

# INTERVIEWING 101



## HOW TO DRESS FOR AN INTERVIEW

Women should wear a nice collared shirt with a blazer or a solid color blouse with slacks and professional shoes. Women can also wear an appropriate work dress.

Men should wear a long-sleeve dress shirt with slack or khaki pants, a belt, and dress shoes.

## WHAT NOT TO WEAR!

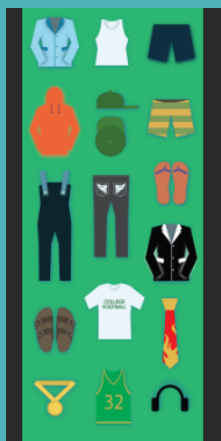
Stay away from casual attire, such as flip flops, sandals, t-shirts, or short pants. Both men and women should follow these guidelines of what NOT to wear.



## EXAMPLES OF WHAT TO WEAR



- T-SHIRTS
- FLIP FLOPS
- FLASHY COLOR TIES
- HEADPHONES
- OVERALLS
- SHORTS
- TANK TOPS
- HATS



## EXAMPLES OF WHAT NOT TO WEAR

## PRACTICE YOUR ELEVATOR SPEECH

This is a clear brief (30 second) message or "commercial" about yourself. It tells someone who you are, what you're looking for, and how you can benefit their company. You can use your elevator speech at interviews, professional network opportunities, and casual interactions with individuals who are in your industry of interest.

## FILL IN THE BLANK

My name is \_\_\_\_\_. I attend/graduated from \_\_\_\_\_.  
I am seeking a career in \_\_\_\_\_ because I enjoy \_\_\_\_\_.  
The skills I offer are \_\_\_\_\_ (list at least 3 skills).