

# 7 CHAKRAS + STONE PROPERTIES



*Muladhara*  
ROOT CHAKRA

Our driving force. Keeps us grounded and connected to earth's energy while we accomplish life tasks.



**RED JASPER**

Cleansing. Strength. Restoration. Passion. Rejuvenation. Libido. Manifestation.

*Svadhishthana*  
SACRAL CHAKRA

Houses creativity, sexual energy, and enjoyment of life.



**ORANGE AVENTURINE**

Orange Ray  
2nd Foundation Ray  
Manifestation,  
Abundance, Creation

*Manipura*  
SOLAR PLEXUS CHAKRA

Our self-esteem center and the place we make conscious choices.



**TIGER EYE**

Breakthrough. Transformation. Courage. Self-confidence. Wealth.

*Anahata*  
HEART CHAKRA

Physical and spiritual body axis. Ability to give and receive love.



**GREEN AVENTURINE**

Emotional well-being. Balance. Spiritual growth. Brings opportunity.

*Vishuddha*  
THROAT CHAKRA

Communication. Expression. Speaking inner truth. Connection to spiritual/psychic abilities.



**LAPIS LAZULI**

Release throat irritations. Activating. Energizing. Encourages creativity and expression.

*Ajna*  
THIRD EYE CHAKRA

Your universal connection to your higher self/God. Imagination. Intuition. Perception.



**AMETHYST**

Calming. Awareness. Relaxing. Connection. Peace.

*Sahasrara*  
CROWN CHAKRA

Totality of all chakras. Entry point for human life force. Wisdom and awakening.



**CLEAR QUARTZ**

Divine protection. Clear stagnant energy. Attract positivity. Clear the mind.