

Element	Fire	Earth	Metal	Water	Wood
Color	Red	Yellow	White	Blue/black	Green
Flavor	Bitter	Sweet	Pungent	Salty	Sour
Sense	Tongue	Mouth	Nose	Ears	Eyes
Emotion	Joy	Worry	Sadness	Fear	Anger
Tissue	Pulse	Muscles	Skin	Bones	Tendons
Climate	Heat	Humidity	Dryness	Cold	Wind
Sounds	Laughing	Singing	Crying	Groaning	Shouting
Odor	Scorched	Fragrant	Rotting	Putrid	Rancid
Seasons	Summer	Autumn	Autumn	Winter	Spring
Direction	South	Center	West	North	East

Copyright 2004 www.AcupunctureProducts.com



FIRE

Fire promotes earth
Fire controls metal



YIN
Negative
Solid Organs
Inner (shadow)
Front
Cold

YANG
Positive
Hollow Organs
Outer (light)
Back
Heat



EARTH

Earth promotes metal
Earth controls water



WOOD

Wood promotes fire
Wood controls earth

GB

First point on
Elbow or knee

Earth 34
Fire 38 S
Wood 41 H
Water 43 T
Metal 44

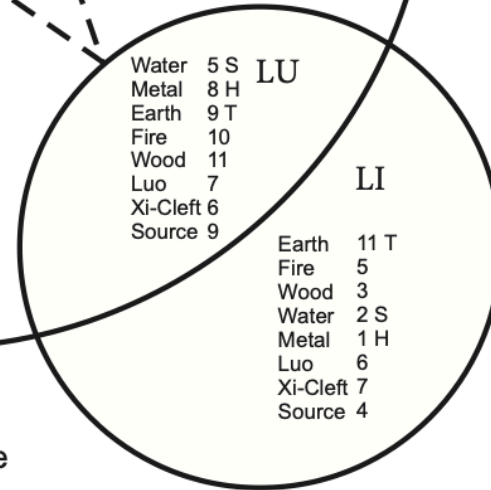
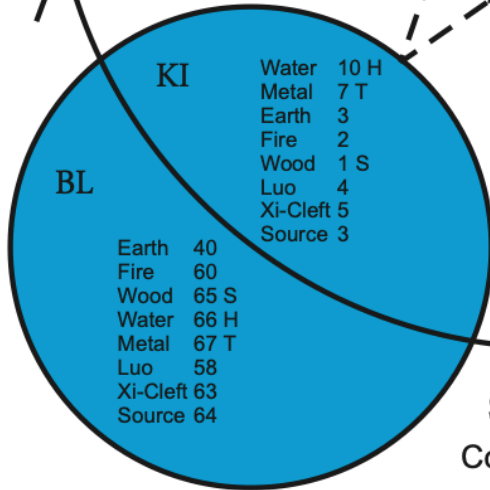
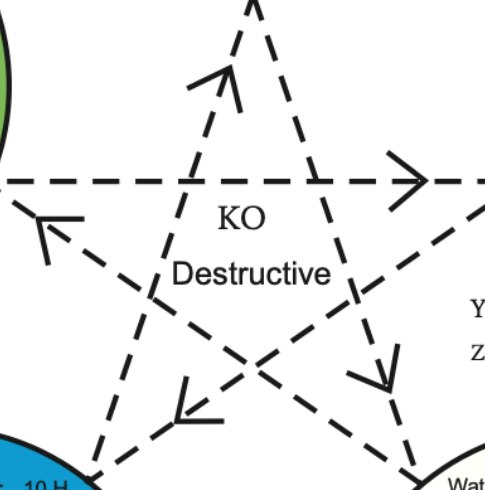
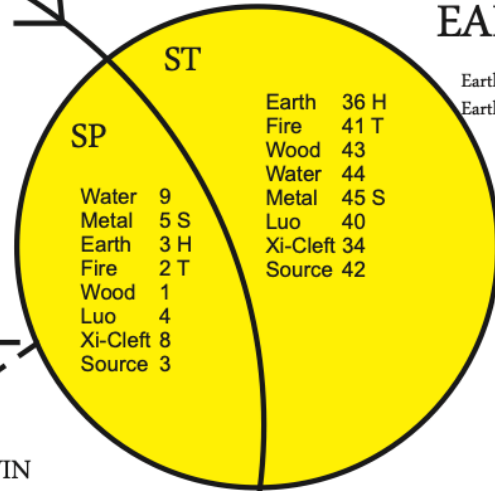
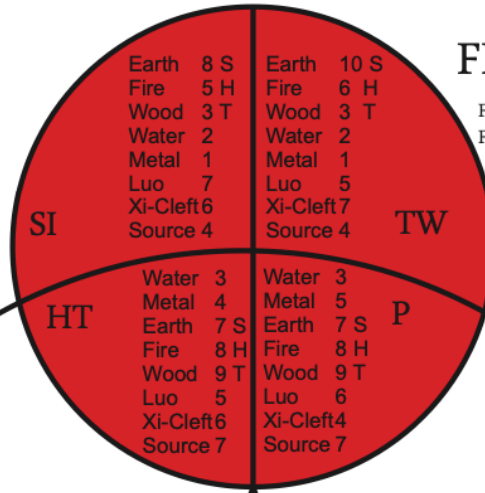
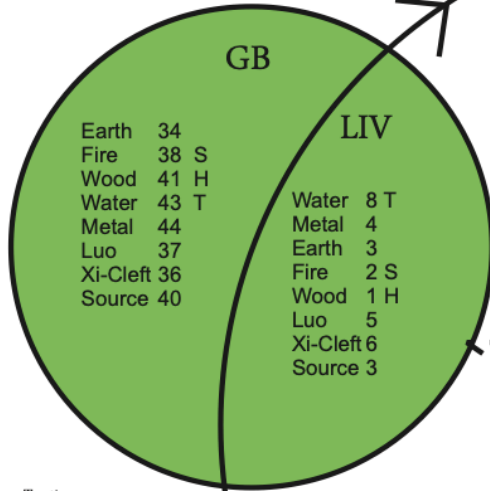
Fifth point on Finger tips or Toe tips
(Tsing points)

S = Sedation point
H = Horary point
T = Tonification point



WATER

Water promotes wood
Water controls fire



SHEN
Constructive



METAL

Metal promotes water
Metal controls wood