, please see his or her teacher in order to discuss this issue.

Traffic Volunteers

We have an immediate need for more traffic volunteers. We need to have one person stationed on Fleming Street and at least one stationed on 15th Avenue in order to maintain the safety of our students. The shifts are as follows: Monday through Friday 8:30 – 9:00am; Monday, Tuesday, Thursday, Friday 2:30-3:00pm; Wednesday 2:15-2:45pm. We will provide training for dealing effectively with traffic. If you are able to help us in this area for any shifts throughout the week, please contact Phu Nguyen at PDN3791@yahoo.com or (778) 995-9181

Head Lice

It is a good idea to check your children's hair regularly for head lice. They generally are found close to the scalp behind the ears, on the back of the neck or the top of the head. Nits (eggs) are firmly attached to the hair, close to the scalp, are grey-white and oval, like an egg. They may look like dandruff but they your pharmacy to buy the correct shampoo to treat the lice. You must inform the school and your child must stay away from school until it has been treated. Please

Remind App

The office is using the Remind App for alerts relating to school closures, requests for volunteer opportunities, and upcoming events. You can also use it to report your child's absence.

Mrs. Oye will be adding all cell numbers and/or emails to her database. If you do not wish to receive notices you can reply @stopall when you receive a Remind text.

OnVolunteers

If you have not yet received your login and password for OnVolunteers please contact Van Nguyen at paxvann@gmail.com or (604) 377-3456. Please be reminded that all hours must be logged via OnVolunteers. If you require assistance or have questions please direct them to Van Nguyen.

be assured that, when you let us know that your child has lice, your identity will remain confidential. For more information, please visit the BC Ministry of Health website at www.bchealthguide.org/healthfiles/hfile06stmc



Please note that there are students and staff members at our school with severe nut allergies. It is important to realize that nut allergies are life long and exposure to even trace amounts of nuts can be life threatening. Prevention of a reaction is vital for these children. The school community can help in several ways:

Nut Alert!!!

- Do not send nuts or nut containing products to school with your child. Many companies are now producing nut free snacks and items for lunch bags.
 - Keep Halloween, Easter and any other holiday candy at home.
 - If celebrating an event, consider bringing a non-food
- item like stickers or playing music or games instead.
 - Encourage your child to wash his or her hands with soap and water before and after meals.
 - Ask your child not to share food with others.

With everyone's help, we can make the school environment safe for all children and staff.

