

Transformational Coaching Practice Checklist

- ☐ **Do You Have a Practice Plan?**
- ☐ **Is the Practice Plan Fun/Development Centered?**
- ☐ **Is the Practice Plan Player Focused?**
- ☐ **Is Your Practice Plan Goal/ Purpose Oriented?**
- ☐ **Did You Greet Each Player When They Arrived?**
- ☐ **Do Your Players Understand The Practice Goal?**
- ☐ **Are Your Drills Aligned to Meet The Goal?**
- ☐ **Is Positive Feedback Provided?**
- ☐ **Are Appropriate Corrections Provided?**
- ☐ **Is Every Player Treated Equally?**
- ☐ **Were Players Afforded Time for Questions?**
- ☐ **Were Players Asked for Feedback?**
- ☐ **Did You Note What Was/Wasn't Effective?**
- ☐ **Did You Thank The Players For Their Effort**